



**PORTAGE**

FREEDOM FROM ADDICTION



**2014 | 2015  
ANNUAL  
REPORT**

## MESSAGE FROM THE EXECUTIVE DIRECTOR



The past year was a frank reminder that change is the only constant in life. Positive transformational change is what Portage is all about: helping our clients alter their course and become who they are meant to be, free from the grasp of addiction. But there is also a lot of change that goes on behind the scenes, which we work very hard to adapt to in order to continue providing services to those in need.

In Québec, our program for anglophone youth, which has been located in the West Island of Montréal since 2001, was relocated to our lac Écho campus in the Laurentians. Renovations and preparations were made for the move, and I am pleased to report that both staff members and residents have adjusted well to the change. In order to maintain an active presence in the West Island, we opened an office in Pointe-Claire where admissions interviews, Family Services, and Aftercare Services will be carried out.

Our New Brunswick centre expanded its capacity by adding twelve additional beds for Open Custody clients, referred by Public Safety. Initial difficulties with this population have been resolved and we continue to offer quality services to all with our expanded footprint.

In Ontario, plans continue to be developed to broaden Portage's mandate with the Ministry of Youth and Family Services, by providing youth referred by Probation Services as well as the Youth Mental Health Court with access to our contracted Open Custody beds. This change is welcome and is expected to result in optimising bed utilisation, which in turn will strengthen the therapeutic community.

Changing economic circumstances played havoc with our service delivery capacity in British Columbia. Demanding regulatory requirements with an extremely constricted budget forced Portage to interrupt its highly successful program for youth in Keremeos. It is with much sadness that we had to terminate our operations on March 5, 2015. We feel proud to have helped hundreds of BC youth and their families while our centre was in operation and hope to continue to be of service in Western Canada, albeit in a different form.

All this change keeps us on our toes, and Portage continues to be a dynamic forward-looking organisation, with quality service for our clients at the centre of all that we do. There will inevitably be more change in the year to come. With a strong clinical and administrative team, I look forward to it with confidence and enthusiasm.

Peter A. Vamos  
Executive Director

## PRESIDENT'S REPORT



The past year has been one of adaptation for Portage, amid transformational change in the health sector. Nevertheless, this very active year has been a memorable one.

We moved our Montréal program for anglophone adolescents to our lac Écho site, we ceased operations at our treatment facility in British Columbia, we opened a new program at our centre in New Brunswick, and entered into an extended agreement with the Ministry of Child and Youth Services in Ontario. We also extended the financing of our adolescent program in Saint-Malachie, Québec, as well as our program for people with mental illness in Montréal.

The healthcare system is undergoing massive changes in some regions of the country. In Québec, the recent enactment of Bill 10 has ushered in the most dramatic sweep in the health sector in more than fifty years. The objectives are as always laudable; better care and easier access at a cost that can be supported. At the moment, for both service providers and beneficiaries, the principal requirement is an adjustment to new realities. As far as Portage is concerned, where matters proceed from here is not clear.

The economies of all the provinces in which Portage operates are still precarious. While funding in the health sector remains a concern, Portage is fortunate to have wonderful support from the community. We draw on that support as well as the strength of our clinical and administrative staff members to stay the course and continue providing top quality care to those in need.

With the evolving landscape of drug use in our country, our services are required more than ever. We are determined to do everything in our power to continue to help those who come to our doors seeking freedom from addiction.

Peter A. Howlett  
President

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## Our Mission

Portage fosters the strengths and skills of substance-dependent persons to enable them, through comprehensive and cost-effective interventions based on the therapeutic community approach, to live lives of sobriety, filled with dignity, self-respect, and accomplishment.

## Our Vision

Portage will develop its unique, positive psychology based on the therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management, and community development in collaboration with other providers in a continuum of services.

## Our Values

- Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity, and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual's internal resources fostered by the stimulating and enriching influence of a favourable environment.
- Portage believes in being expressly client-centered, emphasising the security of the client and delivering quality services with financial and management discipline.
- Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

### IMPORTANT DATES IN THE HISTORY OF PORTAGE

**1973**

Opening of a treatment centre for adults in Prévost (QC)

**1975**

Opening of a day centre and a head office in Montréal (QC)

**1983**

Opening of a day centre in Québec City (QC)

**1985**

Opening of a residential centre for adolescents in Elora (ON)

Opening of a centre in Toronto (ON)

**1991**

Inauguration of a residential program for adolescents in Prévost (QC)

**1995**

Inauguration of the residential centre for Mentally Ill Chemical Abusers (MICA) (QC)

**1996**

Inauguration of the Mother and Child Program in Montréal (QC)

Opening of an office in Fredericton (NB)

Opening of a residential centre for youth at Cassidy Lake (NB)

**1999**

Opening of a residential centre for adolescents in Saint-Damien-de-Buckland (QC)

**2001**

Opening of a residential centre for English-speaking adolescents in Beaconsfield (QC)

**2002**

Inauguration of the MIRE Program (Movement for Integration and Retention in Employment) in Montréal (QC)

**2007**

Opening of the new residential centre for Mentally Ill Chemical Abusers (MICA) in Montréal (QC)

Opening of the new residential centre for the Mother and Child Program in Montréal (QC)

**2009**

Opening of a new residential centre for adolescents in Keremeos (BC)

