



MOTHER & CHILD REHABILITATION PROGRAM

Subsidized by Santé Québec and the Portage Foundation. Free of charge for Québec residents.

A safe space to rebuild with your child your life while staying close to your child

For over 25 years, Portage has offered a free substance use rehabilitation program for pregnant women and mothers of children aged 0 to 5. This unique residential program allows participants to engage in therapy while staying with their child in a structured and supportive environment, where they can seek help with confidence and without fear of being judged or stigmatized for their substance use or as a parent.

Admission

Admission to the program is voluntary. The first step is to contact the admissions officer, who will initiate the process and assess the mother's situation. Once a mother is admitted, a period of approximately 10 days is generally required before her child can join her at the centre.

What we offer:

- Free residential stay of 6 to 8 months
- Therapeutic community approach
- On-site daycare with qualified early childhood educators
- Social reintegration services
- Community housing
- Program offered in French and English



Group meetings



Social reintegration



Emotional regulation



Skills development



Sense of belonging



Family support



Parenting skills



Community Housing

La Ribambelle Daycare

Located on the second floor of the centre, La Ribambelle welcomes children each day into a safe and stimulating environment. Our team of specialized early childhood educators supports each child's development, helping them grow at their own pace.

Social Reintegration

Through group meetings, individual follow-ups, and phone calls, the centre's aftercare services help residents continue their reintegration journey for 18 months. These services are for mothers who have completed the residential program.

 [Continue reading](#)



CONTACT US

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