



PORTAGE

REHABILITATION PROGRAM FOR YOUTH (14-21 YEARS OLD)

Portage Atlantic is funded by the Government of New Brunswick and the Portage Atlantic Foundation.

A fresh start by the lakeside

In a safe environment, youth between 14 and 21 work on the root causes of their addiction problems and learn how to live a healthy life, without resorting to substance use.

The therapeutic community and support from other residents in similar situations are there to help you regain your confidence and self-esteem.

Social reintegration and family support help you reconnect with loved ones, build healthy social networks and maintain a positive lifestyle after treatment.

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There will be difficult moments, but also moments of pride. Portage provides the tools to make the right choices, in a warm and sincere environment.



Group meetings



Social reintegration



Emotional regulation



On-site School



Sense of belonging



Family support



Physical activities



outdoor activities

What we offer:

- **Free** residential stay of 3 to 6 months
- Therapeutic community approach
- Personalized support
- Sports, cultural and outdoor activities
- Family support
- Social reintegration services

Admission

Admission is voluntary. We will return your call within 48 hours of your inquiry to discuss your needs and eligibility. A meeting may be scheduled afterwards, depending on the evaluation.

On-site School


Portage offers a mandatory school program for adolescents taught by certified teachers from the Department of Education. The curriculum is adapted to your needs to help you reach your academic goals.

Young adults continue their studies during therapy.

 [Continue reading](#)

CONTACT US

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