



PORTAGE

FREEDOM FROM ADDICTION



2015 | 2016
ANNUAL
REPORT

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The Portage Resident's Creed

*I have come here in search of myself.
Confused and afraid, I have lived my life in
the shadow of drugs.*

*I had rejected all who cared for me and
loved me.*

I had become a stranger to my family.

*Guilt, lies and hurt became my most intimate
companions, drugs and alcohol my most
cherished friends.*

I belonged nowhere and to no one.

I felt desperately alone.

Here at last, I have found true friends.

*I no longer need to be the giant of my
dreams or the dwarf of my fears.*

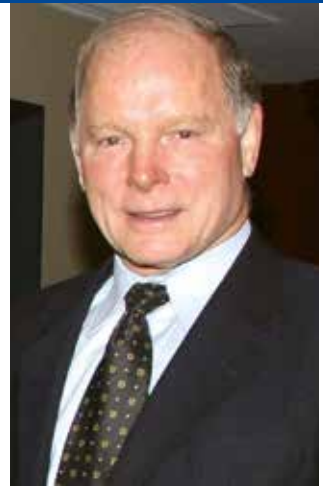
*I am allowed to be genuine, to express
my emotions.*

*My friends act as a mirror for me, our
common quest heals me.*

*The strengths, love and hope that live within
me now become beacons for my life.*

*From here I will go forth, whole once more,
self-knowing, confident and aware, never to
live in the shadows again.*

PRESIDENT'S REPORT

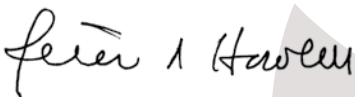


2015-2016 was a year of many celebrations. In Ontario, our first adolescent centre celebrated its 30th anniversary. Our MICA program celebrated 20 years of helping men with mental illness to overcome drug addiction. At lac Écho, our program for francophone adolescents reached its 25th anniversary, and the program for anglophone youth reached its 15th. In the spring of 2016, the Mother and Child program celebrated 20 years of helping mothers and families take back control of their lives. And in New Brunswick, preparations are currently underway to celebrate Portage Atlantic's 20th anniversary this fall.

Many of these celebrations have welcomed back early graduates, reminding us that as the time passes and our programs expand and mature, the lives of the individuals who have passed through our doors have been forever changed, and the work that they have done to take back control of their lives has wonderfully enriched their families, their communities, and society.

Over the past year, we have been hard at work to keep agreements and financing in place, and have renewed agreements for our youth programs in Saint-Malachie and New Brunswick, as well as for the Mother and Child program and our Montréal employment reintegration program, MIRE. In Ontario, Portage is engaged in an exciting pilot project with the Ministry of Children and Youth Services to implement a diversion program for the Youth Mental Health Court and Probation Services. Opening up our ministry-funded, open custody beds to this population will allow for improved utilisation of Portage Ontario's resources. We are also continuing to work with First Nations and Inuit communities, treating an increasing number of these clients in our programs as well as in prisons. We are hopeful to develop a more comprehensive response to the significant need of Northern communities this year.

Portage's leadership remains extraordinary at our head office, in our centres, our regional offices, and on our boards, and I am confident that our dedicated team will make the coming year another great one for Portage. I am very proud of all of our programs, of all the people helped over the years, and of Portage's unwavering commitment to help Canadians overcome substance abuse for many more years to come.

A handwritten signature in black ink that reads "Peter A. Howlett". The signature is written in a cursive, flowing style.

Peter A. Howlett
President

MESSAGE FROM THE EXECUTIVE DIRECTOR



As Portage's treatment approach has evolved over the years, there has been an increasing focus on clients' attributes and individual needs, enabling the client to set priorities for their own recovery. The Portage Workbook takes this "self-directed recovery" concept further and is the most recent adaptation of our treatment approach.

The Workbook provides a roadmap for our clients as they progress through the phases of the Portage program - allowing them to gauge their progress, reflect on their feelings, and deepen their understanding of what they are learning in treatment. It also allows our case managers to better observe the client's growth, thus ensuring that we focus on the individual within the community and that nobody is left behind. The Workbook project, which to date is more than a year in the making, continues to evolve with the first two phases undergoing clinical trials with encouraging results. The Workbook will eventually be available to clients in all Portage programs, both in English and French.

Portage has always maintained that our staff members are our greatest resource, and we are committed to fostering their professional development. Over the past few years, Portage Québec has embarked on creating a "learning community" in partnership with the University of Sherbrooke. Thirty-two of our staff members have enrolled in the university's Certificate in Addiction program, working diligently through weekends and in their spare time to study the course material. The classes have been held at Portage's centre at lac Écho and were restricted to Portage staff members. Peer tutoring and energetic dialogue and debate in the staff room created a wonderful energy that permeated all aspects of life at the centre, creating a true learning community. I am pleased to report that fifteen of our staff members have already succeeded in obtaining their University of Sherbrooke certificates. By virtue of this, we were able to negotiate a reciprocity agreement with CACCF (Canadian Addiction Counsellors Certification Federation), who have granted credentials to those staff members.

Portage was one of the early adopters in Canada of the Global Assessment of Individual Needs (GAIN) intake assessment tool. Now widely regarded as one of the most useful ways of developing a portrait of client needs and thus providing appropriate treatment, Portage has been using it as the screening, diagnostic, and treatment planning tool for our clients for several years. It is also a well-respected research tool for monitoring both in-treatment progress and post-treatment impact. Portage has invested a significant amount of energy in the training of both administrators and local trainers. Though fully implemented at Portage Atlantic and Portage Ontario, there have been recurring delays in Québec due to complications in translating the GAIN into French. This government-sponsored initiative has been experiencing numerous difficulties and roadblocks, and has frustrated Portage's efforts to roll out the process for our francophone programs. Portage is currently exploring an alternative solution.

Peter Vamos
Executive Director

Our Mission

Portage fosters the strengths and skills of substance-dependent persons to enable them, through comprehensive and cost-effective interventions based on the therapeutic community approach, to live lives of sobriety, filled with dignity, self-respect, and accomplishment.

Our Vision

Portage will develop its unique, positive psychology based therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management, and community development in collaboration with other providers in a continuum of services.

Our Values

Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity, and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual's internal resources fostered by the stimulating and enriching influence of a favourable environment.

