

Annual Report

2022-2023



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Mission

Portage fosters the strengths and skills of substance-dependent persons to enable them, through comprehensive and cost-effective interventions based on the therapeutic community approach, to live lives of sobriety filled with dignity, self-respect and accomplishment.

Vision

Portage will develop its unique, positive psychology-based therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management and community development in collaboration with other providers in a continuum of services.

Values

Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual's internal resources fostered by the stimulating and enriching influence of a favourable environment. Portage believes in being expressly client-centered, emphasizing the security of the client and delivering quality services with financial and management discipline. Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

A Word from Portage

This year, Portage celebrated 50 years of service to the many youth and adults, friends and families who have called on our support and expertise in the field of substance use treatment since 1972. Since it inaugurated its first rehabilitation centre in the Laurentian region of Québec in the 1970s, Portage has opened several other centres in Québec, Ontario and New Brunswick, and has diversified its service offering to include programs geared to specific population groups, such as persons with co-occurring mental

health and substance use disorders, members of First Nations and Inuit communities, pregnant women and mothers with young children, and individuals referred by the justice system. During this time, Portage has not only grown in size, but in knowledge and skill, by remaining at the forefront of research and best practices in the field of substance use treatment.

Several events of the past year attest to the ongoing growth of our organization, including the 20th anniversary

of our social reintegration program, MIRE, the opening of a new community outreach branch in Guelph, Ontario, and a successful and well-attended international symposium on women and addiction, held in New Brunswick.



Peter A. Howlett
President

...our people,
be they clinical,
administrative
or managerial
staff, are
the very
heartbeat of
our organization.



Peter Vamos
Executive Director

At Portage, substance-dependent persons are provided with a safe therapeutic community environment, access to education, family support services, aftercare programs and the guidance they need to lead healthy, productive lives. It is thanks to the work and dedication of its staff, the kindness and generosity of Canadians, the belief and confidence instilled at all levels of government and strong community leadership that Portage is able to do this. In order to carry out its mission, Portage also relies on the dedication of its Board and committees, whose members are drawn largely from Montréal, Québec City, Toronto and New Brunswick, and who are renowned in their fields and communities. We wish to take

this opportunity to pay tribute to one of our greatest supporters and longtime Board member, Mr. André Chagnon, who passed away in 2022. Mr. Chagnon was a member of the large Portage family as Vice-President of the Board of Trustees and Governor for 50 years. His contribution to our organization has been invaluable and he will be forever remembered.

Many things have changed in the field of substance use treatment over the past fifty years, but now, as then, there remains one constant: our people, be they clinical, administrative or managerial staff, are the very heartbeat of our organization. To all of them, past and present, thank you.



History of Portage

The “Flower Power” Era

In the late 1960s, a wave of opposition and challenges to every aspect of the established order swept across North America. It was the era of the hippie movement and “flower power” and illicit drug use proliferated. Alarmed by the ever-increasing number of young addicts, private citizens, notably in Montréal, took action to address the situation.

Committed to a Cause

It was in this context that Alphonsine Paré-Howlett, already renowned for her groundbreaking work in both social services and education, joined forces with Dorothy Reitman, a member of the National Council of Jewish Women of Canada to mobilize key members of Montréal’s Francophone and Anglophone communities to support treatment programs for substance dependence.

In the fall of 1969, Alphonsine Paré-Howlett, who was engaged in discussions on implementing treatment programs for substance dependence, asked her son, Peter A. Howlett, to stand in for her at a meeting. This proved to be a fortuitous substitution as the meeting marked the genesis of Portage and Peter Howlett agreed to become the president of the new organization.

Community support was vital to the success of this new endeavour and Alphonsine Paré-Howlett’s involvement proved invaluable thanks to her extensive network and her ability to rally people in the service of a cause. Portage thus became a genuine community alliance aimed at addressing the issue of substance dependence.



Start-Up

At its initial meeting, Portage decided to implement a treatment program based on the therapeutic community approach that was being used at Daytop Village to rehabilitate prisoners with drug addictions in the New York City correctional system.

During its first three years, Portage worked on developing, researching and implementing services, and conducting fund-raising campaigns. The name “Portage” was chosen to reflect the organization’s mission to help individuals find a way around obstacles in order to continue their journey.



**Portage’s first logo,
1973**

The Shores of lac Écho

In 1972, Portage’s priority was to adapt the DayTop Village treatment program to the Canadian context and to reflect the culture and values of the province of Québec. A delegation of Portage employees spent several weeks at the Daytop community in order to learn the basics of the treatment program. The next step was to find a location for Portage’s first residential treatment centre.

