



FREEDOM FROM ADDICTION



A word cloud of the word "PORTAGE" in various colors (red, green, blue, orange, yellow, grey) and sizes, arranged in a shape that resembles the outline of the state of Ohio. The word is repeated many times, with some instances being significantly larger than others. The colors used include red, green, blue, orange, yellow, and grey.

ANNUAL REPORT 2013-2014



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The achievements of the past year have occurred in a challenging environment. Most of the regions we are active in were preparing for general elections, and in all regions there was a fast developing all-parties commitment to reduced government spending emphatically directed at the health and social services sectors.

During this period, existing agreements in British Columbia, Ontario, Québec and New Brunswick reached the end of term. In Québec, agreements have been renegotiated or extended. Among them the English-language services agreement remains in force, but arduous effort to find a necessary new location for the Program had not borne fruit at the time of writing.

In Ontario, the renewal of agreements has been relatively straightforward, but in British Columbia and New Brunswick the renewal of agreements has been delayed due to an inability to reach accords on funding levels. In both provinces, extensions to the existing agreements are in place as discussions continue.

The political and financial winds have buffeted the entire Health field. The addiction treatment sector has also had to deal with the influence of medicalization; the increasing tendency towards professionalization and the compression of mental health and addiction often without distinction. These and other themes are being played out by a growing number of committed parties as the Mental Health and Addiction domains take on a greater importance.

The dominant reality of the period however has been the reduction in funding in all areas of health service. Despite this, the case for effective treatment of drug dependant youth has never been stronger. This truth has more traction than ever as the recognition grows that effective treatment brings about meaningful recovery with all its benefits.

We continue our work with confidence, in the knowledge that the Portage team is strong and comprised of dedicated individuals, who have at heart Portage's mission, vision and values. I would like to take this opportunity to extend my heartfelt thanks to them all.

Peter A. Howlett
President

MESSAGE FROM THE EXECUTIVE DIRECTOR

This past year was one of achievement and new developments. The demanding but rewarding process of preparing for the Accreditation Canada review met with great success as Portage was granted accreditation with exemplary standing. We are proud of this achievement and grateful to the staff who worked so hard to achieve this recognition.

Portage is not an organisation to live off of its past glory. We are constantly striving to hone our programs and broaden our impact.

In Atlantic Canada, we have increased our available spaces from 36 to 48, thus enabling more youth to receive treatment. These 12 additional spaces are for youth in open custody and provide a positive, therapeutic alternative for these kids in need of help.

In Québec, we re-established our Montréal day-treatment program for adults in order to reduce ever-increasing waiting lists for treatment.

In Ontario, we continue to play an active role in the Integration Health Service Plan of the Waterloo Wellington Local Health Integration Network (WWLHIN), which will enable us to increase our admissions capacity in the province.

In British Columbia, we have become a province-wide resource and can now offer our services to the youth of the entire province. We are very excited about this new partnership with the Provincial Health Services Authority (PHSA).

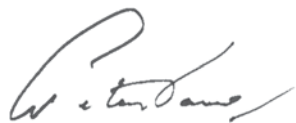
Our re-entry, aftercare and family services continue to expand throughout all our programs across the country.

Our treatment delivery process has been further enhanced by our organisation's widespread use of the Global Appraisal of Individual Needs (GAIN) tool for assessment and treatment planning and monitoring of client progress during therapy.

Our staff development programs have also continued unabated. The first year of the certificate program offered by the University of Sherbrooke at lac Écho has been a great success. Most of our staff have completed their initial year of studies with outstanding results and all look forward to the start of the new school year.

Looking ahead, there are many challenges on the horizon. These include expanding our Inuit Project and further developing our aftercare and family services.

We look forward to these endeavours and to the coming year with confidence and enthusiasm.



Peter A. Vamos
Executive Director



Our Mission

Portage fosters the strengths and skills of substance-dependent persons to enable them, through comprehensive and cost-effective interventions based on the therapeutic community approach, to live lives of sobriety, filled with dignity, self-respect, and accomplishment.

Our Vision

Portage will develop its unique, positive psychology-based therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management, and community development in collaboration with other providers in a continuum of services.

Our Values

- Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity, and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual's internal resources fostered by the stimulating and enriching influence of a favourable environment.
- Portage believes in being expressly client-centered, emphasising the security of the client and delivering quality services with financial and management discipline.
- Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