Portage believes in being expressly client-centered, emphasising the security of the client and delivering quality services with financial and management discipline.

Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

IMPORTANT DATES IN THE HISTORY OF PORTAGE

1970

The Portage Program for Drug Dependencies is incorporated **(QC)**

1973

Opening of a treatment centre for adults in Prévost **(QC)**

1975

Opening of a day centre and a head office in Montréal **(QC)**

1983

Opening of a day centre in Québec City **(QC)**

1985

Opening of a residential centre for adolescents in Elora **(ON)**

Opening of a centre in Toronto **(ON)**

1991

Inauguration of a residential program for adolescents in Prévost **(QC)**

1995

Inauguration of the residential centre for Mentally Ill Chemical Abusers (MICA) **(QC)**

1996

Inauguration of the Mother and Child Program in Montréal **(QC)**

Opening of an office in Fredericton **(NB)**

Opening of a residential centre for youth at Cassidy Lake **(NB)**

1999

Opening of a residential centre for adolescents in Saint-Damien-de-Buckland **(QC)**

2001

Opening of a residential centre for English-speaking adolescents in Beaconsfield **(QC)**

2002

Inauguration of the MIRE Program (Movement for Integration and Retention in Employment) in Montréal **(QC)**

2007

Opening of the new residential centre for Mentally Ill Chemical Abusers (MICA) in Montréal **(QC)**

Opening of the new residential centre for the Mother and Child Program in Montréal **(QC)**

2009

Opening of a new residential centre for adolescents in Keremeos **(BC)**

Relocation of the Saint-Damien-de-Buckland residential centre to Saint-Malachie **(QC)**

2012

Inauguration of a new building at the residential centre for adolescents in Saint-Malachie **(QC)**

2014

Relocation of the residential centre for Anglophone youth to Prévost **(QC)**

2015

Closing of the residential centre for adolescents in Keremeos **(BC)**

2016

Inauguration of the West Island Service Centre in Pointe-Claire **(QC)**

PROGRAMS AND SERVICES

Since it was established in 1970, Portage has helped thousands of people to take back control of their lives with its specialised drug rehabilitation programs and services for adolescents, adults, pregnant women and mothers with young children, adults with mental health issues, the aboriginal community, and individuals referred by the justice system, in its various centres in Atlantic Canada, Québec, and Ontario.

Within the therapeutic community environment, residents deal with the root causes of their drug addiction problems and learn how to better function in their everyday lives, without drugs. The supportive community of people who have been through similar struggles helps them to develop the self-esteem and social competencies necessary to build the confidence that they too can live healthy, happy, and productive lives.

Programs

RESIDENTIAL PROGRAMS FOR ADOLESCENTS

Portage operates three residential youth rehabilitation programs in Québec: two in Prévost (one for francophones and one for anglophones) and one in Saint-Malachie. It also operates a youth treatment centre in Elora, Ontario, and another one in Cassidy Lake, New Brunswick, which serves all of Atlantic Canada. All Portage adolescent centres feature a mandatory on-site school program, operated by local school boards and adapted to the needs of the youth.

RESIDENTIAL PROGRAMS FOR ADULTS

Portage's residential drug addiction rehabilitation program for adults in Prévost welcomes men and women from all regions of Québec. Prior to beginning the six-month residential program, clients attend the Montréal Day Centre program in order to prepare for and better understand the treatment that they are undertaking.

EXTERNAL ADULT PROGRAM

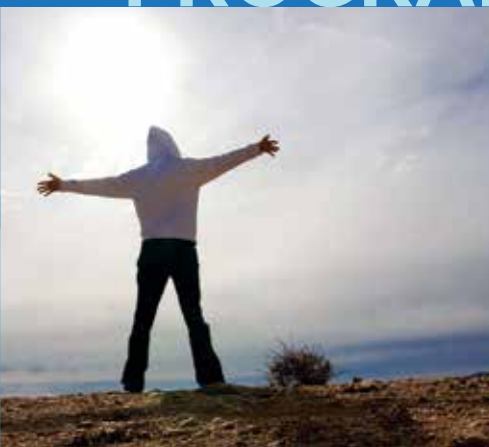
The Québec City Day Centre Program welcomes men and women from the region for a three to four month external program. An Employment Reintegration Program is also on-site, and is often the next step for clients once they complete their drug addiction rehabilitation program.

RESIDENTIAL MOTHER AND CHILD PROGRAM

The Mother and Child Program is a residential drug rehabilitation program for pregnant women and mothers with young children. Whereas many mothers hesitate to seek help for fear of losing custody of their child, at Portage they can get treatment together, while at the same time strengthening their bond. Specialised educators work with the children at the on-site childcare service while the mothers are involved in therapeutic groups, and also with the mother-child duo in order to build and strengthen the mother's parenting skills.



PROGRAMS AND SERVICES



RESIDENTIAL PROGRAM FOR MENTALLY ILL CHEMICAL ABUSERS

Portage's Mentally Ill Chemical Abusers (MICA) Program is a residential rehabilitation program for men suffering from both mental illness (primarily schizophrenia) and substance abuse, treating the two disorders as well as their interaction. Throughout the treatment process, participants develop a better comprehension of their mental illness and how to manage it, working in collaboration with an external medical team.

EMPLOYMENT REINTEGRATION PROGRAMS

Portage's employment reintegration programs, located in Montréal (MIRE) and in Québec City, were originally created for graduates of its drug addiction rehabilitation programs, helping them to develop the necessary skills to find meaningful employment after treatment. Today, these programs are financed by Emploi-Québec, and are open to anyone who has had trouble finding or maintaining a stable job, because of an addiction problem or otherwise.

Services

PORTAGE ACADEMY

Before coming to Portage, many residents struggled in school, and some had even abandoned their studies all together. To help them get back on track and learn how to succeed in a school environment, Portage's drug rehabilitation centres for youth feature on-site school programming, provided by local school boards. Adult programs also have access to schooling.

FAMILY SERVICES

Family Services are an essential element in the rehabilitation process at Portage. Provided through group and individual meetings, they support and empower family members and significant others by providing insight into what their loved one goes through while in treatment and equipping them to be a better support to their loved one in recovery.

SOCIAL REINTEGRATION

Portage prepares clients for social reintegration after residential treatment. Whether through everyday interactions at the centre, cultural and recreational activities or outings, or scheduled outings with family members, clients are working to solidify the tools and competencies they have learned so that once treatment is completed, they will be prepared to better function in society, without resorting to drugs.

