



MOTHER & CHILD REHABILITATION PROGRAM

Subsidized by Santé Québec
and the Portage Foundation

A safe space to rebuild with your child

For over 25 years, Portage has offered a **free** residential substance use rehabilitation program for pregnant women and mothers of children aged 0 to 5. This unique service allows participants engage in therapy while remaining close to their child, in a structured, supportive environment tailored to their family reality.

Admission

Admission is voluntary. We will return your call within 48 hours of your inquiry to discuss your needs and eligibility. A meeting may be scheduled afterwards, depending on the evaluation.



Asking for help is a sign of strength. A mother in therapy acts with courage and love — for herself and for her child.



Group
meetings



Social
reintegration



Emotional
regulation



Skills
development



Sense of
belonging



Family
support



Parenting
skills



Supervised
apartments

What we offer:

- Free residential stay of 6 to 8 months
- Therapeutic community approach
- On-site daycare with qualified educators
- Social reintegration services
- Supervised apartments

La Ribambelle Daycare

Located on the second floor of the centre, La Ribambelle welcomes children each day into a safe and stimulating environment. Our team of specialized early childhood educators supports each child in their development, helping them grow at their own pace.

Social Reintegration

Through group meetings, individual follow-ups, and phone calls, the post-residential services help residents continue their reintegration journey for 18 months.

 [Continue reading](#)

CONTACT US

 **Portage Mother & Child**
Confidential address, Montreal (Quebec)

 (514) 935-3152

 info_me@portage.ca