In the fall of 1972, Portage identified a former estate located on the shores of lac Écho, 45 minutes from Montréal, in Prévost, in the Laurentian mountains, as the perfect site for its first residential treatment centre. And so, on February 14, 1973, after major renovations, the centre opened its doors and began offering treatment based on the therapeutic community approach. This date, henceforth known as Metamorphosis Day, has become a milestone in the organization’s history and in the journey of the men and women who come to Portage’s Lac Écho rehabilitation centre. Now, fifty years later, Portage operates 12 rehabilitation programs across Canada and provides help to nearly 2000 people every year. Inspired by the vision of citizens who believed that social action can save lives, Portage will continue to provide unwavering support to substance-dependent persons.

Fifty Years of History

- February 14, 1973 _____ Lac Écho Centre for Adults, Prévost, Québec
- 1984 _____ Day Centre for Adults, Québec, Québec
- 1985 _____ Centre for Adolescents, Elora, Ontario
- 1987 _____ Employment Reintegration Centre, Québec, Québec
- 1991 _____ Centre for Adolescents, Prévost, Québec
- 1995 _____ Mental Health and Addiction Centre, Montréal, Québec
- 1996 _____ Mother & Child Centre, Montréal, Québec
- 1996 _____ Centre for Adolescents and Young Adults, Cassidy Lake, New Brunswick
- 1999 _____ Centre for Adolescents, Saint-Malachie, Québec
- 2001 _____ Centre for Anglophone Adolescents, Montréal, Québec
- 2002 _____ Movement for Employment Integration and Retention (MIRE), Montréal, Québec
- 2009 _____ Supervised apartments, Montréal, Québec
- 2022 _____ Community Outreach, Guelph, Ontario

Portage's purpose throughout it's 50-year history:

To help substance-dependent persons overcome their addiction and go on to live a happy, healthy and productive life.

Testimonials

"Portage Atlantic taught me how to love myself. Through the centre's approach to therapy, I was able to develop a sense of self-love and self-care that has stayed with me even after leaving the program. I learned how to prioritize my own needs and make choices that align with my values and goals. Overall, Portage saved my life. Without the guidance and support I received at the centre, I don't know where I would be today. If you're looking for a place to heal, grow, and thrive, Portage is the perfect choice."

Fred Laforge,
Centre for Adolescents and Young Adults, Cassidy Lake, New Brunswick, 2001

"When I think of the Portage Community - Let me rephrase that, the Portage Family - I think of the therapeutic community. And although it sometimes might not seem very therapeutic, I've come to realize that's what therapy is. Therapy is meant to have its ups and downs, because at the end of the day, that's what makes us stronger. I also think of all the memories, and although some may have not been as good as others, I regret none of them and am thankful to have experienced them all.

In conclusion, I will always remember a quote from my counsellor, Evan. This is something he always used to tell me: "Get Out of Your Own Way". You're the only one stopping yourself from achieving greatness. Nothing changes, if nothing changes. You are more than capable of doing anything you put your mind to.

Thank you Portage for everything. The journey continues."

Noah,
Centre for Adolescents, Elora, Ontario, 2022

"Portage helped me grow. It helped me open up about issues I had with my parents and that I never would have addressed otherwise. It completely restored my relationship with my family.

I am grateful to Portage, to the counsellors who guided me and to the peers in my residential program. Now, 20 years later, I am living a healthy, positive lifestyle and I am happy. I have a close family, a husband and two wonderful children who bring me joy every single day. It's not always easy, but it is so very much worth it. I can truly say that I am lucky to have done the Portage program. It allowed me to become the happy, fulfilled woman that I am today."