IMPORTANT DATES IN THE HISTORY OF PORTAGE

- 1973**
Opening of a treatment centre for adults in Prévost (**Québec**)
- 1975**
Opening of a metropolitan day centre and a head office in Montréal (**Québec**)
- 1983**
Opening of a day centre in Québec City (**Québec**)
- 1985**
Opening of a residential centre for adolescents in Elora (**Ontario**)
Opening of a centre in Toronto (**Ontario**)
- 1991**
Inauguration of a residential program for adolescents in Prévost (**Québec**)
- 1995**
Inauguration of the residential centre for Mentally Ill Chemical Abusers (MICA) (**Québec**)
- 1996**
Inauguration of the Mother and Child Program in Montréal (**Québec**)
Opening of an office in Fredericton (**New Brunswick**)
Opening of a residential centre for youth at Cassidy Lake (**New Brunswick**)
- 1999**
Opening of a residential centre for adolescents in Saint-Damien-de-Buckland (**Québec**)
- 2001**
Opening of a residential centre for English-speaking adolescents in Beaconsfield (**Québec**)
- 2002**
Inauguration of the MIRE Program (Movement for Integration and Retention in Employment) in Montréal (**Québec**)
- 2007**
Opening of the new residential centre for Mentally Ill Chemical Abusers (MICA) in Montréal (**Québec**)
Opening of the new residential centre for the Mother and Child Program in Montréal (**Québec**)
- 2009**
Opening of a new residential centre for adolescents in Keremeos (**British Columbia**)
Relocation of the Saint-Damien-de-Buckland residential centre to Saint-Malachie (**Québec**)
- 2010**
Closing of the day centre in Montréal (**Québec**)
- 2012**
Official opening of a new residential centre for adolescents in Saint-Malachie (**Québec**)
- 2013**
Reopening of the day centre in Montréal

PROGRAMS AND SERVICES

FOUNDED IN 1970, PORTAGE OPERATES SUBSTANCE ABUSE REHABILITATION CENTRES IN QUÉBEC, ONTARIO, NEW BRUNSWICK, AND BRITISH COLUMBIA. THE ORGANISATION'S REPUTATION HAS GROWN INTERNATIONALLY WITH THE ESTABLISHMENT OF PROGRAMS IN FIFTEEN COUNTRIES AND THE TRAINING OF COUNSELLORS IN NEARLY TWENTY-FIVE CORRECTIONAL AND SOCIAL SERVICE OFFICES.



RESIDENTIAL PROGRAM FOR ADULTS

Since 1973, Portage has offered this residential program to help substance-dependent men and women achieve personal growth and lead drug-free lives. Upon their arrival, an individual treatment plan is developed based on their needs. Clients also have the possibility of completing their high school education.

RESIDENTIAL PROGRAM FOR ADOLESCENTS

Portage has three rehabilitation centres for adolescents in Québec: in Prévost, in Beaconsfield, and in Saint-Malachie. It also operates adolescent treatment centres in Elora, Ontario, in Cassidy Lake, New Brunswick, and, in Keremeos, British Columbia. All of these centres provide mandatory on-board schooling that is recognised by the local school boards and adapted to the needs of the clients.

MOTHER AND CHILD PROGRAM

This program provides residential treatment to substance-dependent pregnant women and mothers accompanied by their children. The program supports the family unit and allows mothers to work on improving their bond with their child, while in therapy. In addition, the children receive support from childhood educators and special-education teachers. After completion of the residential program, clients have access to supervised housing.

PROGRAM FOR MENTALLY ILL CHEMICAL ABUSERS (MICA)

Based on the principles of the therapeutic community, this program is intended for people suffering from both mental illness, primarily schizophrenia, and substance abuse. After completing the residential program, clients have access to supervised housing.

PROGRAMS AND SERVICES

EVALUATION SERVICE IN MONTRÉAL

Portage operates an admission service for adults in Montréal. This service provides information to those who would like to find out more about Portage's programs and services. The creation of files and the evaluation of candidates are performed by counsellors.

MONTRÉAL DAY CENTRE

Since October 2013, adults who plan to participate in a residential rehabilitation program at the Portage lac Écho centre, take part in a preparatory phase that includes support services at the Montréal Day centre. The centre welcomes clients three days a week and offers group meetings, workshops and individual support.



EXTERNAL PROGRAM IN QUÉBEC CITY

For over 30 years, Portage-Québec has been offering external rehabilitation services to men and women who wish to put an end to their consumption of drugs or alcohol. Over a period of 3 to 4 months, the proposed program is designed to develop essential skills for personal growth and a lifestyle without drugs. Assessment, counselling, after-care support and family support are also offered.

Funded by the Bureau d'aide aux victimes d'actes criminels and in collaboration with the University of Sherbrooke, Portage offers an innovative program to clients who also present traumatic symptoms related to physical, psychological or sexual abuse. A research project is currently underway in order to evaluate the implementation process of the program.

As part of another project, funded by the Canadian Justice Department, a research is currently underway to better understand the link between drug addiction and delinquency and ultimately to find means of improving our service offering.

REINTEGRATION PROGRAMS AND POST-RESIDENTIAL FOLLOW-UP

Portage's reintegration and after-care follow-up programs are designed to assist users in applying the skills they learned during residential therapy. These programs provide critical support during the very vulnerable reintegration period. Being able to resist negative influences, coping with the stress of daily life and having the required discipline represents quite a challenge for candidates in the reintegration program. At this stage, Portage supports users by providing services outside of its facilities, through peer-support groups and individual help. Here are a few examples of reintegration programs at Portage:

- Since 1987, Portage Québec City's Job training centre has provided, free of charge, an external socio-professional reintegration program for persons who have freed themselves from their addiction to drugs, alcohol or gambling, and who want to return to being active members of society.
- In Montréal, the MIRE program (Mouvement pour l'intégration et la rétention en emploi) celebrated its 10th anniversary in 2012. This program helps adults experiencing social exclusion, poverty and other difficulties to integrate or reintegrate the job market.