AFTERCARE AND CONTINUING CARE

Once the residential component of the rehabilitation treatment program is completed, Portage clients receive Aftercare support for up to two years, through regular communication and meetings with Aftercare counsellors and the Aftercare community. For those who, for whatever reason do not complete all the components of their rehabilitation program, Portage's Continuing Care program also provides a two-year follow-up support, which if necessary, will encourage the clients back into treatment.

SUPERVISED APARTMENTS

In order to facilitate the transition from the structured and secure environment at Portage to an autonomous lifestyle as a graduate, clients of certain programs have access to Portage's supervised apartments upon completion of the residential program.

PORTAGE

IN QUÉBEC



PORTAGE'S 12TH SOIRÉE DES GRANDS PHILANTHROPES IS HONOURED

The 12th Edition of *La Soirée des Grands Philanthropes* – Tribute to Jean-Guy Desjardins, which was held on October 1, 2015, won the award for Best Fundraising Event for a community based organisation in Canada at the 19th Canadian Event Industry Awards. Winning this award for a second year in a row in the same category is a tremendous honour.

Thank you to Mr. Jean-Guy Desjardins, Chairman and CEO of Fiera Capital Corporation and his team and the Honourary Committee for their determination and enthusiasm, which made it possible for the event to raise a net amount of \$1.4 million for Portage.

RECOGNITION CEREMONIES IN QUÉBEC CITY AND MONTRÉAL

On October 19, 2015, graduates of Portage's drug addiction rehabilitation and employment reintegration programs in the Québec City region were celebrated at a Recognition Ceremony at the Grand Théâtre de Québec. Family and friends of the 70 graduates were in attendance for the emotional ceremony, at which the graduates were awarded their certificates of completion.

On November 1, 2015, the graduates of Portage's drug rehabilitation programs in the Greater Montréal region were celebrated at Place des Arts' Théâtre Maisonneuve. 176 graduates were recognised this year for having overcome their drug addiction issues and gone on to lead healthy and positive lifestyles.



From left to right:

John A. Rae, Executive Vice-President, Power Corporation of Canada; Marcel Dutil, Chairman of the Board, Groupe Canam; Pierre Laporte, President, Deloitte; Serge Godin, Founder and Executive Chairman of the Board, CGI; Andrew Molson, Chairman of the Board, Groupe conseil RES PUBLICA and Chairman of the Honourary Committee for the event; Claude Chagnon, President, Fondation Lucie et André Chagnon; Colette Taylor, Vice-President, Philanthropic Development, Portage; Jean Monty, La Fondation Libermont; Suzan Moreau Desjardins; Jean-Guy Desjardins, Chairman of the Board and CEO, Fiera Capital; Peter A. Howlett, President, Portage; Louis Vachon, President and CEO, National Bank; Laurent Beaudoin, Board Member, Bombardier; Isabelle Marcoux, Chairman of the Board, TC Transcontinental.

MILESTONE ANNIVERSARIES IN 2015-2016

On February 14, 2016, Portage celebrated its 43rd anniversary since its first centre was opened in 1973. Since then, Portage has expanded its service offering in Québec, and 2015 and 2016 were significant anniversary years for several of its programs:

- **2015** — 25th anniversary: Francophone Adolescent Program at lac Écho, Prévost
- **2015** — 20th anniversary: Mentally Ill Chemical Abusers (MICA) Program in Montréal
- **2015** — 20th anniversary: Mother and Child Program in Montréal
- **2016** — 15th anniversary: Anglophone Adolescent Program at lac Écho, Prévost

GOLF TOURNAMENT - MONTREAL

On July 6, 2015, the 18th edition of Portage’s Montréal Region Golf Tournament was held at the Club de golf Laval-sur-le-Lac, under the Honourary Presidency of Bruce Kent, Vice-President and Director, Portfolio Manager, RBC Dominion Securities, and the Co-Presidency of Giovanna Francavilla, Regional Vice President of Private Banking at RBC Wealth Management. A new cycling component was added to the event this year, with a group of 50 cyclists touring through the streets of Laval-sur-le-Lac under the supervision of an experienced team from Avelocoaching. The participation of a few big names in Québec cycling, including Dominique Perras, Antoine Duchesne, and Louis Bertrand, helped raise the profile of the event, allowing Portage to raise a record amount of \$170,000 for this event.

GOLF TOURNAMENT - QUÉBEC CITY

On June 1, 2015, the 21st edition of Portage’s Québec City Region Golf Tournament was held at the Club de golf de Beauce, under the Honourary Presidency of Linda Fiset, Senior Vice-President, Creditor and Direct Insurance, Desjardins Assurances, raising \$64,500 for Portage’s program for youth in Saint-Malachie.

LA TRAVERSÉE DU SAINT-LAURENT



On August 22, twenty swimmers, including a graduate of the Portage program for adolescents in Saint-Malachie, plunged into the Saint-Lawrence

River in Lévis and swam across to the shore in Québec City, to raise money for Portage’s drug addiction rehabilitation program for youth in Saint-Malachie. In its third consecutive year, the Traversée du Saint-Laurent was a great success, raising \$40,000 for a scholarship program for the youth in treatment.



OFFICIAL OPENING OF THE WEST ISLAND SERVICE CENTRE

On September 11, 2015, Portage welcomed long-time partners to the inauguration of its new service centre in Pointe-Claire. Though the residential component of the addiction rehabilitation program for anglophone youth is located at the Portage centre in the Laurentians, all admissions interviews, Family Services, and Aftercare Services are now handled at the Pointe-Claire office, a location that is more accessible to the majority of clients.



From left to right: Patrick Boucher, McCarthy Tétrault; Ken Van Aelst, Xerox Canada; Colette Taylor, Portage; Lyne Rouleau; Paul Balthazard, RBC Dominion Securities; Peter A. Howlett, Portage; Richard Lupien, National Bank Financial; André Chagnon, Fondation Lucie et André Chagnon; Giovanna Francavilla, RBC Wealth Management; Stéphane Lemay, Power Corporation of Canada.