Anne-Marie,
Centre for Adolescents, Lac Écho, Québec, 2004



+ 40 000

individuals helped



11 934

adults helped

**50 years
in
Numbers**

11 176

adolescents helped



+ 10 000

family members helped



936

individuals helped through our Mental Health and Addiction Centre

534

individuals in supervised apartments

12 779

individuals helped through our aftercare and continuing care services

5 533

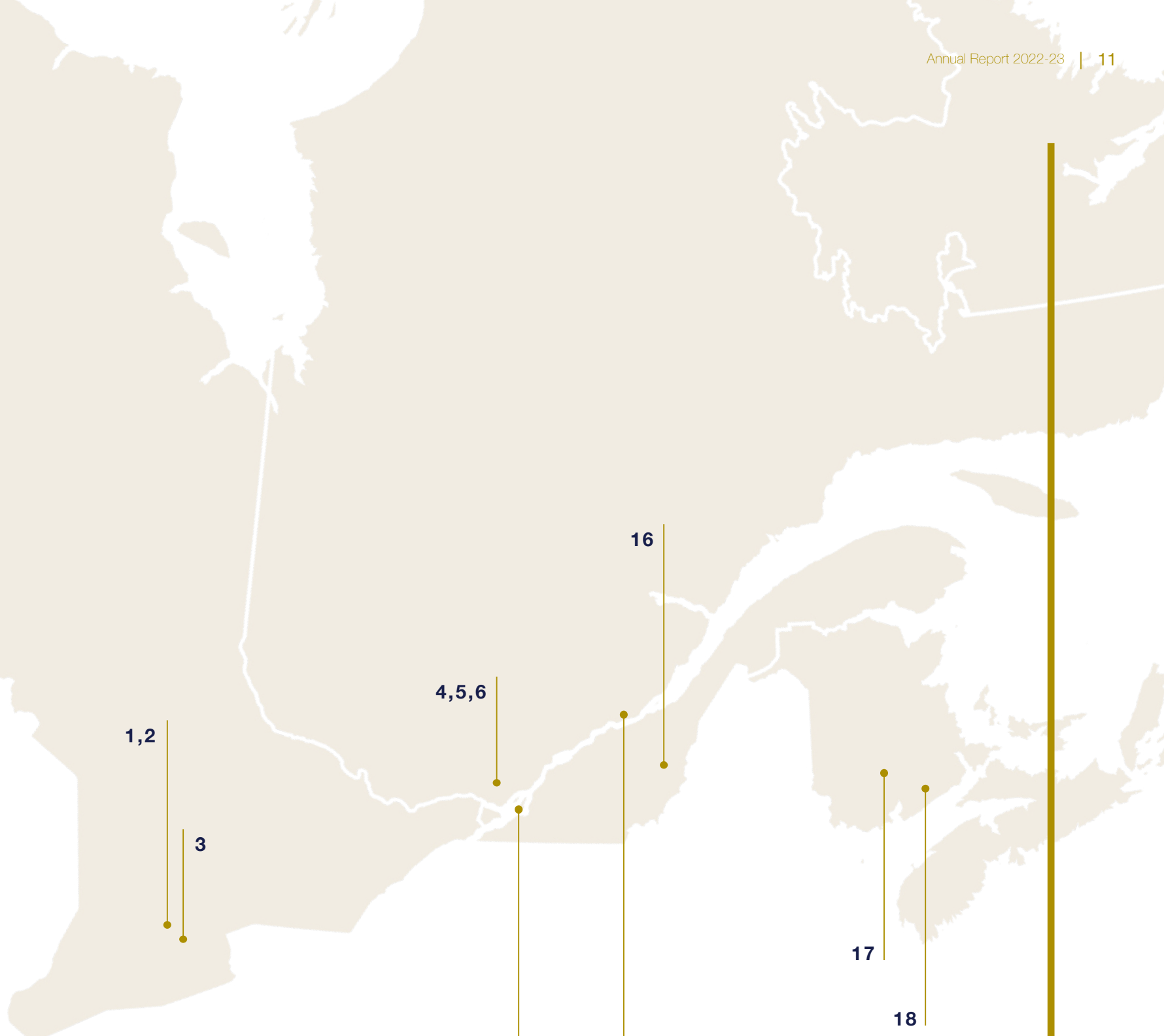
individuals helped through our employment reintegration centres



2 032

individuals helped through our Mother & Child Centre

- 1. Centre for Adolescents**
— Elora, ON
- 2. Portage Foundation**
— Elora, ON
- 3. Community Outreach**
— Guelph, ON
- 4. Centre for Adults**
— Lac Écho, QC
- 5. Centre for Francophone Adolescents**
— Lac Écho, QC
- 6. Centre for Anglophone Adolescents**
— Lac Écho, QC
- 7. Portage Foundation**
— Montréal, QC
- 8. Day Centre for Adults**
— Montréal, QC
- 9. Mother & Child Centre**
— Montréal, QC
- 10. Mental Health and Addiction Centre**
— Montréal, QC
- 11. Supervised apartments**
— Montréal, QC
- 12. MIRE**
— Montréal, QC
- 13. Head Office**
— Montréal, QC
- 14. Day Centre for Adults**
— Québec, QC
- 15. Employment Reintegration Centre**
— Québec, QC
- 16. Centre for Adolescents and Young Adults**
— Saint-Malachie, QC
- 17. Portage Foundation**
— Fredericton, NB
- 18. Centre for Adolescents and Young Adults**
— Cassidy Lake, NB



1,2

3

4,5,6

16

7,8,9,10,11,12,13

17

18

14,15

**Portage
Across
Canada**



Highlights

International Symposium on Women and Addiction

In September 2022, Portage hosted an international symposium on women and addiction in cooperation with the International Council on Alcohol and Addiction (ICAA) in Saint-John, New Brunswick. The symposium was the latest in a series of conferences organized by Portage over the past 50 years. Broadcast simultaneously in ten countries, this first edition of the symposium highlighted the challenges and discrimination women face when trying to access rehabilitation services. The main objective of the symposium was to bring together various experts in the field of addiction treatment in order to improve the lives of women dealing with a dependency.