PROGRAMS AND SERVICES

A CONTINUUM OF CARE

From this point on, Portage offers individualised follow-up to any person who has received treatment at one of its centres. Through telephone calls or individual meetings allowing each person's needs to be evaluated, Portage is committed to remaining in contact with clients for a period of two years to offer them the support necessary for their rehabilitation.

FAMILY SERVICES

Services for participants' families are an integral part of treatment at Portage.

Group and individual meetings help relatives to understand and manage the problems that arise when a family member suffers from substance abuse. For adolescent programs, Portage provides joint group meetings with family members and clients, to help them prepare for reintegration into the community. In this way, the family becomes an even greater source of support in the rehabilitation process.



A PROGRAM FOCUSED ON SKILLS

Portage's program is focused on acquiring 21 skills that help develop the confidence needed to stay sober and actively reintegrate society. Knowing how to express oneself appropriately, participate actively, show empathy, help solve conflicts, acquire a high level of teamwork skills, know how to ask for help, and have realistic goals are just some examples of the skills residents develop at Portage and master by the end of their stay.

GENDER-SPECIFICITY OF PROGRAMS

Portage continues to develop and offer gender-specific programs for users, in all of its residential rehabilitation centres. A preliminary study and many surveys show that users appreciate these programs tailored to gender, which may have helped increase the retention rate among women and men.

ACCREDITATION

IN DECEMBER 2013, PORTAGE WAS AWARDED ACCREDITATION WITH EXEMPLARY STANDING.

WHAT EXACTLY IS ACCREDITATION?

Accreditation is the recognition by a qualified external authority that an institution meets quality criteria.

To determine our level of compliance with the criteria, a team of five surveyors visited all Portage centres. Their assessment was based on:

- interviews with users, as well as staff, management and board members;
- a review of our policies and procedures;
- an observation of our practices.

Assessment criteria included leadership, governance, substance abuse services, medication management and infection prevention and control.

Preparations began a full year prior to the visit and mobilized a large number of staff members, whether to answer the surveys required by Accreditation Canada; implement action plans to ensure our compliance with standards and disseminate the data and information needed for these action plans; ensure the uniformity of our practices; review some of our policies in light of compliance standards; and produce and disseminate newsletters about accreditation to the entire staff.

ACCREDITATION IS JUST THE BEGINNING

The accreditation process doesn't end with the delivery of an accreditation certificate. It is part of a constant and concrete quest for quality improvement and an active consideration of service quality and user safety. In this perspective, since the start of 2014, we have participated in Accreditation Canada's national online consultations on topics such as:

- new standards on excellence in services;
- updated required organizational practices;
- updated standards on governance and leadership.

This exercise has allowed us not only to comment on standards which we must meet as an accredited organization, but also to further reflect on our services, namely in terms of efficiency, accessibility and safety.



PORTAGE IN QUÉBEC



PORTAGE CELEBRATES THE 10TH EDITION OF THE SOIRÉE DES GRANDS PHILANTHROPES

The 2013 *Soirée des Grands Philanthropes* held in honour of Paul Desmarais, Jr. was the most successful event yet. Thanks to the generous contributions of sponsors, businesses and individuals committed to Portage's humanitarian mission, a record net amount of \$1,333,000 was donated to the organisation. Over 700 guests attended the event. Portage would like to thank the co-chairs of the evening, Michèle Thibodeau-DeGuire, Chair, École Polytechnique de Montréal, and Jean C. Monty, Chair, Libermont Foundation, and all members of the honorary committee: Pierre Boivin, André Chagnon, Marcel Côté, Peter A. Howlett, François Olivier, Claude Paquin, John A. Rae, Colette Taylor, Louis Vachon and Jonathan Wener.



From left to right: Marcel Côté, Economist, François Olivier, President and CEO, TC Transcontinental, Colette Taylor, Senior Director of Development, Portage, André Chagnon, Vice-President, Portage and Chair and CEO, Lucie and André Chagnon Foundation, John A. Rae, Executive Vice-President, President's Office, Executive Committee, Power Corporation of Canada, Henri-Paul Rousseau, Vice-Chair, Power Corporation of Canada, Jean C. Monty, Chair, Libermont Foundation and co-chair of the evening, Michèle Thibodeau-DeGuire, Chair, École Polytechnique de Montréal and co-chair of the evening, Paul Desmarais, Jr., Chair and Co-CEO, Power Corporation of Canada, Jonathan Wener, President and CEO, Canderel, Murray Taylor, President and CEO, Investors Group, Claude Paquin, President, Investors Group, Quebec, Peter A. Howlett, President, Portage.