TABLE OF HONOUR

MONTRÉAL AND QUÉBEC CITY

Builders

(\$250,000 and more)

Fondation Lucie et André Chagnon

Ambassadors

(\$50,000 - \$150,000)

Banque Nationale du Canada
Bell Canada
Cisco Systems Canada Co.
Corporation Fiera Capital
Deloitte
Fondation J.A. DeSève
Fondation Jeunesse-Vie
Fondation Libermont (La)
Fondation Marcelle et Jean Coutu
Fondation Mirella et Lino Saputo
Fonds de placement immobilier Cominar
Fondation Molson (La)
Power Corporation du Canada

Leaders

(\$25,000 - \$49,999)

Alimentation Couche-Tard Inc.
Beaudier inc.
Boa-Franc
Bombardier Inc.
Caisse de dépôt et placement du Québec
Cogeco Câble Inc.
Ernst & Young LLP
Fasken Martineau
Gestion TransForce
GMP Securities L.P.
Groupe Canam inc.
Hydro-Québec
IBM Canada Ltée
Industrielle Alliance, Assurance & services financiers inc.
PricewaterhouseCoopers
RBC Banque Royale
SOJECCI II Ltée
TC Transcontinental
VIA Rail Canada

Partners

(\$10,000 - \$24,999)

Aéroports de Montréal
Air Canada
American Iron & Metal LP
Banque Scotia
BCF s.e.n.c.r.l./LLP
BMO Marchés des capitaux
Cascades Canada ULC
Chantier Davie Canada Inc.
Cirque du Soleil inc.(PMT)
Club Rotary de Québec-Charlesbourg
Coranco Corporation Limited
Cossette Communication Inc.
Desjardins Assurances
Domtar Inc.
Duval Mercedes-Benz
Fairmont Le Reine Élisabeth
Fondation Carmand Normand
Fondation Simple Plan
Gestion d'actifs Burgundy
Groupe Investors
George Hogg Family Foundation (The)
Intact Corporation financière
Kaufmann de Suisse
Le Journal de Québec
Leahy, Brian
Legault, Richard
Manuvie Québec
Marchés mondiaux CIBC Inc.
McCarthy Tétrault S.E.N.C.R.L., s.r.l.
Metro Inc.
Mouvement des caisses Desjardins
Norton Rose Fulbright Canada S.E.N.C.R.L., s.r.l.
Opération Enfant Soleil
Pomerleau Inc.
Royer, Raymond et France Denis
Saint-Pierre, Guy
SC Services de gestion KPMG
SNC-Lavalin inc.
Sœurs de la Charité de Québec
Stikeman Elliot
TELUS Corporation



Benefactors

(\$5,000 - \$9,999)

Ameublements Tanguay
Banque Laurentienne du Canada
Cabinet de relations publiques
NATIONAL inc. (Le)
CAE Inc.
Camsco inc.
Canderel Management Inc.
Capital GVR Inc.
Claudine and Stephen Bronfman
Family Foundation
Cyrill & Dorothy, Joel & Jill Reitman
Family Foundation (The)
Fédération des caisses Desjardins
du Québec
Fondation La Capitale
Groupe financier
Fondation Paul A. Fournier
Gaz Métro
Global Payments
Groupe Axor inc.
Groupe Boisvert Moisan Inc. (Le)
Groupe Fortin
Hôtel Le Bristol Paris
Intact Assurances inc.
Investissements PSP
Jamp Pharma Corporation
L' Association Interac
Lallemant Inc.
Leduc, François
Moniteurs Angelcare inc.
Pandion Investments Ltd.
Partage-Action de l'Ouest-de-l'Île
PMT ROY
Productions Feeling Inc. (Les)
Ranger Son et ÉPWCclairage
Raymond Chabot Grant Thornton
Rio Tinto Alcan
Services de cartes Desjardins
Tact Intelligence-conseil
Valeurs mobilières TD inc.
Virginia Parker Foundation

Friends

(\$1,000 - \$4,999)

Acier AGF inc.
Addenda Capital
Administration portuaire de Québec
Alfred Dallaire MEMORIA
Aliments Uni Food Inc. (Les)
Arrow ECS (Enterprise
Computing Solutions)
Atrium Innovations Inc.
Auberge Saint-Antoine
Avantages sociaux d'Elta inc. (Les)
Avnet Technology Solutions
Beaconsfield Oldtimers
Hockey Association
Bina and Leonard Ellen
Family Foundation
Bois, Jules
Boulangier, Gérard
Cabinet de la rectrice -
Université de Sherbrooke
Caisse Desjardins de La
Nouvelle-Beauce

Caisse Desjardins de l'Administration
et des services publics
Caisse Desjardins des Monts et
Vallées de Bellechasse
Caisse Desjardins des Rivières
Chaudière et Etchemin
Carroll, Bryan
Centre de santé et de services
sociaux et Québec-Nord
Clairvest Group Inc.
Clinique de l'auto Higgins inc.
Cloutier, Raymond
Club Med
Congrégation des SS Notre-Dame
Perp. Secours, Adm. Générale
Croesus Finansoft inc.
Dagenais, C.C., Camille
Dalcon inc.
D'Amours, Alban et Denise
Darras, Lise
David Forest Financial Services Ltd.
DelBuey, Philip
Delsa inc.
Devencore Ltée, agence immobilière
Discover
DOREL
Énergie Valero Inc.
Equifax
Evans, Brian A.
Fabi, Jean R.
Fairmont Le Château Frontenac
Ferreira Café
FICO
Financière Sun Life
Fondation Bon Départ de Canadian
Tire du Québec
Fondation de la Corp. des Concess.
d'auto. de Montréal inc.
Fondation McCarthy Tétrault
Fondation Suzanne et
Jean-Robert Leclerc
Fonds de bienfaisance Canada
Fonds de solidarité FTQ
Fonds Sociale Allstate
Garaga inc.
Gauthier, Jacques
GEMALTO INC.
Gestion André Waechter inc.
Gestion LKD S.E.C.
Giesecke & Devrient
Systems Canada inc.
Giguère, Laurent
Giguère, Sylvie D.
Great West Life
Groupe Germain Inc.
Groupe Promutuel Fédération de
sociétés d'assurance générale
Hay Foundation (The)
Héroux-Devtek Inc.
Honco Bâtiments d'Acier
Industrielle Alliance Valeurs
mobilières Inc.
Informatique ProContact inc.
INO
Investissement
IPL Inc.
Joanne Deziel Assurance inc.
Krispy Kernels inc
Krugor inc.