Portage opens a new service centre in Guelph, Ontario

In cooperation with the Ontario Ministry of Health, Portage recently inaugurated a new service centre in Guelph, Wellington County. The new centre is specifically designed to welcome adolescents seeking help in the field of addiction rehabilitation, and their families. Counsellors are available on-site to support adolescents and families and offer services tailored to their needs in an environment that is conducive to healing.

Portage SR Mobile Application

In the spring of 2023, thanks to the joint efforts of several of its departments, Portage launched its first mobile application, known as *Portage SR*. The application helps individuals who have completed the residential phase of the reintegration program maintain a positive, healthy lifestyle by providing various tools to support their social reintegration. *Portage SR* (for Social Reintegration) is designed to be used by former residents and their counsellors during the 18-month aftercare period to assess individual progression and identify possible obstacles. This is an important advance for Portage as it continues to modernize its approach to provide increasingly efficient and client-specific support.

New wing for young residents at lac Écho

The Portage residential centre located on the shores of lac Écho, in Prévost, offers a rehabilitation program specifically designed for young people aged 14 to 21, welcoming more than 100 youth every year. In light of the increasing demand for these services, Portage has decided to refurbish its existing facility and add a new wing so that it can accommodate more residents as well as the new program for young people aged 18 to 21. The project provides for the integration of the school and all services in the same building.

Three- to Six-Month Youth Programs

Portage has been tailoring its rehabilitation programs to the needs of youth and their families for many years and is now offering a three- to six-month residential therapy program at all its adolescent rehabilitation centres throughout Québec. The duration will vary based on each youth's progression through the program. This variable length therapy will also be offered in Portage's two other youth rehabilitation centres outside Québec over the next year.

Portage has also developed a 12-week workshop for the parents of youth undergoing therapy. To prevent relapses, Portage has intensified aftercare services for youth who complete their residential program in less than six months by increasing the frequency of individual meetings with residential phase graduates and providing additional support to parents.

A Community Garden in New Brunswick

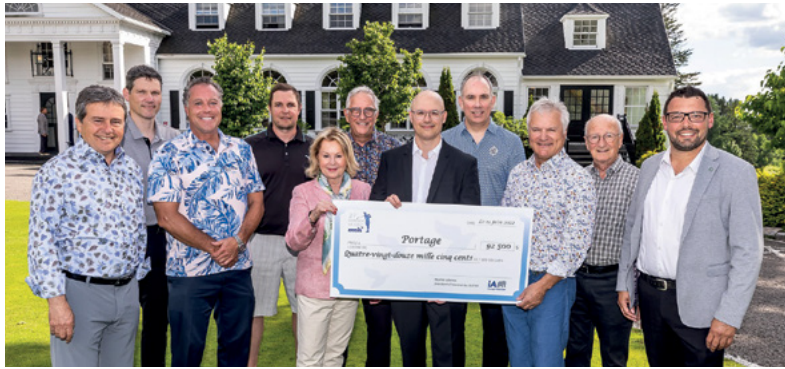
The *Your Community Garden* project for youth and young adults at the Cassidy Lake Centre in New Brunswick was developed to engage young residents and foster a sense of responsibility by inviting them to work together on establishing and maintaining a garden with community volunteers. The project will start in the summer of 2023 and follow the meticulously designed plan prepared by renowned landscape designer Joan Routledge.

Work on the garden will span several years with the help of the residents of the centre, staff members, donors and members of the Lions Club. The garden will provide a serene, tranquil environment for youth undergoing treatment and their families. In addition, the garden path will be integrated with an existing 3.8 km trail.

Plans for the Future



Portage in Québec



Québec City Golf Open

The 27th edition of the Québec City Golf Open was held on Monday, June 13, 2022. Our partners from the Québec City area were delighted to take part in the first edition of the Golf Open to be held at the Club de Golf Royal Québec, one of the province's most beautiful golf courses.

We are proud to announce that the event raised a net sum of \$92,500. We extend our heartfelt thanks to the organizing committee, chaired by Mr. Martin Vézina, then vice-president of sales for PPI, thanks to whose efforts the foursomes were sold out by early March, for a record total of 164 participants.

We also wish to thank the entire team of the Club de Golf Royal Québec for their warm welcome.

Huîtres en affaires

The "Huîtres en affaires" benefit event sponsored by Desjardins Business was held on November 10, 2022 at Complexe Desjardins, with more than 600 guests from the business community in attendance. The cocktail dinner raised a net sum of more than \$100,000 that will be equally distributed among four organizations, including Portage, that provide assistance to women.

Portage has allocated its portion of the proceeds, \$25,000, to our program for women with comorbid dependency and mental health issues.

We want to thank Mr. Guy Nadeau, General Manager of Desjardins Business – Montréal, and President of the Portage Annual Fundraising Campaign, for this greatly appreciated initiative.