Philanthropists of the past decade from left to right: Michael Sabia, President and CEO, Caisse de dépôt et placement du Québec, Alban D'Amours, President and CEO, Desjardins Group from 2000 to 2008, Paul Desmarais, Jr., Chair and Co-Chief Executive Officer, Power Corporation of Canada, Lino Saputo, Chair, Saputo, Raymond Royer, Former President and CEO, Domtar Inc., André Chagnon, Vice-President, Portage and Chair and CEO, Lucie and André Chagnon Foundation, Isabelle Marcoux, Chair, TC Transcontinental representing her father, Rémi Marcoux, Laurent Beaudoin, Chair, Bombardier, Serge Godin, Founder and Executive Chair CGI.

PORTAGE GOLF TOURNAMENTS

Montréal

On June 10, 2013, Portage held the 16th edition of its annual Golf Tournament at Club Laval-sur-le-Lac. Members of the business community gathered for the occasion to highlight their support for our organisation. The golf tournament, which is always a great success, raised the net sum of \$120,000, to be allocated to residential centres for adolescents in Prévost and Beaconsfield. Since its inception, the Portage Golf Tournament has raised more than 1.5 million dollars.

Portage would like to thank the tournament's sponsors, the members of the organising committee, and all the participants.



From left to right: Luc Villeneuve, President, Deloitte, and President of the annual campaign; Chantal Dion, Investment Advisor, International Wealth Management, RBC Royal Bank; Josée Comtois, Private Banking, RBC Royal Bank; Tony Loffreda, Regional Vice-President, Commercial Financial Services, Western Quebec, RBC Royal Bank and tournament honorary president; Peter A. Howlett, President, Portage; Colette Taylor, Senior Director of Development, Portage; Luc Bisailon, Vice-President, Commercial Financial Services, RBC Royal Bank and tournament president; Martin Bachant, Vice-President and General Manager, Quebec Region, Xerox Canada Ltd; Lyne Rouleau, Manager of the auction and Giuseppe Ferraro, Partner, Deloitte.

Québec City

The 19th edition of the Portage Golf Tournament was held on June 3 at the Club de golf de Beauce, in Sainte-Marie. The event, under the presidency of Denis Berthiaume, Senior Vice-President and General Manager, Wealth Management and Life and Health Insurance, Desjardins Group, raised a net total of \$63,500. Since its first edition, this event has raised more than \$800,000 for Portage centres in the Québec City region.

Portage extends its thanks to the participants, sponsors, generous donors, the organising committee and volunteers who contributed to the success of the event.

PORTAGE PROUDLY CELEBRATES THE SUCCESS OF ITS REBUILDING LIVES CAPITAL CAMPAIGN

The Rebuilding Lives Capital Campaign was officially brought to a close on May 14, 2014 at Portage Saint-Malachie in the presence of the campaign's two co-chairs, Michel Dallaire, President and CEO, Cominar Real Estate Investment Trust, and Mario Cusson, President and Chief Operating Officer, L'Unique General Insurance, as well as members of the campaign committee. Sponsors, residents and staff members were also present. Together, they celebrated the end of the three-year, \$3.2 million campaign for the renovation, expansion and improvement of the facility's infrastructure.

The Saint-Malachie residential centre houses 40 boys and girls aged 14 to 18 who are struggling with substance abuse problems. The program welcomes youth from Eastern Québec, particularly the Québec City and Chaudière-Appalaches regions. The centre's expansion was necessary in order to meet the growing demand for Portage's services and to provide a suitable environment for a rehabilitation centre.

Portage is grateful to have had the support of many donors since its founding in 1973. For this campaign in particular, Portage would like to recognize the exceptional donations made by Bell, the Molson Foundation, Cominar Real Estate Investment Trust, Desjardins, Jean Rouleau Communication, La Capitale Financial Group, Telus, Industrial Alliance Insurance and Financial Services, the Sisters of Charity of Québec, the Sisters of St. Francis of Assisi, the R. Howard Webster Foundation and the Fondation Carmand Normand.



From left to right: Réal Moffet, Governor, Portage; André Roy, President, PMT ROY; Colette M. Taylor, Senior Director, Development, Portage; Mario Cusson, President and Chief Operating Officer, L'Unique General Insurance and Campaign Co-Chair; Michel Dallaire, President and CEO, Cominar Real Estate Investment Trust and Campaign Co-Chair; Richard Legault, President, Industrial Alliance, Securities Inc.; Ginette Roberge, Québec City-Charlesbourg Rotary Club (representing André Dumont); Pierre-Yves Ménard, Associate Counsel, Morency, Law Firm; Denise D'Amours, Governor, Portage (representing Alban D'Amours); Pierre Fleury, President, Québec City-Charlesbourg Rotary Club.

Builders

(\$250,000 and more)

**Fondation Lucie et André Chagnon
Power Corporation du Canada**

Ambassadors

(\$50,000 to \$149,999)

American Iron & Metal LP
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Bell Canada
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Fondation J. A. DeSève
Fondation Libermont (La)
Fondation Marcelle et Jean Coutu
Fondation Molson
Fonds de placement immobilier Cominar
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Saputo Inc.
TC Transcontinental

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Hydro-Québec
IBM Canada Ltée
Kaufmann de Suisse
La Capitale Groupe financier
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Mouvement Desjardins
Productions Feeling Inc.
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TELUS Corporation
The George Hogg Family Foundation
Valeurs mobilières TD inc.
Woods s.e.n.c.r.l.