Relocation of the Saint-Damien-de-Buckland residential centre to Saint-Malachie (QC)

**2010**

Closing of the day centre in Montréal (QC)

**2012**

Inauguration of a new building at the residential centre for adolescents in Saint-Malachie (QC)

**2013**

Reopening of the day centre in Montréal (QC)

**2014**

Relocation of the residential centre for Anglophone youth to Prévost (QC)

**2015**

Closing of the residential centre for adolescents in Keremeos (BC)

# PROGRAMS AND SERVICES

FOUNDED IN 1970, PORTAGE OPERATES SUBSTANCE ABUSE REHABILITATION CENTRES IN QUÉBEC, ONTARIO, AND NEW BRUNSWICK. THE ORGANISATION'S REPUTATION HAS GROWN INTERNATIONALLY WITH THE ESTABLISHMENT OF PROGRAMS IN FIFTEEN COUNTRIES AND THE TRAINING OF COUNSELLORS IN NEARLY TWENTY-FIVE CORRECTIONAL SERVICE AND SOCIAL SERVICE OFFICES.



### RESIDENTIAL PROGRAM FOR ADULTS

Since 1973, Portage has offered this residential program to help substance-dependent men and women achieve personal growth and lead drug-free lives. Upon their arrival, an individual treatment plan is developed based on their needs. Clients also have the possibility to complete their high school education.

### RESIDENTIAL PROGRAM FOR ADOLESCENTS

Portage has three rehabilitation centres for adolescents in Québec: two in Prévost (one for anglophones and one for francophones), and one in Saint-Malachie. It also operates adolescent treatment centres in Elora, Ontario, and in Cassidy Lake, New Brunswick. All Portage adolescent centres provide a mandatory on-site school program, recognised by local school boards and adapted to the needs of the youth.

### MOTHER AND CHILD PROGRAM

This program provides residential treatment to substance-dependent pregnant women and mothers accompanied by their young children. The program supports the family unit and allows the mothers to work on improving their bond with their child while in therapy. In addition, the children receive support from childhood educators and special-education teachers. After completing the residential program, clients have access to supervised housing.

### PROGRAM FOR MENTALLY ILL CHEMICAL ABUSERS (MICA)

Based on the principles of the therapeutic community, this program is intended for people suffering from both mental illness, primarily schizophrenia, and substance abuse. After completing the residential program, clients have access to supervised housing.





## MONTRÉAL DAY CENTRE

The Montréal Day Centre operates an admission service and provides external services to adults who are considering undertaking a residential rehabilitation program at the Portage centre at lac Écho. Candidates are evaluated with the GAIN-I tool as part of the admission process, in order to prepare a customised treatment plan for the individual. Before being admitted to the residential program, eligible clients participate in the Day Centre Program.

The centre welcomes approximately fifteen individuals three days a week, providing workshops, group meetings, and individual support in preparation for residential treatment.

## EXTERNAL PROGRAM IN QUÉBEC CITY

Since 1983, Portage Québec has been offering external rehabilitation services to men and women who wish to put an end to their drug or alcohol consumption. This 3-4 month program helps clients develop competencies for personal growth and a drug-free life. Evaluation and counselling services, aftercare services, and family support services are also offered.

A research program funded by the National Office for Victims, in collaboration with the Université de Sherbrooke, is currently underway. Its objective is to provide support to people suffering from drug addiction who have a history of physical and sexual abuse.

A research paper on substance-dependent people in conflict with the law will be tabled shortly. The brief aims to establish guidelines to better evaluate the needs of this clientele.

## REINTEGRATION PROGRAMS AND POST-RESIDENTIAL FOLLOW-UP

Portage's reintegration and aftercare follow-up programs are designed to assist clients in applying the skills they learned during residential therapy. These programs provide critical support during the very vulnerable reintegration period, helping clients to resist negative influences, cope with the stress of daily life, and maintain the required discipline. Portage provides services outside of its facilities, such as peer-support groups and individual help. Here are a few examples of reintegration programs at Portage:

- Portage operates an Employment Reintegration Program in Québec City. Its objective is to help people who have had problems with drug, alcohol, or gambling addiction to become active members of society. The program is based on the therapeutic community model and peer support. It was created to help people fully reintegrate back into society by providing them with the support and tools needed to further develop and maintain the competencies achieved in therapy, and to help them find meaningful employment.
- In Montréal, the MIRE Program (Mouvement pour l'intégration et la rétention en emploi) helps adults dealing with social exclusion, poverty, and difficulty integrating or reintegrating into the workforce on a permanent basis. Since its inception in 2002, 119 groups have been formed and 2,867 participants have entered the program. In 2013, MIRE modified its structure to take better advantage of the peer support model. While looking for employment, MIRE graduates contribute actively to welcoming and integrating new participants to the program. In supporting the new participants in their job search, graduates reinforce their own competencies as well as a sense of community.

## AFTERCARE: A CONTINUUM OF CARE TAILORED TO THE SPECIFIC NEEDS OF ADDICTION CLIENTELE

Portage's therapeutic community has evolved over the years. Portage's commitment to always be at the leading edge of treatment has led the organisation to question the notion of success as defined in its programs. This thought process resulted in the creation, in 2009, of the Continuing Care Program.