New Scholarship Program

A new scholarship program was launched during Québec Recognition Day and five scholarships were awarded. The new program will help Portage Québec and Saint-Malachie youth who wish to pursue their education.

The program pays tribute to the memory of Charles Neyron and was made possible by the generosity of the Price family and Sanimax. Mr. Neyron started his career at Portage in 1996; for more than 20 years, he encouraged people struggling with addiction to take back control of their lives, find employment and reach their full potential. He was an inspiration for all those he met throughout those many years.

Soirée des Grands Philanthropes

The 19th edition of the Soirée des Grands Philanthropes, held on Thursday, September 29, 2022, paid tribute to Lino A. Saputo, Chair of the Board, President and Chief Executive Officer of Saputo inc. In addition to his strong family values, Mr. Saputo combines a spirit of entrepreneurship and dedication to philanthropic causes, especially those dedicated to young people, in which he so firmly believes.

The Portage Foundation welcomed 620 guests to the event held in the Salle des pas perdus of the Windsor Station, in Montréal, as well as 70 partners from the Québec City area who, for the first time, attended the event's live broadcast at the Fairmont le Château Frontenac's Salon Jacques-Cartier.

The event was a great success, raising a net sum of \$1,250,000 thanks to the commitment and generosity of its attendees and partners.

Portage would like to thank the co-chairs of the event, Laurent Ferreira and François Olivier, as well as the members of the honorary committee. We would also like to thank the chef of the Fairmont Le Reine Elizabeth and his brigade, who worked together with the team of the Fairmont Le Château Frontenac to prepare a gourmet meal that was greatly enjoyed by the guests.

We are proud to announce that the 19th edition of the Portage Foundation's Soirée des Grands Philanthropes was nominated in the Best Fundraising Event category of the Canadian Event Industry Awards (CEIA).

Montréal Golf Open

The 24th edition of the Golf and Cycling event was held on Monday, June 6th, 2022 at the prestigious Laval-sur-le-Lac Club and was highly successful, raising a net amount of \$161,000. The return to the original event format was much appreciated as 140 golfers and 30 cyclists gathered under sunny skies.

We would like to thank the event's honorary chair, Éleine Morrissette, Senior Vice-President, Business and Private Management, National Bank, for her leadership, as well as all the members of the organizing committee, whose great enthusiasm and determination helped us reach our goal.



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Bar La Rochelène
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S.R.L.
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Fantin, Anthony
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Bernard
Fondation Lise et Richard Fortin
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Rouleau (La)
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Leahy, Brian Henry
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Manuvie
Marchand, Jacques
Martel, Benoit
Martel, Frédéric
Martin, Nelson
Mayrand, Richard
Mazzarello, Dario
McCarthy Tétrault

Mintz, Gary
Morency, Société d'avocats
Mousseau, Robert
Multiver Ltée
NetApp
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NovAxis Solutions inc.
Œuvres Marie-Anne-Lavallée
Omega Inc.
Opération Enfant Soleil
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Raboy, Marc
RBC Banque Royale
Richard Jean RBC Assurances
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Rogers Communications Canada inc.
Roland, Miriam
Roy, Michel
Samcon Fund
Sénécal, Jonathan
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SHL Québec / Softchoice
Simard, Michael G.
Sirois, Louis
SNC-Lavalin Inc.
Soeurs de St-François-d'Assise
du Canada
Soeurs de St-Joseph de St-Vallier
Solutions Beyond Technologies
Sommet Groupe Financier
Spa St. James
Sphère Média inc.
St-Roch, Isabelle
Suppléments Aromatik inc.
Sythco
Tablée des Chefs (La)
Tardif, Jean-Stuart
Taylor, Colette M.
Tremblay, Nick
Tremblay, Richard
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Valeurs mobilières Desjardins
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Viandex inc.
Vroom, K. Ann

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Ambassadors \$50,000 - \$249,999

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Groupe JAMP Pharma



Recognition Ceremony 2022

Finding freedom from addiction, reconnecting with loved ones, returning to work or school, becoming an active member of society, and committing to never again live in the shadows is a remarkable achievement that deserves recognition! Portage Atlantic celebrated these exceptional achievements during the Annual Recognition Ceremony held at its centre on the shores of Cassidy Lake, New Brunswick, on October 16, 2022.

During the celebration, Portage acknowledged the generous donors of the Portage Atlantic Bursary Program; an anonymous donor, Ecclesiastical Insurance and the Lion Ron Evans Bursary Fund, who together donated \$29,356. These funds went on to provide educational and training programs for 14 Portage Atlantic youth who are living a positive lifestyle.

International Women and Addiction Symposium 2022

The collective efforts of government, private agencies and organizations are crucial in successfully addressing addiction issues. This is why, from September 22nd to 24th, Portage, in collaboration with the International Council on Alcohol and Addiction (ICAA), hosted a solution-based hybrid international symposium on women and addiction in Saint John, New Brunswick. The symposium was inspired by the goal of removing the barriers to meaningful addiction treatment for women and their young children through an improved understanding of the impacts of the social determinants of health.