La Capitale
La Presse
Lambert Somec inc.
Langevin, Marc-André
Lefebvre, Gilles
Location Park Avenue
Loran Technologies inc.
L'Unique assurances générales
Lupien, Richard
Malette s.e.n.c.r.l.,
Comptables agréés
Marques Constellation Québec Inc.
MasterCard, Canada Region
Mayrand, Richard
Ménard, Pierre-Yves
Miller Thomson SENCRL
Moisan, Julie
Morency, Société d'avocats s.e.n.c.r.l.
Morris & Rosalind Goodman
Family Foundation
Paquette, Guy J.
Paré, Robert
Patenaude, Edward J.
PCD Solucions Inc.
Present
Pro-Doc Ltée
Pros de la Photo (Québec) Inc. (Les)
Québecor inc.
Raboy, Marc
Rae, John A.
Roland, M.A., C.C.C., Miriam
Rosenbloom, Mariyn
Rossy Family Foundation (The)
Roy, Alexandre
Samcon Gestion inc.
Saraloi inc.
SFL Partenaire de Desjardins
Sécurité financière
SIA Service Information Access Inc.
SIMONS, La Maison
Sœurs de Saint-Joseph
de Saint-Vallier
Sœurs du Bon-Pasteur de Québec
SS de St-François-d'Assise
(Province du Canada)
Syndicat Canadien des Comm.
de l'Énergie & du Papier (SCEP)
Taylor, Colette
Technologies Interactives
Mediagrif Inc.
Teknion Roy & Breton Inc.
Téléystème Ltée
Valeurs mobilières Desjardins
Visa Canada Corporation
Voyages Laurier Du Vallon (Les)
Vroom, K. Ann
Xerox Canada Itée

**PORTAGE WOULD ALSO
LIKE TO THANK THE MANY
DONORS WHOSE NAMES DO
NOT APPEAR ON THIS LIST.**

PORTAGE ATLANTIC



Since 1996, some 2,000 youth have walked through the doors at Portage Atlantic's drug addiction rehabilitation centre at Cassidy Lake with the hopes of turning their lives around. Over the past two decades, Portage Atlantic has grown and evolved thanks to the unwavering support of board members, partners, and volunteers.



20TH ANNIVERSARY

In 2016, Portage Atlantic is celebrating 20 years since its drug rehabilitation centre at Cassidy Lake was opened to Atlantic Canadian youth. In addition to the incredible personal transformations that have taken place over the past two decades, the physical transformation of the 165 acre site at Cassidy Lake has also been significant.

It all started with one main building with numerous trailers being added over the years to address the increasing number of youth seeking residential rehabilitation. Since 2010, the site now has an impressive main building, a girls dorm, and a boys dorm.

The Recovery Trail, an all-season 3.8 km path through the woods, was developed in 2013 to add a much needed outdoor component to the program. Capital Campaign members are now concentrating on the site's latest project, the construction of the new Lewis Fitness Centre.

LEWIS FITNESS CENTRE

The Lewis Fitness Centre Capital Campaign, which began with a generous donation from the late Dr. William Lewis, has made considerable progress over the past year.

Portage Atlantic hosted an official Sod Turning Ceremony this spring, at which the Honourable Victor Boudreau, Minister of Health and Minister responsible for the Regional Development Corporation was on-hand to announce a \$450,000 contribution from the Government of New Brunswick.

The Lewis Fitness Centre will be a place for the youth in treatment to re-awaken their interest in physical fitness, and will also help them improve their focus on their schooling and their rehabilitation.



Photo: Russell King, Chairman of Portage Atlantic, Peter Vamos, Executive Director of Portage, Geordie Gould, Director of Client Relations, Kathie Rodger, Facility Director

Recognition Ceremony

Portage Atlantic hosted its 19th Annual Recognition Ceremony on September 27, 2015, recognising 41 youth for completing the residential phase of the Portage treatment program, as well as those who have maintained a positive lifestyle since doing so one year prior. The theme of the event was “Together We Can”. The guest speaker, New Brunswick’s Lieutenant-Governor, The Honourable Jocelyne Roy Vienneau, congratulated the graduates for their courage and determination. “I was fortunate to visit Portage in April, and I found it to be an emotional, inspiring, and uplifting experience,” she said. “Portage deserves our appreciation and applause – as do these determined youth who are being honoured today.”



Photo : Portage graduates Jody Cousins and Miranda Mullin, NB Lieut-Gov. Jocelyne Roy-Vienneau and her husband Ronald Vienneau.

Fundraising and Awareness Events

This fiscal year, annual donors contributed \$121,000 to Portage Atlantic’s programs and services (aftercare programming, extracurricular activities, staff development, bursaries, materials and equipment), and in addition to a number of significant pledges, the Capital Campaign raised over \$267,000 from foundations, businesses and individuals for the Lewis Fitness Centre project. Portage Atlantic hosted and participated in a number of community events to create awareness about how the programs and services being offered at Cassidy Lake are contributing to the well-being of Atlantic communities. Among Portage Atlantic’s recurring events were the Annual Volunteer Gathering, the Annual Lions Christmas Party, and a series of Community Breakfasts in New Brunswick and Nova Scotia.

Trades Orientation Program

This spring, a seven-week Trades Orientation Program was offered to the youth in treatment at Portage Atlantic by the New Brunswick Department of Post-Secondary Education, Training and Labour. The program provided hands-on learning to residents who had an interest in the skilled trades. Thanks to in-kind contributions from several Apprenticeship and Occupational Certification partners, participants were exposed to carpentry, electrical, and plumbing trades. The program has been available to the youth at Portage Atlantic since 2013.

Donors

AMBASSADORS (\$50,000-\$150,000)

Anonymous (bursary)
The Christofor Foundation
Potash Corporation of Saskatchewan Inc.