Previously, if a client left before the end of the program's five phases, despite the staff's advice to the contrary, it was deemed that the person had failed. Over the years, Portage came to the conclusion that many people need more than one period of treatment to achieve the goals of rehabilitation. Whatever the reasons for their departure, clients leaving treatment are vulnerable to relapse and are in need of a personalised follow-up during that critical period.

Nowadays, if an individual wishes to leave residential therapy before completing the program, Portage will transfer that person to the Continuing Care Program, where they will benefit from reduced treatment intensity during a transitional period.

This Program involves regular telephone call, interventions adapted to the needs of the client. When deemed necessary, an individual meeting is planned. This follow-up is maintained for a two-year period during which the client will be able to reintegrate Portage's regular services. This Program offers a way out but not a total withdrawal from the therapeutic process. In the last year, Portage has set up support groups in its centres and gives workshops on social reintegration twice a month.

## FAMILY SERVICES

Family member implication is an important and decisive factor in the successful treatment of many clients, and services offered to family members are an essential element of Portage's rehabilitation treatment program.

Adolescent Program: A series of workshops has been created to help improve communication with family members and help residents prepare for social reintegration. Once a week, parents and adolescents meet with a family support group, helping the family members become an essential source of support in the rehabilitation process. Family members are also involved in the client's case conferences, where they are presented with their adolescent's intervention plan.

Adult Program: A family support group for adult clients was created in January 2014. Family members attend regular meetings or receive telephone call support if they cannot attend the meetings. Portage may also guide families towards external resources.

## GENDER-SPECIFICITY OF PROGRAMS

Portage provides gender-specific programs in all of its residential rehabilitation centres. A preliminary study and many surveys show that clients appreciate that programs are tailored to gender, which may help increase the retention rate.





# PORTAGE IN QUÉBEC



Portage relocated its residential rehabilitation program for anglophone youth to its beautiful centre at lac Écho, in the Laurentians, where new accommodations and living spaces were constructed to accommodate the new community. Portage has been firmly rooted in the Montréal anglophone community since 2001, and the youth in treatment, their parents, Portage employees, and former residents were concerned about the future of the program and the impact of its relocation to the Laurentians. In response to these concerns, Portage opened an office in Pointe-Claire, where staff members welcome individuals who are seeking help and perform admissions interviews before the youth go to the lac Écho facilities. Family Services and Aftercare Services are also provided at the Pointe-Claire office.

## PORTAGE'S 11<sup>TH</sup> SOIRÉE DES GRANDS PHILANTHROPES IS HONoured

The 11<sup>th</sup> edition of the *Soirée des Grands Philanthropes* - Tribute to Louis Vachon was a tremendous success. Over 800 guests attended the event, raising a record amount of **\$1,409 million** net. All funds were dedicated to Portage rehabilitation programs in Québec.

Portage is honoured that the event was chosen, among hundreds of entries across Canada, as the *Best Fundraising Event in Canada* at the Canadian Event Industry Awards in Toronto on April 16.

Portage wishes to thank Louis Vachon, President and CEO at National Bank and his team, the President of the Honourary Committee, François Olivier, President and CEO of TC Transcontinental, and all the committee members for their determination and enthusiasm: André Chagnon, Yvon Charest, Michel Dallaire, Marcel Dutil, Diane Giard, Peter A. Howlett, Luc Paiement, Henri-Paul Rousseau, Colette Taylor, and Pierre Thabet.

Portage would like to acknowledge Armando Arruda, Director, Outside Catering Service at Fairmont The Queen Elizabeth, and his team for their long-standing partnership and collaboration since the second edition of this event.



**From left to right:** Laurent Beaudoin, Chairman of the Board, Bombardier, Claire Beaudoin, John A. Rae, Executive Vice-President, Office of the Chairman of the Executive Committee, Power Corporation of Canada, Phyllis Rae, Colette Taylor, Senior Director, Development, Portage, Herbert Black, President and Chief Executive Officer, American Iron & Metal, Véronique St-Pierre, Pierre Thabet, President, Boa-Franc, Louis Vachon, President and Chief Executive Officer, National Bank, Chantal Carrier, Peter A. Howlett, President, Portage, Diane Giard, Executive Vice-President, Personal and Commercial Banking, National Bank, André Chagnon, Vice-President, Portage and Chairman of the Board and Chief Executive Officer, Fondation Lucie et André Chagnon, Luc Villeneuve, President, Deloitte, François Olivier, President and Chief Executive Officer, TC Transcontinental.

**Absent from the picture:** Marcel Dutil, Chairman of the Board, Canam Group inc, Luc Paiement, Executive Vice-President, Wealth Management, National Bank and Co-President and Co-Chief Executive Officer, National Bank Financial.

## PORTAGE GOLF TOURNAMENTS

### Montréal

The 17<sup>th</sup> edition of Portage's annual Golf Tournament in Montréal was held on June 9, at Club Laval-sur-le-Lac. Members of the business community gathered for the occasion to highlight their support for Portage. The tournament raised over \$129,000 net, to be allocated to Portage's residential rehabilitation programs for anglophone and francophone youth. Since its inception, the Portage Montreal Golf Tournament has raised more than \$2 million.