“Women with addiction face unique challenges in stigma, trauma, co-occurring disorders, gender inequalities and motherhood. As such, we were proud to

host this inter-sectoral gathering to make a positive difference in the journey of women with addiction.” – Peter Vamos, President of ICAA and Executive Director of the Portage Program.

Given the success of the first edition, Portage is already working on a second symposium with a view to furthering the discussions on the theme of women and addiction and renewing the commitments made in 2022. The event will take place in April 2024 in Moncton.

Community Outreach

Community is at the heart of everything we do. During 2022-2023, Portage Atlantic committed to furthering its presence by strengthening its ties to our local community while expanding outreach beyond the provincial borders to neighboring Atlantic Provinces. Outreach work within these communities included school

presentations, informative mail-outs, webinars and parent-support groups in both Anglophone and Francophone regions. Portage is continuing its focus on strengthening our Atlantic presence by furthering our community relationships, volunteer opportunities, and fundraising projects.

Regional Board

Russell H.T. King, Chairman; Dave Emmerson; Ron Evans; Dave Ferguson; Erin Flood; Peter A. Howlett; Tammy Johnson; Frederic Laforge; Gisele Maillet; Ronald Murray; Roderick Nolan; Bruce Northrup; Patricia Rogers; Frank Wilson; and Brad Woodside.

Ambassadors \$50,000 - \$249,999

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Benefactors \$5,000 - \$9,999

Anonymous Donor

Lockhart Foundation

McCain Foundation

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Portage in Ontario

Freedom from Addiction Golf Classic

Portage Ontario hosted its second annual golf tournament in July 2022. With 82 golfers in attendance, the event helped raise \$27,000 in support of the Centre for Adolescents in Elora.

Pedal for Portage

The 5th edition of the annual Pedal for Portage event took place in Elora in September 2022. The energy was palpable as more than 80 cyclists gathered for the event from various parts of the province. Thanks to the incredible generosity of volunteers, sponsors, cyclists and partners, a total of \$28,000 was raised for Ontario youth suffering from substance use disorders. Over the past five years, this event has raised over \$280,000 for the Portage Ontario youth program at Elora.



Donors

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ivari

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Tomas Chester

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Community Outreach Office

With support from Ontario Health (West) and the ECHO Foundation, Portage opened a new office in Guelph for youth living with substance use disorders and mental health issues, and their families. The Community Outreach program, which has been operational since late 2020, opened this location to offer a safe, non-judgmental space for youth and their families. In partnership with local school boards, our trained counsellors host multiple weekly meetings to help youth living with substance use disorders and their families.

Recognition Day

Portage Ontario hosted its annual Recognition Ceremony last fall. The event celebrated 22 youth for their wonderful achievements in program completion and for living a healthy lifestyle over the past year. Families were able to come together and celebrate an amazing day alongside their graduates. Several community members were also in attendance to congratulate them and express their solidarity.

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Senior Management



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Fax: 514-390-4116
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Report of the Independent Auditor on the Summary Financial Statements

To the Directors of
Centre d'accueil le Programme de Portage Inc.
The Portage Program for Drug Dependencies Inc.
The Portage Foundation

Opinion

The summary financial statements, which comprise the summary statements of financial position as at March 31, 2023, and the summary statements of revenue and expenses for the year then ended, are derived from the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation (the "Organizations") for the year ended March 31, 2023. We expressed a qualified audit opinion on the financial statements of Centre d'accueil le Programme de Portage Inc. in our report dated August 10, 2023, and unqualified audit opinions on the financial statements of The Portage Program for Drug Dependencies Inc. and The Portage Foundation in our reports dated June 30, 2023.

In our opinion, the accompanying summary financial statements are a fair summary of the audited financial statements in accordance with the following criterion: issuing summary financial statements, which are consistent with the audited financial statements, into an appropriate level of grouping, in such a way that the financial statements are not misleading in the circumstances, without including the notes to the financial statements. However, the summary financial statements are misstated to the equivalent extent as the audited financial statements of Centre d'accueil le Programme de Portage Inc. for the year ended March 31, 2023.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the independent auditor's report thereon, therefore, is not a substitute for reading the Organizations' audited financial statements and the independent auditor's reports thereon.