Benefactors

(\$5,000 to \$9,999)

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Ameublements Tanguay
Cascades Canada inc.
Cirque du Soleil
Cossette Communication inc.
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Friends

(\$1,000 to \$4,999)

Acier AGF inc.
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AIM Québec
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Bombardier Transport

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Chaudière et Etchemin
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Groupe Régis Côté Inc.
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Highwater Foundation (The)
Howlett, Peter A.
Hylcan Foundation (The)

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**PORTAGE WOULD ALSO
LIKE TO THANK THE MANY
DONORS WHOSE NAMES DO
NOT APPEAR ON THIS LIST.**



PORTAGE ATLANTIC



The Cassidy Lake rehabilitation centre can accommodate 64 youth and continues to grow in order to meet the needs of its clientele and the Atlantic Canada region. The celebrations, events and activities listed below offer but a glimpse of the hustle and bustle of everyday life at the centre.

CELEBRATIONS

Volunteer Reception

Portage Atlantic knows the immeasurable worth of our volunteers and we give thanks for their contribution every chance we get. In April, during National Volunteer Week, Portage Atlantic honoured volunteers whose efforts have made the centre at Cassidy Lake the place of hope and healing it is today. Staff members, youth and volunteers gathered together on-site for a special reception to celebrate the organisation's extraordinary supporters. Investors Group of Saint John sponsored the event and provided lunch for over 80 guests.

Recognition

The 17th annual Portage Atlantic Recognition Ceremony took place this September, with the theme "Life does not get better by chance, it gets better by change". Family members, staff, peers and the community at large celebrated the courage of 45 youth who took difficult steps and worked hard to change their lives. RCMP Inspector Rick Shaw provided an inspirational address to the program graduates about the long-term impact that one person can have on countless others, and encouraged them to continue making positive changes for a brighter future.

EVENTS AND ACTIVITIES

Official opening of the Recovery Trail

After three years of planning, developing, and fundraising, Portage Atlantic was proud to host board members and donors for the official opening of the Recovery Trail in November 2013. Guests walked a portion of the 3.8 km trail and gathered for a small ceremony at the newly constructed forest cabin. Residents spoke of what it means to them to have a quiet and safe place on-site where they can get fresh air and exercise. In partnership with the Future Focus Foundation, a charitable organisation founded by T4G Limited, Portage Atlantic raised \$60,000 in cash and in-kind donations for the project.



National Addiction Awareness Week

If you ask a child what they dream of becoming, you can count on exciting answers like fire fighter, rock star and astronaut. No child dreams of becoming an addict.

This was the theme of Portage Atlantic's new online fundraising campaign which raised over \$10,000 and ran during National Addiction Awareness Week, an event that highlights issues and solutions relating to alcohol and addiction-related problems.

Floodstock

The 13th Annual Floodstock Music Festival took place in August of 2013 in Evandale, New Brunswick, raising funds for Portage Atlantic programs and services. Many people came out for a great afternoon of music, food, fireworks, and family fun in support of this worthy cause.

Christmas at Cassidy Lake

In December 2013, Portage Atlantic youth, staff, board members and Lions Club members gathered at Cassidy Lake for the Annual Lions Christmas Party. The tone of the event was one of happiness and cheer, and it was clear that the residents were

extremely grateful for the generous gifts, as well as the presence and ongoing support of the Lions Club members. Lions Clubs in District N1, covering NB and PE, collect individual Christmas wish lists from residents at Cassidy Lake and each year bring the magic of Santa to the centre as a gesture of encouragement and kindness during what can be an especially difficult time of year.

Skilled Trades Training Program

The centre organises activities and programming that can help the youth in treatment plan for their schooling and career. The New Brunswick Post-Secondary Education, Training, and Labour Department implemented a program in 2013 that provides youth in treatment with hands-on training in seven skilled trades. Thanks to in-kind contributions from several Apprenticeship and Occupational Certification partners, resident youth received donated materials including workboots and tools.

Donors:

LEADERS (\$25,000-\$49,999)

Bursary Anonymous Donation

PARTNERS (\$10,000-\$24,999)

McKesson Foundation
Nashwaaksis Lions Club Inc.
UPS Foundation

BENEFACTORS (\$5,000-\$9,999)

Atlantic Lottery Corporation
Future Focus Foundation
Lockhart Foundation
MacMurray Foundation
McKenna Family Fund
United Commercial Travellers (Jack Kidd Council 755)

FRIENDS (\$1,000-\$4,999)

Bliss, Mr. and Mrs. John
Bourgeois, Mr. and Mrs. Jean-Robert
Dobbelsteyn Signs
Evans, Mr. and Mrs. Ronald
Fredericton Community Foundation
Haley, Dr. George
Howlett, Peter A.
Humphrey Lewisville Sunnybrae Lions Club
Investors Group Saint John
Kennebecasis Lions Club
Kinsmen Club of the Miramichi
Martell, Dan
McCarthy, Mr. and Mrs. Peter
Middleton, Mr. and Mrs. David
New Maryland Lions Club
Riverview Lions Club
Shoppers Drug Mart Life Foundation
Sisters of Charity of the Immaculate Conception
Smithy Creative Group
Thebeau, Michel
United Commercial Travellers (Fredericton Council 746)

**PORTAGE ATLANTIC WOULD ALSO LIKE TO
THANK THE MANY DONORS WHOSE NAMES DO
NOT APPEAR ON THIS LIST.**

PORTAGE ONTARIO



THE PORTAGE ONTARIO ANNUAL CAMPAIGN

Portage Ontario is grateful to have the support of many community partners who enable us to pursue our mission and make a positive difference in the lives of youth and their families.