Portage would like to thank the Honourary President of the tournament, Mr. Paul Balthazard, Vice President and Director, Regional Manager-Québec, RBC Dominion Securities Inc., the President of the tournament, Mr. Mario Desautels, Regional Vice President, Private Banking, RBC Wealth Management, the members of the Honourary Committee, Martin Bachant, Philippe Bélair, Josée Comtois, Stéphane Dufort, Luc Gastonguay, Lyne Rouleau and Colette Taylor, and all the sponsors, participants, and volunteers who help make this event a success, year after year.

### Québec City

The 20<sup>th</sup> edition of Portage's annual Golf Tournament in Québec City was held on June 2, at Club de golf de Beauce, in Sainte-Marie. This event, which supports Portage's drug treatment program for youth in Saint-Malachie, raised \$60,000 net. Portage extends its thanks to the Honourary President of the tournament, Mr. Jean-François Chalifoux, First Vice President, Insurance for Groups and Companies, Desjardins Assurances, the members of the Honourary Committee, Claude Beauchamp, Ghislaine Bilodeau, Michel Biron, Sylvain Lepage, Richard Simard, Louis St-Hilaire and Colette Taylor, as well as the participants, sponsors, generous donors, and volunteers who contributed to the success of this event.



**From left to right:** Peter A. Howlett, President, Portage; Mario Desautels, Regional Vice President, Private Banking, RBC Wealth Management; Paul Balthazard, Vice President and Director, Regional Manager-Québec, RBC Dominion Securities Inc.; Stéphane Dufort, Vice President, Public Sector and Industry Senior Location Executive, Québec City, IBM Canada Ltd; Colette Taylor, Senior Director, Development, Portage; Richard Lupien, Senior Vice President and Managing Director, National Bank Financial; Josée Comtois, Private Banker, RBC Wealth Management; Martin Bachant, Senior Vice President of Sales Operations, Xerox Canada Ltd; Lyne Rouleau, Auction Coordinator; Philippe Bélair, Partner, Deloitte



## CHEF STÉPHANE MODAT VISITS THE YOUTH AT PORTAGE SAINT-MALACHIE

The adolescents at Portage Saint-Malachie had the honour of welcoming Stéphane Modat, Head Chef at Québec City's Fairmont Le Château Frontenac, to their centre. During his visit, he worked with the youth in treatment to prepare a gourmet meal and then serve it to a group of Portage Governors from the Québec City area.

The renowned chef, who is also a judge on Radio-Canada's *Les Chefs!*, was as impressed by the youth as they were of him. Chef Modat has decided to repeat the experience and go back to visit future residents at Portage Saint-Malachie, in order to share his passion for the culinary arts with them.





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**PORTAGE WOULD ALSO  
LIKE TO THANK THE MANY  
DONORS WHOSE NAMES DO  
NOT APPEAR ON THIS LIST.**

# PORTAGE ATLANTIC



Since 1996, Portage Atlantic has evolved in leaps and bounds, from its programming to the actual physical site. This steady growth is thanks to the dedicated staff at Cassidy Lake, to ever-present volunteers, and to the youth themselves who have courageously committed to living healthy lifestyles.

## PREPARING FOR THE FUTURE

Portage Atlantic is committed to promoting the importance of education among the youth in treatment, and is recognised as an alternate school by the NB Department of Education. Upon admission, an individualised academic plan is put in place for each resident, in the language of their choice.

This year, 116 high school credits were earned by the youth in treatment, and four students worked towards their general equivalency diploma (GED). 32 youth participated in a hands-on training program in seven skilled trades through the NB Department of Education, Training and Labour. In addition, a First Aid/CPR Training was completed by 16 youth. These opportunities help participants gain self-confidence and self-esteem and provide them with ideas and plans for the future.

The youth who pursue post-secondary education after completing a treatment program at Portage are eligible for the Portage Atlantic Bursary Program, provided by a generous long-time donor, and the Lion Ron Evans Bursary Fund. Recipients are selected based on exceptional personal growth and dedication to their sobriety.

## RECOGNITION CEREMONY

Portage Atlantic hosted its eighteenth annual Recognition Day on September 28th, 2014, acknowledging the accomplishments of 42 youth from across Atlantic Canada. Guest speaker, Judge Paul Duffie's address touched on the event's theme "Because I am worth it", inspiring the more than 300 guests in attendance, including youth and their families, staff members, and supporters of Portage Atlantic.

## EVENTS AND ACTIVITIES

### Volunteer Reception



Guest Speaker, Ms. Katie Davey, UNB Student Union President for 2015-2016 and Portage Atlantic Chairman, Dr. Russell H.T. King

Every year, Portage Atlantic honours its volunteers at a Volunteer Reception, recognising their valued contributions towards the growth of the 64-bed Portage Atlantic centre and for their advocacy for youth in need of long-term treatment. The 2015 Volunteer Reception guest speaker, Miss Katie Davey, UNB Student Union President for 2015-2016, spoke to this year's National Volunteer Week theme: "A volunteer action is like a stone thrown in a lake: its ripple effect has a direct and positive impact."

### Awareness and Fundraising

Portage Atlantic successfully surpassed its annual fundraising goal of \$150,000 by 24% this fiscal year. The funds have a profound impact on the lives of the youth in treatment, helping Portage to provide enhancements to aftercare programs, extracurricular activities, and staff development opportunities as well as address other crucial needs.

