

## I wish to help



Corporate donation  Personal donation

### CONTRIBUTION

The amount of my donation is \$ \_\_\_\_\_

I would like to donate :

- Monthly \$ \_\_\_\_\_ / month  
 Quaterly \$ \_\_\_\_\_ / quarter  
 Half-yearly \$ \_\_\_\_\_ / semester  
 Annually \$ \_\_\_\_\_ / year

### PAYMENT METHOD

- CHEQUE (attached)  
 VISA  MASTERCARD

No: \_\_\_\_\_

Exp. date: \_\_\_\_\_ (dd/mm/yyyy)

CVD: \_\_\_\_\_

Cardholder: \_\_\_\_\_

Signature: \_\_\_\_\_

PLEASE MAKE YOUR CHEQUE PAYABLE TO:

The Portage Foundation  
865 Richmond Square, Montréal, QC H3J 1V8

Charitable Organization Registered Number:  
12915-1072-RR0001

All funds collected are dedicated to the Portage programs in Québec.

**Your financial support makes a difference to those who seek treatment at Portage. With your help, they can overcome the challenges they will face on their way to recovery.**

Portage is celebrating 45 years of service to the community. Tens of thousands of people struggling with drug addiction were able to break free from their dependencies through rehabilitation programs for adults, adolescents, mothers with young children, pregnant women and addicts suffering from mental illness. Portage's rehabilitation programs provide free services recognized and certified by Accreditation Canada.



*When I became aware I was losing my friends either because they died or went to prison, I realized the grief I was causing my parents and the danger in which I was. My parents then suggested I go to Portage where I could regain control of my life, finish my secondary school studies and rebuild a positive social network within my therapeutic family. My program at Portage now being completed, I am starting CEGEP and have many exciting projects awaiting me. Thanks to you all! I am grateful for the invaluable support Portage gave me.*

David, Adolescent Program



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# FUNDRAISING CAMPAIGN 2018 - 2019

Objective  
**\$2,000,000**

# STATEMENT OF NEEDS

Our programs are partially funded by the government, but we must call upon the private sector to ensure that our services meet the constant evolving needs of our clients. The amounts raised are dedicated to the following programs in the Québec Province only:

**\$550,000**

## Adolescents

Portage welcomes, in Prévost and Saint-Malachie, young Francophones and Anglophones aged 14 to 18 who wish to effectively commit to their therapy while continuing their education. The mandatory school curriculum allows teenagers to reach their full potential and then give back, in return, to the community. The environment, the scholarships and the sporting and socio-cultural activities contribute to their success.

**\$150,000**

## Mentally Ill Chemical Abusers

Portage helps men and women struggling with mental illness and addiction deal with their specific challenges, have a better understanding of themselves and prepare for independent living. Unique in Québec, this program was developed in collaboration with mental health professionals from the Montréal region.

### New Program for Women!

Portage has been offering this program to men for more than 25 years. This year, Portage is proud to have implemented a program that welcomes women as well. Their reality is different and requires a program that addresses their specific needs.

**\$125,000**

## Mother and Child

Portage allows mothers and pregnant women to undertake a residential program while keeping custody of their children. A professional team supervises mother and child while they work on strengthening the parental bond. While mothers attend group therapy, educators look after the children at an on-site daycare centre.

**\$200,000**

## Day Centre in Montréal

Portage provides supervision, five days a week, for adults undergoing the evaluation process before admission to the residential program. This service prepares them, familiarizes them with the therapeutic approach and provides them with a positive social support network.

**\$200,000**

## Day Centre in Québec

Portage provides adults with assessment, non-residential treatment, socio-professional reintegration and aftercare services. The centre also holds specific groups for victims of physical or sexual assault, and cyber or gambling addicts.

**\$250,000**

## Family Services

Positive interactions between the resident and his close ones are crucial to the success of his therapy and reintegration. Portage holds individual and group meetings which involves listening, mutual support, information and awareness to make their loved ones an effective support system while allowing them to break out of isolation. This ensures their success.

**\$200,000**

## Social Reintegration

Portage facilitates social reintegration for graduates of all residential programs in Québec. Following their therapy, graduates are entitled to ongoing support for at least two years. This service includes regular meetings with counsellors and the aftercare community. In addition, supervised apartments allow residents to gradually reintegrate society.

**\$175,000**

## Training and Development

Portage meets the changing needs of all residents by collecting their suggestions, adapting interventions, continuously training staff and by launching innovative pilot projects. This information allows the staff to develop expertise further adapted to the residents' needs (cyber addiction, mental illness, post-traumatic stress, sexuality).

### New Workbook!

A Resident Workbook has been developed and introduced to all Portage residential centres. The Workbook's goal is to help the resident take charge of his own recovery.

**\$150,000**

## Renovation and Equipment

Renovation of Portage's facilities is an ongoing requirement to ensure appropriate accommodation to maintain health and safety standards.

# Thank you!



Last name: \_\_\_\_\_

First name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Name of solicitor: \_\_\_\_\_

I wish to remain anonymous

My donation is for the following program:

\_\_\_\_\_

You can now make a [donation online](#), easily and securely, by visiting the [DONATE](#) section of our website.

[portage.ca](#)

[Donate shares](#) and lighten your tax burden!  
Contact us for more information.

[Planned donations](#) are a meaningful way to support Portage and allow it to pursue its long-term mission.

Please send me information on planned donations.

I wish to subscribe to your Newsletter.