The Audited Financial Statements and Our Reports Thereon

We expressed a qualified audit opinion on the financial statements of Centre d'accueil le Programme de Portage Inc. in our report dated August 10, 2023. The basis for our qualified audit opinion was that Centre d'accueil le Programme de Portage Inc. did not present in current liabilities an amount of \$1,276,201 with regards to the financing of attendance days which is subject to recovery according to the terms of the agreement "Entente de financement concernant les services offerts par le Centre d'accueil le Programme de Portage Inc." with the "ministère de la Santé et des Services sociaux du Québec ("MSSS")", which constitutes a departure from the Canadian accounting standards for not-for-profit organizations. This is a result of a decision taken by management who is of the view that, as has been the case over the past two years, the MSSS will not require the reimbursement of the funds despite the fact that the terms of the contract were not adhered to. If the current liability was recognized, the current liabilities as at March 31, 2023 would have been increased by \$1,276,201 and the corresponding revenue for the year ended March 31, 2023 would have been decreased by \$1,276,201. In our reports dated June 30, 2023, we

Management's Responsibility for the Summary Financial Statements

Management is responsible for the preparation of the summary financial statements in accordance with the above criterion.

Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, *Engagements to Report on Summary Financial Statements*.

Deloitte LLP

August 14, 2023

Centre d'accueil le Programme de Portage Inc.
Statement of revenue and expenses
Year ended March 31, 2023

Notes	2023	2022
	\$	\$
Revenue		
Government programs	15,890,258	16,789,046
Donations from The Portage Foundation	3,964,859	773,506
Amortization of deferred grants related to fixed assets	19,585	21,760
Other	285,731	175,246
	20,160,433	17,759,558
Expenses		
Clinical services	11,965,673	11,398,837
Support services	6,774,451	4,532,156
Administration	1,852,988	1,743,450
Amortization of fixed assets	22,685	25,205
	20,615,797	17,699,648
(Deficiency) excess of revenue over expenses	(455,364)	59,910

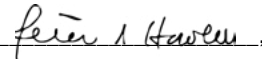
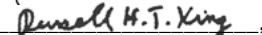
The accompanying notes are an integral part of the financial statements.

Centre d'accueil le Programme de Portage Inc.
Statement of financial position
As at March 31, 2023

Notes	2023	2022
	\$	\$
Assets		
Current assets		
Accounts receivable	3,133,914	2,318,404
Prepaid expenses	102,285	41,815
	3,236,199	2,360,219
Loan receivable from The Portage Foundation	202,887	202,887
Fixed assets	204,160	226,845
	3,643,246	2,789,951
Liabilities		
Current liabilities		
Bank overdraft	136,345	92,437
Bank loan	350,000	—
Accounts payable and accrued liabilities	2,655,239	1,720,903
	3,141,584	1,813,340
Deferred grants related to fixed assets	176,258	195,843
	3,317,842	2,009,183
Commitments		
Net assets		
Invested in fixed assets	27,902	31,002
Unrestricted	297,502	749,766
	325,404	780,768
	3,643,246	2,789,951

The accompanying notes are an integral part of the financial statements.

Approved by the Board,

 Director
 Director

The Portage Program for Drug Dependencies Inc.
Statement of revenue and expenses
Year ended March 31, 2023

Notes	2023	2022
	\$	\$
Revenue		
Government programs	6,521,191	6,480,527
Services	1,994,816	1,962,199
Donations from The Portage Foundation	3,048,585	932,784
Amortization of deferred contributions related to fixed assets	2,277	2,846
Amortization of deferred grants related to fixed assets	6,003	35,556
Other	1,392	45
	11,574,264	9,413,957
Expenses		
Clinical services	5,318,883	4,899,828
Support services	2,031,834	2,195,792
Service costs - programs	2,402,395	2,340,561
Administration	760,361	471,172
Doubtful accounts	6,405	11,428
Amortization of fixed assets	26,768	58,267
	10,546,646	9,977,048
Excess (deficiency) of revenue over expenses	1,027,618	(563,091)

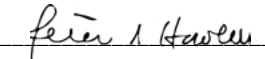
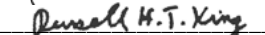
The accompanying notes are an integral part of the financial statements.

The Portage Program for Drug Dependencies Inc.
Statement of financial position
As at March 31, 2023

Notes	2023	2022
	\$	\$
Assets		
Current assets		
Cash	31,307	—
Accounts receivable	639,172	715,035
Prepaid expenses	61,907	52,660
	732,386	767,695
Fixed assets	54,732	81,500
	787,118	849,195
Liabilities		
Current liabilities		
Bank overdraft	—	107,240
Bank loan	365,000	215,000
Accounts payable and accrued liabilities	2,354,007	3,481,806
Deferred revenue	42,712	39,088
	2,761,719	3,843,134
Deferred contributions related to fixed assets	9,110	11,387
Deferred grants related to fixed assets	15,116	21,119
	2,785,945	3,875,640
Commitments		
Net deficit		
Invested in fixed assets	30,506	48,994
Unrestricted	(2,029,333)	(3,075,439)
	(1,998,827)	(3,026,445)
	787,118	849,195

The accompanying notes are an integral part of the financial statements.