A few highlights from this year that attest to the long-time commitment of our annual and capital supporters:

**Portage Atlantic's Community Breakfast series**, supported by generous funding from the Atlantic Lottery Corporation, has been on the road since 2009. These information and networking events have helped to increase awareness about Portage's programs and services among community members and stakeholders in the four Atlantic Provinces. They have helped Portage build relationships in such communities as Edmundston and Fredericton, NB, Annapolis Valley and Amherst, NS, Charlottetown and Summerside, PEI, and Corner Brook and St John's, NL.

**The District N-1 Lions Portage Christmas Celebration** is a project that is enthusiastically supported and eagerly awaited by the youth in treatment. On December 8, 2014, more than fifty District N-1 Lions and their families gathered at Cassidy Lake to take part in this long-time tradition, in which the Lions distribute gifts specially handpicked for each individual youth in treatment. For some, it was the first gift they had ever received.

**The Lewis Fitness Centre Capital Campaign**, due in large part to a major donation from the late Dr. William Lewis, was officially launched on June 25, 2014 by campaign representatives at the Portage Atlantic centre. Campaign co-chairs, Mr. Dave Emmerson and Mr. Andre Vincent, are joined by an enthusiastic committee of fundraisers and board members.



Photo: Russell H.T. King, Portage Atlantic Chairman, Geordie Gould, Director of Client Services, Frank Wilson, Dave Emmerson and Ronald Evans, - Portage Atlantic Board Members.

## Donors:

### AMBASSADORS (\$50,000-\$149,999)

Anonymous (bursary)  
Lillian F. Black

### PARTNERS (\$10,000-\$24,999)

North Rustico  
RBC Foundation  
Nashwaaksis Lions Club  
The J.T. Clark Family Foundation  
McKenna Family Fund  
The McCain Foundation

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Janet D. Chiswell  
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John et Dorothy Bliss  
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Humphrey Lewisville Sunnybrae Lions Club  
MacMurray Foundation Inc.

**PORTAGE ATLANTIC WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.**



# PORTAGE ONTARIO



**The Portage-Outward Bound Program** continued to offer youth nearing the end of the residential phase of their treatment a true wilderness experience—canoeing, camping, rock climbing, map and compass navigation, camp craft, and 24 hour solo reflection time. While travelling with up to nine other young people through Ontario's rugged wilderness, participants were challenged mentally and physically; they learned they are capable of more than they believed possible.

This past year residents had the opportunity to participate in nine different extended-length wilderness expeditions and numerous day trips. As a result of this program, over 60 youth were able to test new skills, behaviours, and beliefs by experiencing the great outdoors.

## EVENTS AND ACTIVITIES

### Recognition Day 2014

Portage Ontario celebrated Recognition Day on September 29, 2014 in Elora. Recognition Day was a special day for Portage alumni and family members whose lives have been impacted by addiction. Surrounded by family, friends, peers, and staff from the Elora facility, 49 Portage alumni from across Ontario were recognised for achieving various milestones over the past year.

### Fresh Start Dinner and Auction 2014

The 8th annual Fresh Start Dinner & Auction was held on October 29, 2014. Christine Bentley returned as MC and over 200 guests attended the event at the Boulevard Club. Thanks to the tremendous generosity of guests and sponsors, the 2014 Fresh Start was a record breaker and brought in over \$165,000 in support of the Portage Ontario Youth Treatment Fund!



## THE PORTAGE ONTARIO ANNUAL CAMPAIGN

Portage Ontario is extremely grateful for its community partners who help fulfill Portage's mission and make a positive impact on the lives of so many youth and their families.

Thanks to the generosity of individuals, foundations, and corporations, and the exceptional leadership provided by the Ontario Board and Campaign Committee, the Portage Ontario Foundation was once again able to support the following programs this year:

**The Portage Ontario Youth Treatment Fund** helped cover the cost of providing four extra treatment beds for youth deemed most at-risk if treatment was delayed. The fund is used to cover the cost of additional staff, food, and incidentals for the extra clients. As a result of this fund, approximately twelve additional youth and their families received the support they needed to change their lives at Portage this past year.

**The Family and Continuing Care Program** helps Portage Elora residents reintegrate back into their homes and communities by providing 18 months of continuing care following completion of the residential program. Portage Ontario was able to expand the program this year. The Family and Continuing Care Program now provides bi-weekly Aftercare Support Group Sessions in Toronto, Mississauga, Guelph, Kitchener, Hamilton, and Sarnia. At these sessions, graduates were able to get together to discuss how they are doing and to work through any issues that have come up since leaving residential treatment.

## Donors:

### LEADERS (\$25,000-\$49,000)

The Ontario Trillium Foundation

### PARTNERS (\$10,000-\$24,999)

Addison Chevrolet Buick  
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Toronto Star Fresh Air Fund

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Toronto Police Services  
United Way of Greater Toronto  
WestJet

**PORTAGE ONTARIO WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.**



# PORTAGE

## BRITISH COLUMBIA



Since it was opened in 2009, Portage's substance abuse treatment centre in British Columbia has helped over 400 adolescents regain hope, turn their lives around, and overcome their addiction problems.

Located a few kilometres from Keremeos on a 58-acre site known as The Crossing, the centre offered a beautiful, natural, and therapeutic setting.

Notwithstanding numerous and prolonged discussions and negotiations with government authorities with regards to financing the centre, Portage's efforts unfortunately did not come to fruition. On March 5, 2014, the Portage centre at Keremeos had to close its doors.