LEADERS (\$25,000-\$49,999)

New Brunswick Children’s Foundation

PARTNERS (\$10,000-\$24,999)

Anonymous (Lewis Fitness Centre)
The J.T. Clark Family Foundation Inc.
National Bank of Canada

BENEFACTORS (\$5,000-\$9,999)

Ayr Motor Express Inc.
Arthur L. and Sandra L. Irving
Riverview Ford Lincoln Sales Limited

FRIENDS (\$1,000-\$4,999)

Armour Transport Inc.
Assumption Life
Atlantic Lottery
Scotiabank
Bell Aliant
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Brennan Farms Ltd.
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Kensington Lions Club
David Middleton
Kinsmen Club of the Miramichi
MacMurray Foundation Inc.
Moncton Lions Club
New Brunswick Masonic Charities and
Housing Company Ltd.
North Rustico Lions Club
Northgate Investments Ltd.
Parkdale-Sherwood Lions Club
Riverview Lions Club
Saint John Presbytery United Church of Canada
Salisbury Lions Club
Sisters of Charity of the Immaculate Conception
Summerside Lions Club
Sussex Area Community Foundation

PORTAGE ATLANTIC WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.

PORTAGE ONTARIO



Established in 1985, Portage's residential rehabilitation centre in Elora provides gender-specific substance abuse treatment to adolescents aged 14-18+. Over its 30-year history, Portage Ontario has helped over 4,000 vulnerable youth from across the province to overcome their addiction issues and return to their communities as contributing members of society. Portage Elora welcomes substance-dependent youth referred by parents, family physicians, schools, hospitals, other addiction treatment and youth-serving agencies, as well as Youth Justice and the Children's Aid Society.

30TH ANNIVERSARY

As of 2015, it has been thirty years that Portage's drug treatment centre in Elora has been helping youth and families to develop the necessary tools and confidence to take back control of their lives. This milestone anniversary was celebrated at Portage Ontario's Recognition Day, which highlighted the thousands of young people whose lives have been touched by Portage since the centre's doors were opened in 1985.

Portage Ontario would not be what it is today without its dedicated regional board, as well as the individuals, foundations, and corporations whose generosity has made the life-transforming services at Portage Elora possible.

Recognition Day

Thirty-seven teenagers from across the province assembled for Portage Ontario's annual Recognition Day on September 27 to celebrate the healthy lifestyle they are now living after having completed a residential drug rehabilitation program at Portage. Surrounded by family, friends, and peers, the youth were recognised for having achieved various milestones over the past year.

Portage Ontario Youth Treatment Fund

The Portage Ontario Youth Treatment Fund, supported by private donations, helps cover the cost to get youth deemed most at-risk if treatment were delayed into Portage Elora, and past the waiting list for Ministry of Health-funded beds. The fund provided many youth with the opportunity to overcome their substance abuse issues this year and return home to their families.

Portage Outward Bound Wilderness Program

Based on the Outward Bound model of experiential-based learning to promote positive development and personal growth, this specially-designed component of Portage's rehabilitation program uses wilderness activities such as rock climbing and canoeing to help residents apply the competencies that they have been learning in treatment. This year, with the support of private donations, Portage Elora youth got to practice their leadership, team-building, problem solving, and conflict resolution skills on one of nine different seven-day Outward Bound wilderness excursions.

Ready to Build Program

Portage Elora graduates were invited to apply for the Ready to Build Program, a new ten-week Pre-Apprenticeship Carpentry Training Program, followed by an eight-week work placement. The program, a collaboration between Portage Ontario, the Pre-Apprenticeship Training Institute, the Christian Labour Association of Canada, and the Ontario Ministry of Economic Development, Employment, and Infrastructure, was designed to provide youth with skills and training to prepare for a career in the construction industry. Two groups of participants completed their training this year, and many have since found related employment.

Family Services and Aftercare

As part of its commitment to its clients' recovery and successful reintegration back into their home communities, Portage's Aftercare Program maintains contact with each client for up to 18 months after they have left the residential centre. The program, supported through private donations, also welcomes clients back to Portage for "Back in Touch" sessions if necessary, where they can stay at the centre for up to a week to refresh or to seek help with a particular issue. If necessary, these youth can return to the Portage program without any waiting period.

Portage's Family Services, also funded by the support of private donations, helps clients' family members by providing insight into what their loved one goes through while in treatment and equipping them to be a better support to their loved one in recovery.



Donors

PARTNERS (\$10,000-\$24,999)

- Anderson Strathern LLP
- Bank of Montreal
- CIBC
- Evald Torokvei Foundation
- Intact Foundation
- Rexall Foundation

BENEFACTORS (\$5,000-\$9,999)

- Canadian Don't Do Drugs Society (The)
- MacDougall, Bartlett H.
- Toronto Star Fresh Air Fund

FRIENDS (\$1,000-\$4,999)

- Georgina Foundation (The)
- Guelph Community Foundation (The)
- Kopas Family Foundation (The)
- Home Depot Canada Foundation (The)
- Howlett, Peter A.
- Humberview Group
- MacMurray Foundation Inc.
- Mary Ellen Timmins Family Trust
- North Strategic Inc.
- Pirker, Dave
- Pre-Apprenticeship Training Institute

PORTAGE ONTARIO WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.



Staff Education and Training

This past year, many Portage employees had the opportunity to upgrade their skills by participating in various recognised training courses including:

- Suicide Prevention (training given by S.A.M. Suicide Action Montréal).
- Fifteen Portage employees successfully completed the University of Sherbrooke's Certificate in Drug addiction.
- Six employees were trained by TACT Intelligence-Conseil, to be Portage spokespeople.
- Employees in Elora received a GAIN application training.

Research and Evaluation

Over the past twenty years, Portage has been involved in several major research projects and evaluation programs in collaboration with university researchers, mainly in Québec. The results of these studies have demonstrated the effectiveness of Portage's therapeutic approach in eliminating or reducing the use of hard drugs among clients, as well as a subsequent reduction in criminal activity. They show how graduates are able to go on to lead healthy and productive lives.

Portage has continued to work with SOGÉMAP consulting firm this year to collect data on program participants. It has continued to review its data collection methodology to standardise the client data documentation process from admission, throughout the program, and into aftercare follow-up.

Portage has also contributed to the following projects:

- A SOGÉMAP study to measure the impact of the Mother and Child Program;
- An assessment of Portage's therapeutic interventions on client development of the program's 21 competencies during the residential phase of treatment, using the Portage Acquired Skills Scale (PASS);
- The introduction of the GAIN evaluation tool, which will help to evaluate clients' progress in treatment as well as the impact that their rehabilitation has on their lives once they reintegrate back into society;
- An assessment of the long-term effects of Portage's therapeutic interventions once clients leave Portage;
- An assessment of client satisfaction, conducted in collaboration with the Quality Control Department. Results are produced bi-annually.

