

I wish to help



Corporate donation Personal donation

CONTRIBUTION

The amount of my donation is \$ _____

I would like to donate :

- Monthly \$ _____ / month
- Quaterly \$ _____ / quarter
- Half-yearly \$ _____ / semester
- Annually \$ _____ / year

PAYMENT METHOD

- CHEQUE (attached)
- VISA MASTERCARD

No: _____

Exp. date: _____ (dd/mm/yyyy)

CVD: _____

Cardholder: _____

Signature: _____

- My donation is for the Residential Centre in Saint-Malachie.
- My donation is for the Day Centre in Québec.

PLEASE MAKE YOUR CHEQUE PAYABLE TO:
 The Portage Foundation
 865 Richmond Square, Montréal, QC H3J 1V8

Charitable Organization Registered Number:
 12915-1072-RR0001

All funds collected are dedicated to the Portage programs in the Québec region.

Your financial support makes a difference to those who seek treatment at Portage. With your help, they can overcome the challenges they will face on their way to recovery.

Portage is celebrating 45 years of service to the community. Tens of thousands of people struggling with drug addiction were able to break free from their dependencies through rehabilitation programs for adults, adolescents, mothers with young children, pregnant women and addicts suffering from mental illness. Portage's rehabilitation programs provide free services recognized and certified by Accreditation Canada.



DAY CENTRE IN QUÉBEC CITY

150, rue Saint-Joseph Est
 Québec QC G1K 3A7
 Tel.: 418.524.0320
 Fax: 418.524.4129

RESIDENTIAL CENTRE IN SAINT-MALACHIE

244, chemin de la Montagne
 Saint-Malachie QC G0R 3N0
 Tel.: 418.642.2472
 Fax: 418.642.2629

fondation@portage.ca
portage.ca

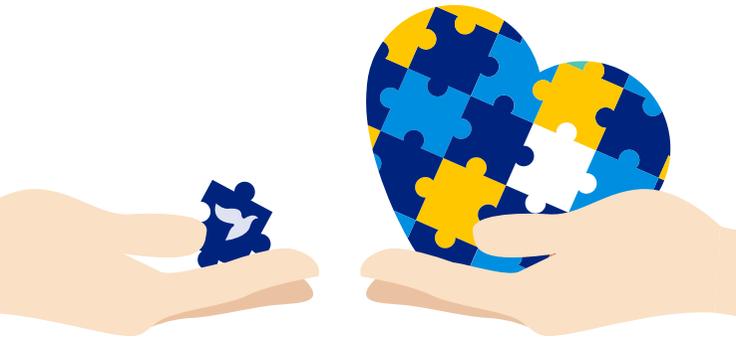


**FUNDRAISING
 CAMPAIGN
 2018 - 2019**

Objective
\$375,000

STATEMENT OF NEEDS

Our programs are partially funded by the government, but we must call upon the private sector to ensure that our services meet the constant evolving needs of our clients. The amounts raised are dedicated to Portage in the Québec region only:



200 000 \$

Day Centre in Québec

Portage provides adults with an external program that includes assessment, rehabilitation, socio-professional reintegration, aftercare treatment and specific group support services:

Déjouez le virtuel - Gambling and cyber-addiction prevention program that tackles the harmful impacts of counterproductive or excessive use of the Internet (relationship problems, social isolation, job loss, school dropout).

Maître de sa vie - Therapy program for people who have experienced physical, sexual or psychological assault to develop strategies in coping with everyday challenges.

SOIS - Assertive training program intended to increase communication skills (verbal and nonverbal) while increasing self-confidence.

When I became aware I was losing my friends either because they died or went to prison, I realized the grief I was causing my parents and the danger in which I was. My parents then suggested I go to Portage where I could regain control of my life, finish my secondary school studies and rebuild a positive social network within my therapeutic family. My program at Portage now being completed, I am starting CEGEP and have many exciting projects awaiting me. Thanks to you all! I am grateful for the invaluable support Portage gave me.

David, Adolescent Program

175 000 \$

Residential Centre in Saint-Malachie

Portage offers adolescents aged 14 to 18 from Eastern Québec, Québec City and Chaudière-Appalaches regions an environment in which they can effectively commit to their therapeutic treatment while continuing their mandatory education.

The natural environment, sport and socio-cultural activities contribute to the adolescents' success. Support groups for families are available on-site in Saint-Malachie and in Québec. This service helps parents break their isolation and equips them to better understand their teenagers. Aftercare follow-ups allow them to recharge, share, help each other and ease their re-entry into society.

Thanks to the scholarship program, 38 scholarships were awarded since 2016; a significant lever for adolescents who would not have had, otherwise, the opportunity to continue their education.

Thank you!



Last name: _____

First name: _____

Company: _____

Address: _____

City: _____

Province: _____ Postal code: _____

Telephone: _____

Email: _____

Name of solicitor: _____

I wish to remain anonymous

You can now make a [donation online](#), easily and securely, by visiting the [DONATE](#) section of our website.

[portage.ca](#)

[Donate shares](#) and lighten your tax burden!
Contact us for more information.

[Planned donations](#) are a meaningful way to support Portage and allow it to pursue its long-term mission.

Please send me information on planned donations.

I wish to subscribe to your Newsletter.