Portage wishes to extend its sincerest gratitude to the regional board members, partners, donors, and employees who have supported and put their trust in Portage over the years.

## Research and Evaluation

In order for Portage to ensure high standards with regards to the quality of its services and its therapeutic approach, Portage conducts client surveys and undertakes research and evaluation projects.

Over the past year, Portage's Research Department combined its expertise with that of SOGÉMAP, a consulting firm that specialises in program evaluation, to ensure the quality of client data collection. Portage completed a vast overhaul of its data collection procedures and tools in order to standardise documentation of the client data collection process, from the admission stage, throughout the program, and right through to aftercare follow-up.

Portage also contributed to the following projects:

- A study conducted by Ms. Sylvie Lefrançois of SOGÉMAP, which aims to assess the effects of Portage's Mother and Child Program;
- An assessment of Portage's therapeutic interventions on client development of the program's 21 competencies during the residential phase of treatment, using the Portage Acquired Skills Scale (PASS);
- An assessment of the long-term effects of Portage's therapeutic interventions once clients leave Portage;
- An assessment of client satisfaction of Portage's services, conducted in collaboration with the Quality Control Department. Results are produced bi-annually.

Over the next year, Portage's Research Department will be working on the implementation of new program assessment tools and on monitoring the quality of data collection. During this process, the Research Department will collaborate with several other Portage departments.

## Staff Education and Training

In 2014-2015, many Portage employees had the opportunity to upgrade their skills and participate in various certified training courses: crisis pacification (ALPHA); intervention with suicidal persons (training accredited by the Centre de santé et des services sociaux Alphonse Desjardins); suicide prevention (training given by Suicide Action Montréal (S.A.M.)); substance abuse counselling certificate program; Bachelor's degree in Social Sciences and Motivational Interviewing (Université de Sherbrooke).

Portage directors received an intensive training course on best practices in discipline management. The training, provided in both official languages, was given by experienced lawyers from Me Claude Le Corre's law firm.

## Accreditation Canada

Having been accredited with exemplary standing by Accreditation Canada in December 2013, Portage ensures that key standards are maintained by developing plans and reports, such as an annual prospective analysis, an integrated plan for quality improvement, and a strategy to prevent violence in the workplace.

In June 2015, Portage participated in a mid-cycle conference call with Accreditation Canada. The purpose of the conference call was to explore Portage's strengths and current challenges, update the organisational profile, discuss benchmarks, and review the Qmentum Program's new requirements and revised norms since the last Accreditation visit. Accreditation Canada's next visit will take place in 2017.



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Boro, Polnicky, Lighter

## BOARD OF GOVERNORS

The Portage Program for Drug Dependencies Inc. is composed of 200 governors who each serve a one-year renewable term. These governors are chosen among the leaders in their field and help bring Portage's message to the community. In 2014-2015, the Board of Governors was composed of:

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Ms. Alice Dolbec	Mr. Marc Lefrançois	Ms. Miriam Roland, M.A., C.C.C.	
Mr. Derek Drummond		Mr. Claude Rouleau	
Mr. Victor M. Drury		Mr. Jean Rouleau	
Mr. Michel Dubé			
Mr. Claude Dubois			

\*New candidates to the Board of Governors  
\*\*Nominee for election to the Board of Trustees

## SENIOR MANAGEMENT COMMITTEE

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**Executive Director**  
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**Director, Administrative Services**  
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**Director, Human Resources**  
Pierre Paquin

**Director, Communications**  
Seychelle Harding

**Director, Property and Material Resources**  
Sylvain Harvey

**Senior Director, Development**  
Colette Taylor

\*These employees were no longer with Portage when this Annual Report went to print.



To the Directors of

**Centre d'accueil le Programme de Portage Inc.  
The Portage Program for Drug Dependencies Inc.  
The Portage Foundation**

The accompanying summarized financial statements comprising the summarized statements of financial position of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation as at March 31, 2015, and the summarized statements of revenue and expenses for the year then ended, are derived from the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year then ended. We expressed an unmodified audit opinion on those financial statements in our reports dated June 17, 2015. Those financial statements and the summarized financial statements do not reflect the effects of events that occurred subsequent to the date of our reports on those financial statements.

The summarized financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summarized financial statements, therefore, is not a substitute for reading the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation.

**Management's Responsibility for the Summarized Financial Statements**

Management is responsible for the preparation of these summarized financial statements in accordance with the following criteria: Issuing summarized financial statements which are consistent with the audited financial statements, into an appropriate level of grouping, in such a way that the financial statements are not misleading in the circumstances without including, the notes to financial statements.

**Auditor's Responsibility**

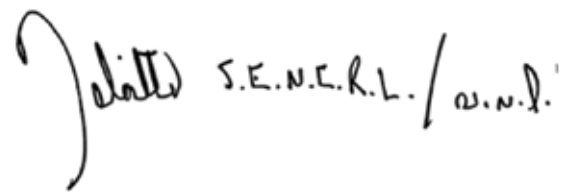
Our responsibility is to express an opinion on these summarized financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard ("CAS") 810, "Engagements to Report on Summary Financial Statements."

**Opinion**

In our opinion, the summarized financial statements derived from the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year ended March 31, 2015, are a fair summary of those financial statements, in accordance with the above criteria.