Accreditation Canada

Over the past year, Portage has developed and integrated several key norms into its processes, including the production of an annual prospective analysis, the creation of an integrated quality improvement plan, and the development of at-work violence prevention measures. Operational plans for each centre have also contributed to Portage's continuous quality improvement goals.

In order to better coordinate the accreditation process across all centres, Portage has appointed a Director of Accreditation and Strategic Relations in Québec. The Accreditation Team has been hard at work to complete the various steps that will lead to the renewal of Portage's accreditation status in 2017.

Preparations for Accreditation Canada's next visit in June 2017 began this year. The Accreditation Team got a handle on the new regulatory framework and visited every centre to inform staff members about the accreditation process. Accreditation Canada has validated Portage's information and a preliminary meeting has been held.



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Sylvain Harvey

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The Portage Program for Drug Dependencies inc. is composed of 200 governors who each serve a one-year renewable term. These governors are chosen among the leaders in their fields and help bring Portage's message to the community. In 2015-2016, the Board of Governors was composed of:

| | | | |
|--------------------------------------|-----------------------------------|-------------------------------------|-----------------------------------|
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| Mr. Victor M. Drury | Mr. Sylvain Lepage | Mr. Robert Ruttan | |
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| Mr. Stéphane Dufort | Dr. John MacFarlane | | |
| | Ms. Marian MacFarlane | | |

**New candidates to the Board of Governors*

***Nominee for election to the Board of Trustees*

INDEPENDENT AUDITOR'S REPORT

To the Directors of

Centre d'accueil le Programme de Portage Inc.
The Portage Program for Drug Dependencies Inc.
The Portage Foundation

The accompanying summarized financial statements comprising the summarized statements of financial position of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation as at March 31, 2016, and the summarized statements of revenue and expenses for the year then ended, are derived from the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year then ended. We expressed an unmodified audit opinion on those financial statements in our reports dated June 22, 2016. Those financial statements and the summarized financial statements do not reflect the effects of events that occurred subsequent to the date of our reports on those financial statements.

The summarized financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summarized financial statements, therefore, is not a substitute for reading the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation.

Management's Responsibility for the Summarized Financial Statements

Management is responsible for the preparation of these summarized financial statements in accordance with the following criteria: Issuing summarized financial statements which are consistent with the audited financial statements, into an appropriate level of grouping, in such a way that the financial statements are not misleading in the circumstances without including, the notes to financial statements.

Auditor's Responsibility

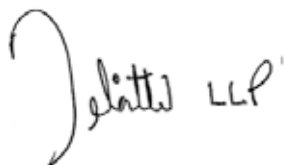
Our responsibility is to express an opinion on these summarized financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard ("CAS") 810, "Engagements to Report on Summary Financial Statements."

Opinion

In our opinion, the summarized financial statements derived from the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year ended March 31, 2016, are a fair summary of those financial statements, in accordance with the above criteria.

Restated Comparative Information

Without modifying our opinion, we draw attention to the fact that certain comparative information of The Portage Foundation has been restated for the year ended March 31, 2015. This comparative information is presented in Note 2 to the financial statements of The Portage Foundation for the year ended March 31, 2016.



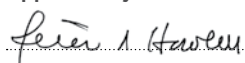
June 22, 2016

CPA auditor, CA, public accountancy permit No. A105976

| SUMMARIZED STATEMENT OF REVENUE AND EXPENSES years ended March 31, 2016 | | 2016 \$ | 2015 \$ |
|---|--|-------------------|-------------------|
| REVENUE | | | |
| Government programs | | 11 408 106 | 11 250 240 |
| Donations from The Portage Foundation | | 1 580 931 | 1 552 207 |
| Amortization of deferred grants related to fixed assets | | 64 590 | 69 139 |
| Other | | 465 817 | 487 167 |
| | | 13 519 444 | 13 358 753 |
| EXPENSES | | | |
| Clinical services | | 8 240 724 | 8 195 790 |
| Support services | | 3 772 649 | 3 993 019 |
| Administration | | 1 379 432 | 1 081 039 |
| Bad debts | | 41 196 | 61 404 |
| | | 13 434 001 | 13 331 252 |
| Excess of revenue over expenses before amortization of fixed assets | | 85 443 | 27 501 |
| Amortization of fixed assets | | 85 769 | 79 562 |
| Deficiency of revenue over expenses | | (326) | (52,061) |

| SUMMARIZED STATEMENT OF FINANCIAL POSITION As at March 31, 2016 | | 2016 \$ | 2015 \$ |
|---|--|-------------------|-------------------|
| ASSETS | | | |
| Current assets | | | |
| Cash | | 284 607 | 284 607 |
| Guaranteed investment certificate, bearing interest at 1.20%, matured in November 2015 | | — | 1 004 077 |
| Accounts receivable | | 1 185 670 | 1 047 161 |
| Prepaid expenses | | 48 562 | 44 326 |
| | | 1 518 839 | 2 216 127 |
| Fixed assets | | 528 380 | 614 149 |
| | | 2 047 219 | 2 830 276 |
| LIABILITIES | | | |
| Current liabilities | | | |
| Accounts payable and accrued liabilities | | 1 377 152 | 1 787 654 |
| Deferred revenue | | 118 455 | 426 094 |
| | | 1 495 607 | 2 213 748 |
| Deferred grants related to fixed assets | | 463 088 | 527 678 |
| Net assets | | | |
| Invested in fixed assets | | 65 292 | 86 471 |
| Unrestricted | | 23 232 | 2 379 |
| | | 88 524 | 88 850 |
| | | 2 047 219 | 2 830 276 |

Approved by the Board

 , Director

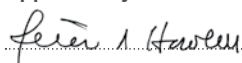
 , Director

THE PORTAGE PROGRAM FOR DRUG DEPENDENCIES INC.