Thanks to the generosity of individuals, foundations and corporations, and the exceptional leadership provided by the Ontario Board and Campaign Committee, the Portage Ontario Foundation was once again able to support the following programs:

The Portage Ontario Youth Treatment Fund helps cover the incremental cost of providing extra treatment beds for youth deemed most at-risk if treatment is delayed. The fund is used to cover the cost of additional staff, food, and incidentals for the extra clients. Thanks to this fund, approximately 12 additional youth, and their families, received the support they needed to change their lives at Portage this past year.

The Family and Continuing Care Program helps Portage Elora residents reintegrate into their homes and communities by providing 18 months of continuing care following completion of the residential program. Last year, this program was expanded to support graduates by providing bi-weekly **Aftercare Support Group Sessions** in the Toronto, Guelph, and London areas. Graduates get together to discuss how they are doing and to work through any issues that have come up since leaving treatment.

The Portage-Outward Bound Program continues to promote personal growth by challenging youth to push beyond their previously conceived limits and test newly learned life-skills in different and challenging settings. This past year residents had the opportunity to participate in seven different extended wilderness expeditions. Youth also had the opportunity to go on numerous day trips to try rock climbing, canoeing, hiking and dogsledding.



EVENTS AND ACTIVITIES

Recovery Day 2013

Together with other health and addiction rehabilitation organisations from across the country, Portage celebrated Canada's second annual Recovery Day on September 8, 2013. This event encourages recovered addicts to speak openly about the change they have made in their lives, while highlighting the importance of addiction rehabilitation treatment and inspiring people to seek the help they need to take control of their lives. Portage Ontario staff members and graduates attended Recovery Day rallies in Ottawa and Toronto.

Fresh Start Dinner and Auction 2013

Over 200 guests gathered for the seventh annual Fresh Start Dinner & Auction on October 22, 2013. This year's event was held at the Boulevard Club and was hosted by CTV's former News at Six anchor, Christine Bentley. Through generous donations and auction purchases, the event raised more than \$135,000. To date, this event has raised over \$725,000 in support of the Portage Ontario Youth Treatment Fund!

Cornerstone 52 ABBAmania

On March 28, 2014, Portage supporters joined in for an evening of music and dancing at Roy Thomson Hall. The Cornerstone 52 Foundation presented another successful Classic Albums Live Concert featuring the music of Abba and the Bee Gees, and thanks to a generous matching program, the evening raised more than \$20,000 for Portage Ontario.

Donors:

AMBASSADORS (\$50,000- \$149,999)

Cornerstone 52 Foundation

LEADERS (\$25,000-\$49,999)

The Giving Tree Foundation
The Ontario Trillium Foundation

PARTNERS (\$10,000-\$24,999)

Addison, Clarke A. & Jennifer Hughes
AstraZeneca Canada Inc.
Bank of Montreal
CIBC
Craig, John H.
MacDougall, Bart
MacDougall, MacDougall & MacTier Inc.
TD Bank Group

BENEFACTORS (\$5,000-\$9,999)

Addison Chevrolet Buick
Davies, Steven
Evald Torokvei Foundation
Jones, Robert
MacMurray Foundation Inc.
Mary Ellen Timmins Family
Middlefield Group
Morneau Shepell Ltd.
Plaxton, Barbara
PwC Management Services
Raghurai, Racica Anne
Ronald A. Chisholm Limited
Scepter
Shevlen, Jane & Colin
Toronto Star Fresh Air Fund