**Restated Comparative Information**

Without modifying our opinion, we draw attention to the fact that certain comparative information of The Portage Foundation has been restated for the year ended March 31, 2014. This comparative information is presented in Note 2 to the financial statements of The Portage Foundation for the year ended March 31, 2015.



June 23, 2015  
ICPA auditor, CA, public accountancy permit No. A105976

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES	2015	2014
years ended March 31, 2015	\$	\$
<b>REVENUE</b>		
Government programs	11 250 240	10 909 666
Donations from The Portage Foundation	1 552 207	1 914 362
Other	487 167	473 091
	<b>13 289 614</b>	13 297 119
<b>EXPENSES</b>		
Clinical services	8 195 790	8 172 593
Support services	3 993 019	3 832 999
Administration	1 081 039	1 302 575
Bad debts	61 404	—
	<b>13 331 252</b>	13 308 167
Deficiency of revenue over expenses before amortization	(41 438)	(11 048)
Amortization of fixed assets	10 423	11 383
<b>Deficiency of revenue over expenses</b>	<b>(56 061)</b>	(22 431)

SUMMARIZED STATEMENT OF FINANCIAL POSITION	2015	2014
As at March 31, 2015	\$	\$
<b>ASSETS</b>		
Current assets		
Cash	120 583	51 549
Guaranteed investment certificate	1 004 077	855 586
Accounts receivable	1 047 161	977 872
Prepaid expenses	44 326	42 956
	<b>2 216 127</b>	1 927 963
Fixed assets	614 149	693 711
	<b>2 830 276</b>	2 621 674
<b>LIABILITIES</b>		
Current liabilities		
Accounts payable and accrued liabilities	1 792 555	1 293 566
Deferred revenue	421 193	590 380
	<b>2 213 748</b>	1 883 946
Deferred grants related to fixed assets	527 678	596 817
<b>Net assets</b>		
Invested in fixed assets	86 471	96 894
Unrestricted	2 379	44 017
	<b>88 850</b>	140 911
	<b>2 830 276</b>	2 621 674

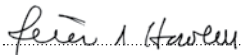
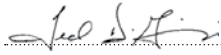
Approved by the Board

 administrator  administrator

<b>SUMMARIZED STATEMENT OF REVENUE AND EXPENSES</b> Year ended March 31, 2015	<b>2015</b> \$	<b>2014</b> \$
<b>REVENUE</b>		
Government programs	6 367 248	5 560 816
Services	1 328 383	1 728 541
Donations from the Foundation	704 572	528 304
Other	1 411	15 625
	<b>8 401 614</b>	<b>7 833 286</b>
<b>EXPENSES</b>		
Clinical services	4 598 234	4 565 221
Support services	1 748 579	1 416 316
Service costs - Programs	1 180 426	1 307 412
Total expenses before the following items	<b>7 527 239</b>	<b>7 288 949</b>
Administration	1 007 895	689 537
Bad debts	58 613	—
Long-term debt interest	5 268	14 556
	<b>8 599 015</b>	<b>7 993 042</b>
Deficiency of revenue over expenses before amortization and discontinued operations	(197 401)	(159 756)
Amortization of fixed assets	17 718	44 601
Deficiency of revenue over expenses before discontinued operations	(215 119)	(204 357)
Deficiency of revenue over expenses related to discontinued operations	(30 629)	(18 285)
<b>Deficiency of revenue over expenses</b>	<b>(245 748)</b>	<b>(222 642)</b>

<b>SUMMARIZED STATEMENT OF FINANCIAL POSITION</b> As at March 31, 2015	<b>2015</b> \$	<b>2014</b> \$
<b>ASSETS</b>		
Current assets		
Cash	619 046	798 751
Guaranteed investment certificates	125 897	452 818
Accounts receivable	768 616	585 201
Prepaid expenses	58 921	65 899
	<b>1 572 480</b>	<b>1 902 669</b>
Fixed assets	180 347	1 018 090
	<b>1 752 827</b>	<b>2 920 759</b>
<b>LIABILITIES</b>		
Current liabilities		
Accounts payable and accrued liabilities	791 183	975 503
Deferred revenue	776 137	639 863
Current portion of long-term debt	—	80 000
	<b>1 567 320</b>	<b>1 695 366</b>
Long-term debt	—	293 333
Deferred grants related to fixed assets	—	69 641
Deferred contributions related to fixed assets	96 356	47 986
	<b>1 663 676</b>	<b>2 106 326</b>
<b>Net assets</b>		
Invested in fixed assets	83 991	527 130
Unrestricted	5 160	287 303
	<b>89 151</b>	<b>814 433</b>
	<b>1 752 827</b>	<b>2 920 759</b>

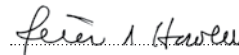
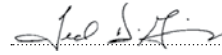
Approved by the Board

 administrator  administrator

<b>SUMMARIZED STATEMENT OF REVENUE AND EXPENSES</b> Year ended March 31, 2014	<b>2015</b> \$	<b>2014</b> \$
<b>REVENUE</b>		
Donations	1 080 219	1 328 813
Rents	1 072 453	943 873
Special events	1 852 077	2 334 829
Investments income	523 789	564 079
Gifts in kind	194 044	101 426
Miscellaneous	16 065	4 300
	<b>4 738 647</b>	<b>5 277 320</b>
<b>EXPENSES</b>		
Donations	2 319 654	2 475 316
Salaries and fringe benefits	488 331	497 346
Other expenses	842 055	709 566
Interest on long-term debt	89 463	109 768
Amortization	456 087	427 987
	<b>4 195 590</b>	<b>4 219 983</b>
<b>Excess (deficiency) of revenue over expenses</b>	<b>543 057</b>	<b>1 057 337</b>