| SUMMARIZED STATEMENT OF REVENUE AND EXPENSES | 2016 | 2015 |
|---|------------------|------------------|
| Year ended March 31, 2016 | \$ | \$ |
| REVENUE | | |
| Government programs | 6 679 480 | 6 367 248 |
| Services | 1 179 781 | 1 328 383 |
| Donations from the Foundation | 721 069 | 704 572 |
| Amortization of deferred contributions related to fixed assets | 16 972 | 11 951 |
| Amortization of deferred grants related to fixed assets | — | 764 |
| Other | 25 295 | 1 411 |
| | 8 622 597 | 8 414 329 |
| EXPENSES | | |
| Clinical services | 4 902 751 | 4 598 234 |
| Support services | 1 722 547 | 1 748 579 |
| Service costs - Programs | 1 574 798 | 1 180 426 |
| Total expenses before the following items | 8 200 096 | 7 527 239 |
| Administration | 929 638 | 1 007 895 |
| Bad debts | 59 272 | 58 613 |
| Long-term debt interest | — | 5 268 |
| | 9 189 006 | 8 599 015 |
| Deficiency of revenue over expenses before amortization and discontinued operations | (566 409) | (184 686) |
| Amortization of fixed assets | 32 110 | 30 433 |
| Deficiency of revenue over expenses before discontinued operations | (598 519) | (215 119) |
| Deficiency of revenue over expenses related to discontinued operations | — | (30 629) |
| Deficiency of revenue over expenses | (598 519) | (245 748) |

| SUMMARIZED STATEMENT OF FINANCIAL POSITION | 2016 | 2015 |
|--|------------------|------------------|
| As at March 31, 2016 | \$ | \$ |
| ASSETS | | |
| Current assets | | |
| Cash | — | 619 046 |
| Guaranteed investment certificates , bearing interest at 1.10%, matured in August 2015 | — | 125 897 |
| Accounts receivable | 421 268 | 768 616 |
| Prepaid expenses | 57 375 | 58 921 |
| | 478 643 | 1 572 480 |
| Fixed assets | 148 237 | 180 347 |
| | 626 880 | 1 752 827 |
| LIABILITIES | | |
| Current liabilities | | |
| Bank overdraft | 74 221 | — |
| Accounts payable and accrued liabilities | 940 367 | 791 183 |
| Deferred revenue | 42 276 | 776 137 |
| | 1 056 864 | 1 567 320 |
| Deferred contributions related to fixed assets | 79 384 | 96 356 |
| | 1 136 248 | 1 663 676 |
| Net assets | | |
| Invested in fixed assets | 68 853 | 83 991 |
| Unrestricted | (578 221) | 5 160 |
| | (509 368) | 89 151 |
| | 626 880 | 1 752 827 |

Approved by the Board

 , Director

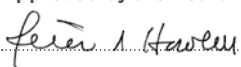
 , Director

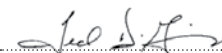
THE PORTAGE FOUNDATION

| SUMMARIZED STATEMENT OF REVENUE AND EXPENSES | | 2016 | 2015 |
|--|--|------------------|------------------|
| Year ended March 31, 2016 | | \$ | \$ |
| REVENUE | | | |
| Contributions | | 923 508 | 964 767 |
| Rents | | 1 202 657 | 1 072 453 |
| Special events | | 1 795 463 | 1 852 077 |
| Investments income | | 2 462 | 523 789 |
| Gifts in kind | | 205 817 | 194 044 |
| Amortization of deferred grants related to fixed assets | | 276 314 | 262 361 |
| Amortization of deferred contributions related to fixed assets | | 16 040 | — |
| Miscellaneous | | 30 729 | 16 065 |
| | | 4 452 990 | 4 885 556 |
| EXPENSES | | | |
| Contributions | | 2 302 627 | 2 319 654 |
| Salaries and fringe benefits | | 602 755 | 488 331 |
| Other expenses | | 836 392 | 842 055 |
| Interest on long-term debt | | 78 189 | 89 463 |
| Amortization of fixed assets | | 748 734 | 718 448 |
| | | 4 568 697 | 4 457 951 |
| Deficiency of revenue over expenses | | (115 707) | (427 605) |

| SUMMARIZED STATEMENT OF FINANCIAL POSITION | | 2016 | 2015 |
|---|--|-------------------|-------------------|
| As at March 31, 2016 | | \$ | \$ |
| ASSETS | | | |
| Current assets | | | |
| Cash | | 309 322 | 155 420 |
| Temporary investments | | 2 056 416 | 2 360 476 |
| Accounts receivable | | 58 632 | 509 386 |
| Prepaid expenses | | 8 782 | 14 056 |
| | | 2 433 152 | 3 039 338 |
| Investments | | 5 377 306 | 5 099 246 |
| Fixed assets | | 11 384 921 | 11 754 781 |
| | | 19 195 379 | 19 893 365 |
| LIABILITIES | | | |
| Current liabilities | | | |
| Accounts payable and accrued liabilities | | 241 066 | 629 218 |
| Current portion of long-term debt | | 338 871 | 327 508 |
| | | 579 937 | 956 726 |
| Long-term debt | | 1 897 105 | 2 237 509 |
| Deferred grants related to fixed assets | | 3 996 825 | 4 273 139 |
| Deferred donations related to fixed assets | | 1 568 944 | 1 145 454 |
| | | 8 042 811 | 8 612 828 |
| FUND BALANCES | | | |
| Operating Fund | | 4 382 849 | 4 663 379 |
| Fixed Assets Fund | | 3 583 176 | 3 771 171 |
| Restricted Fund | | 3 186 543 | 2 845 987 |
| | | 11 152 568 | 11 280 537 |
| | | 19 195 379 | 19 893 365 |

Approved by the Board

 , Director

 , Director



Québec

MONTRÉAL REGION

Headquarters

865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
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Mother and Child Program

c/o Portage Headquarters
865 Richmond Square
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info_me@portage.ca

Mentally Ill Chemical Abusers Centre (MICA)

2455 Lionel-Groulx Ave
Montréal, QC H3J 1J6
T: 514 935-3431
info_tstm@portage.ca

MIRE

(Mouvement pour l'intégration et la rétention en emploi)
2187 Larivière Street
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West Island Service Centre

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PRÉVOST

Residential Centre for Francophone and Anglophone Adolescents

1790, chemin du lac Écho
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Tel.: 450 224-2944
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PRÉVOST

Residential Centre for Adults

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QUÉBEC REGION

Day Centre

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Employment Reintegration Centre

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SAINT-MALACHIE Residential Centre for Adolescents

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Ontario

ELORA

Residential Centre for Adolescents

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TORONTO

Portage Ontario

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Atlantic Canada

CASSIDY LAKE, NB

Residential Centre for Adolescents

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FREDERICTON, NB

Portage Atlantic

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