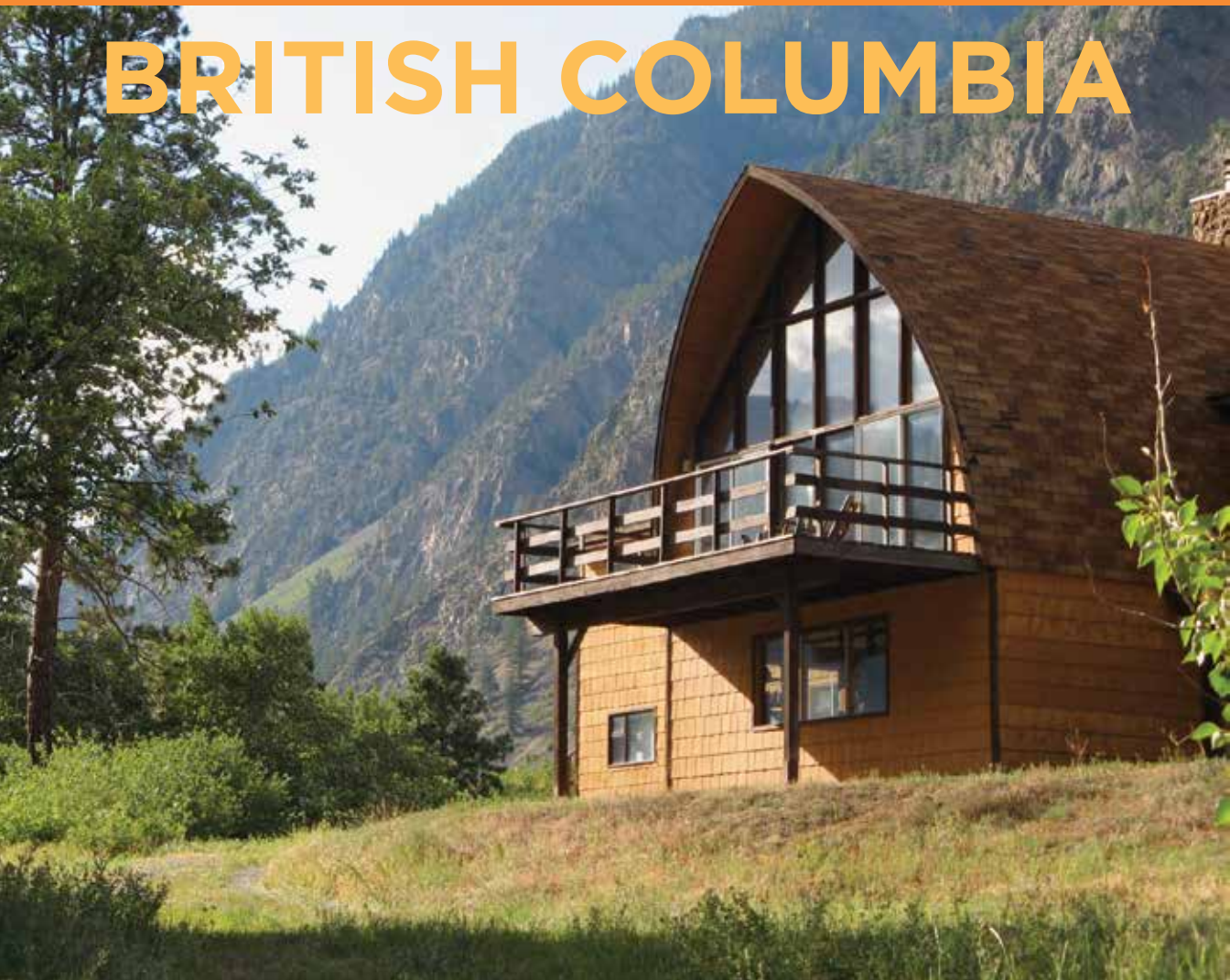
FRIENDS (\$1,000-\$4,999)

Baillie, Fraser
Barcados, Alex & Theresa
Bay Bloor Radio
Blunt, Jennifer & Robert
Cameron, Bruce F.
Cape, J. Christopher
Chamberlain, Nancy A.
Da Costa, Rhiannon
Demeneghi, Elvio
Dulny, Christopher
Everest Management Network Inc.
Firth, J. Roy
Gasparotto, Piera
Gillin, Peter & Dianne
Guelph & District Association of Realtors
Harrison, Brian
Houlden, Brent M.W.
Howlett, Michael
Howlett, Peter A.
Humberview Group
Jewelers Mutual Insurance
Lloyd, Stephen J. & Ginette L. Charette
Lormel, Homes
McCutcheon, Craig & Elizabeth
Mulqueen, Pat
Mitchnick, Morton G.
Neysmith, Brian
Robinson, Gary D.
Ruttan, Susie & Rob
Ryley, Jeffrey F.
Schmid, Lauren
Sousa, Lucy
Stairs, Harriet
Standish, Mathew & Jill
T W Gilchrist Vending LT.
The Guelph Community Foundation
The Howitt / Dunbar Foundation
Usher-Jones, Mary
Veale, David & Jill
Wallace, Mina & Mitchell Sain

**PORTAGE ONTARIO WOULD ALSO LIKE TO
THANK THE MANY DONORS WHOSE NAMES DO
NOT APPEAR ON THIS LIST.**

PORTAGE

BRITISH COLUMBIA



Portage British Columbia provides a live-away substance abuse treatment program for youths aged 14 to 18. Portage BC was established in 2009 and is the first treatment centre of its kind in British Columbia.

Located a few kilometres from Keremeos on a 58-acre property known as The Crossing, the centre's natural setting is therapeutic in itself.

Portage British Columbia is grateful for its devoted volunteers and donors, who generously contribute their time, energy, and financial support.

PORTAGE BC FOUNDATION

Portage BC's substance abuse treatment program for youth is financed in part by the Portage BC Foundation, which raises funds by way of private donations. The Portage BC Foundation is currently fundraising to provide aftercare services in a Vancouver location and outdoor activities for the youth at Portage BC.