Approved by the Board,

 Director
 Director

The Portage Foundation
Statement of revenue and expenses
Year ended March 31, 2023

	Notes	2023			2022
		Operating Fund	Fixed Assets Fund	Restricted Fund	Total
		\$	\$	\$	\$
Revenue					
Special events	18	—	—	1,966,996	1,966,996
Contributions	18	—	—	763,794	763,794
Rent	17	—	—	2,876,567	2,876,567
Investment income		282,753	—	—	282,753
Unrealized and realized gain on investments		—	—	—	—
Gifts in kind	16	—	—	260,214	260,214
Amortization of deferred grants related to fixed assets	10	—	310,761	—	310,761
Amortization of deferred contributions related to fixed assets	11	—	115,360	—	115,360
Miscellaneous		18,677	—	4,922	23,599
		301,430	426,121	5,872,493	6,600,044
Expenses					
Contributions	17	2,576,142	—	4,437,302	7,013,444
Salaries and fringe benefits		363,271	—	414,150	777,421
Unrealized and realized losses on investments		418,232	—	—	418,232
Other expenses	13	227,322	—	1,096,280	1,323,602
Interest on long-term debt		—	110,724	—	110,724
Amortization of fixed assets		—	1,201,018	—	1,201,018
		3,584,967	1,311,742	5,947,732	10,844,441
(Deficiency) excess of revenue over expenses		(3,283,537)	(885,621)	(75,239)	(4,244,397)
					5,496,151

The accompanying notes and supporting schedule are an integral part of the financial statements.

The Portage Foundation
Statement of financial position
As at March 31, 2023

	Notes and schedule	2023	2022
		\$	\$
Assets			
Current assets			
Cash		—	794,504
Accounts receivable	3	1,526,030	1,604,432
Prepaid expenses		19,226	13,208
		1,545,256	2,412,144
Investments	4	9,539,502	9,631,579
Fixed assets	5 and A	16,179,985	14,907,736
		27,264,743	26,951,459
Liabilities			
Current liabilities			
Bank indebtedness		3,844	—
Bank loan	6	3,112,355	—
Accounts payable and accrued liabilities	7	2,142,938	69,952
Deferred revenue		101,600	488,540
Current portion of long-term debt	6 and 8	632,417	1,004,276
Current portion of obligation under capital lease	9	95,026	186,623
		6,088,180	1,749,391
Loan payable to Centre d'accueil le Programme de Portage Inc.		202,887	202,887
Long-term debt	6 and 8	2,693,137	2,778,228
Obligation under capital lease	9	—	95,589
Deferred grants related to fixed assets	10	2,503,528	2,814,289
Deferred contributions related to fixed assets	11	3,595,011	2,884,678
		15,082,743	10,525,062
Commitments	15		
Fund balances			
Operating Fund		1,092,556	3,535,958
Fixed Assets Fund		6,282,460	4,876,068
Restricted Fund	12	4,806,984	8,014,371
		12,182,000	16,426,397
		27,264,743	26,951,459

The accompanying notes and supporting schedule are an integral part of the financial statements.

Approved by the Board,

Feir A. Hawley, Director
Dwain H.T. King, Director

Our Locations

Québec

Head Office

865 Richmond Square
Montréal, QC H3J 1V8
1-844-939-0202
info@portage.ca

Mother & Child Centre

Confidential Address
Montréal, QC
514 935-3152
info_me@portage.ca

Mental Health and Addiction Centre

Confidential Address
Montréal, QC
514 935-3431
info_tstm@portage.ca

Centre for Adults

1790 chemin du Lac Écho
Prévost, QC J0R 1T0
450 224-2944
info_mtl@portage.ca

Montréal Day Centre for Adults

1640 Saint-Antoine Ouest street
Montréal, QC H3J 1A1
514 939-7700
info@portage.ca

Centre for Anglophone Adolescents

1795 chemin du Lac Écho
Prévost, QC J0R 1T0
514 694-9894
info_adowi@portage.ca

Centre for Francophone Adolescents

1790 chemin du Lac Écho
Prévost, QC J0R 1T0
450 224-2944
info_adomtl@portage.ca

Centre for Adolescents and Young Adults

244 chemin de la Montagne
Saint-Malachie, QC G0R 3N0
418 642-2472
info_adoqc@portage.ca

Québec City Day Centre for Adults

150 rue Saint-Joseph Est
Québec, QC G1K 3A7
418 524-0320
info_qc@portage.ca

Employment Reintegration Centre

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MIRE

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fondation@portage.ca

Atlantic Canada

Centre for Adolescents and Young Adults

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Cassidy Lake, NB E4E 5Y6
506 839-1200
info_adoatl@portage.ca

Portage Foundation in Atlantic Canada

390 King Street Suite 204
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atlanticfoundation@portage.ca

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Centre for Adolescents

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Community Outreach

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