<b>SUMMARIZED STATEMENT OF FINANCIAL POSITION</b> As at March 31, 2015	<b>2015</b> \$	<b>2014</b> \$
<b>ASSETS</b>		
Current assets		
Cash	155 420	336 061
Temporary investments	2 360 476	2 535 499
Accounts receivable	509 386	108 015
Prepaid expenses	14 056	17 199
	<b>3 039 338</b>	<b>2 996 774</b>
Investments	5 099 246	4 521 749
Fixed assets	11 754 781	10 596 859
	<b>19 893 365</b>	<b>18 115 382</b>
<b>LIABILITIES</b>		
Current liabilities		
Accounts payable and accrued liabilities	629 218	132 162
Current portion of long-term debt	327 508	235 801
	<b>956 726</b>	<b>367 963</b>
Long-term debt	2 237 509	2 272 076
Deferred grants related to fixed assets	4 273 139	4 066 623
Deferred donations related to fixed assets	308 947	—
	<b>7 776 321</b>	<b>6 706 662</b>
<b>FUND BALANCES</b>		
Operating Fund	4 051 372	4 000 099
Fixed Assets Fund	4 607 678	4 022 359
Restricted Fund	3 457 994	3 386 262
	<b>12 117 044</b>	<b>11 408 720</b>
	<b>19 893 365</b>	<b>18 115 382</b>

Approved by the Board

 administrator  administrator



# The Portage Resident's Creed:

*I have come here in search of myself.*

*Confused and afraid, I have lived my life in the shadow of drugs.*

*I had rejected all who cared for me and loved me.*

*I had become a stranger to my family.*

*Guilt, lies and hurt became my most intimate companions, drugs and alcohol my most cherished friends.*

*I belonged nowhere and to no one.*

*I felt desperately alone.*

*Here at last, I have found true friends.*

*I no longer need to be the giant of my dreams or the dwarf of my fears.*

*I am allowed to be genuine, to express my emotions.*

*My friends act as a mirror for me, our common quest heals me.*

*The strengths, love and hope that live within me now become beacons for my life.*

*From here I will go forth, whole once more, self-knowing, confident and aware, never to live in the shadows again.*

## Québec

### MONTRÉAL REGION

#### Headquarters

865 Richmond Square  
Montréal, QC H3J 1V8  
T: 514 939-0202  
info@portage.ca

#### Mother and Child Program

c/o Portage Headquarters  
865 Richmond Square  
Montréal, QC H3J 1V8  
T: 514 939-0202  
info\_me@portage.ca

#### Mentally Ill Chemical Abusers Centre (MICA)

2455 Lionel-Groulx Ave  
Montréal, QC H3J 1J6  
T: 514 935-3431  
info\_tstm@portage.ca

#### MIRE

(Mouvement pour l'intégration et la rétention en emploi)  
2187 Larivière Street  
Montréal, QC H2K 1P5  
T: 514 598-7474  
dstonge@projetmire.com

#### West Island Service Center

7, Revcon Ave  
Pointe-Claire, QC H9R 4Z7  
T: 514 694-9894  
info\_adowi@portage.ca

### PRÉVOST

#### Residential Centre for adults

1790, chemin du lac Écho  
Prévost, QC JOR 1T0  
T: 450 224-2944  
info\_mtl@portage.ca

#### Residential centre for francophone and anglophone adolescents

1790, chemin du lac Écho  
Prévost, QC JOR 1T0  
T: 450 224-2944  
info\_adomtl@portage.ca

### QUÉBEC REGION

#### Day Centre

150, rue Saint-Joseph Est  
Québec, QC G1K 3A7  
T: 418 524-0320  
info\_qc@portage.ca

#### Work Training Centre

150, rue Saint-Joseph Est  
Québec, QC G1K 3A7  
T: 418 524-0320  
info\_qc@portage.ca

### SAINT-MALACHIE

#### Residential Centre for adolescents

244, chemin de la Montagne  
Saint-Malachie, QC GOR 3N0  
T: 418 642-2472  
info\_adoqc@portage.ca

## Ontario

### ELORA

#### Residential Centre

6681 Irvine Street  
Elora, ON N0B 1S0  
T: 519 846-0945  
info\_adoon@portage.ca

### TORONTO

#### Portage Ontario

2 Toronto Street, Suite. 500  
Toronto, ON M5C 2B6  
T: 416 531-1333  
ontariofoundation@portage.ca

## Canada Atlantic

### CASSIDY LAKE, NB

#### Residential Centre

1275 Route 865  
Cassidy Lake, NB E4E 5Y6  
T: 506 839-1200  
info\_adoatl@portage.ca

### FREDERICTON, NB

#### Portage Atlantic

390 King Street, Suite211  
Frédéricton, NB E3B 1E3  
T: 506 472-4847  
atlanticfoundation@portage.ca

[portage.ca](http://portage.ca)