EVENTS AND ACTIVITIES

Celebrating Recognition Day

Every year, BC youths from all over the province arrive at Portage BC to celebrate the successful completion of their treatment program and the positive lifestyle they have been living ever since. On October 6, 2013, 27 youth who graduated in the current year, and 17 graduates from previous years, came to celebrate with family members, Portage staff members and the community.

Katie, one of the graduates who spoke at the ceremony said, "Because of what I learned at Portage, I was able to let go of unhealthy relationships and negative influences in my life, and replace them with healthy relationships, and positive influences. Throughout my journey at Portage I became more confident and aware of my own feelings. I gained my voice here."

Serving Youth from Across British Columbia

In Spring 2013, the Government of British Columbia and the Provincial Health Services Authority (PHSA) decided that Portage BC would better serve the youth of British Columbia if Portage were to become a province-wide service allowing each of BC's five regional health authorities to access Portage's services.

The regional health authorities will continue to offer pre-admission and aftercare services for youth, as well as community support for the youth that attend the Portage program.

One of the biggest and most positive changes is that youth, families, and community service providers will be able to access the program directly. This means that families can either contact Portage BC directly and receive a Referral Package that they can complete with their community youth worker or service provider, or go through their health authority for admission.

"People who come through this program really do change, so set goals for yourself throughout it. No one can stop you to reach your goals, so dream big, live large, and have a huge heart."

— Sonny, Portage BC Youth

Providing Care

Trauma can be thought of as experiences that overwhelm an individual's capacity to cope. Many of the youth in treatment at Portage have endured enough trauma to last a lifetime.

At Portage, this trauma is treated at the core level, as it is often what led the youth to substance abuse in the first place.

Over the last year, Portage BC has been working to develop a Trauma-Informed Care staff training program, with the support and encouragement of Interior Health and the Provincial Health Services Authority (PHSA). The core principles of Trauma-Informed Care are trauma awareness, safety and trustworthiness, choice and collaboration, and the building of strength and competencies in order to develop resiliency and coping skills.

Partnering with Community Aftercare Services

Portage BC works with community service organisations to ensure that youth in treatment stay connected with their community throughout their stay.

In addition to the support they receive from the therapeutic community, youth also need a solid local support network once they have completed the program. Portage has therefore started to bring together groups of community organisations to discuss the needs of youth transitioning from Portage back into their community, in order to establish and implement diverse and comprehensive aftercare services. Depending on the youth, these might include First Nations programming, family counseling, employment counseling, or other services.

Donors:

BUILDERS (\$250,000 and more)
The Peter Cundill Foundation

BENEFACTORS (\$5,000-\$9,999)
Canadian Mental Health Association, B.C. Division

FRIENDS (\$1,000-\$4,999)
Byler, Robert C.
Fraternal Order of Eagles 4281 Penticton Aerie
Ruttan, Robert & Susan

PORTAGE BC WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.

RESEARCH

RESEARCH AND EVALUATION

Portage has always felt that it is its responsibility to maintain high standards not only by engaging in best practices, but by constantly monitoring treatment impacts and outcomes and making necessary adjustments. In this manner, Portage strives to ensure that its programs respond to the needs of its clients.

In Canada, Portage is a pioneer in the widespread use of the Global Assessment of Individual Needs (GAIN) tool, which it uses to establish a database to monitor client progress.

Since Portage's inception, large-scale research projects and surveys have been undertaken both by university researchers and the Portage Research Department. These studies indicate that Portage's therapeutic interventions have undeniable effects that result in the cessation or reduction of drug abuse and in crime reduction.

During the past year, the Portage Research Department focused mainly on the following projects:

- A study by the firm SOGÉMAP, which aims to assess the effects of the Portage program on substance-abusing mothers and their children.

- An assessment of the effects of therapeutic interventions on the development of 21 skills during the residential phase of treatment, using the Portage Acquired Skills Scale (PASS).
- An assessment of the long-term effects of treatment once clients leave Portage.
- An assessment of client satisfaction with respect to the services offered by Portage, conducted in conjunction with the Quality Control Department. Results are produced bi-annually.
- Participation in a multi-agency study in order to develop an instrument to measure client satisfaction.

Over the next year, Portage will continue its broad spectrum process and outcome evaluation. The Portage Research Department will also continue its assessment projects and consolidate its survey tools/instruments. A report on the SOGÉMAP study is being prepared and will present the results for the cohort of substance-abusing mothers and their children who participated in the Portage Mother and Child Program between 2009 and 2013.



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Director, Communications
Seychelle Harding

Director, Property and Material Resources
Sylvain Harvey

Senior Director, Development
Colette Taylor

BOARD

BOARD OF GOVERNORS

The Portage Program for Drug Dependencies Inc. is composed of 200 governors who each serve a one-year renewable term. These governors are chosen among the leaders in their field and help bring Portage's message to the community. In 2013-2014, the Board of Governors was composed of:

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Mr. Frank Anderson FCA	Monsieur Victor M. Drury	Monsieur Marc Lefrançois	Monsieur Jean Rouleau
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Mr. Gilles Baril	Monsieur Claude Dubois	Mr. George Francis Lengvari	Monsieur Michel Rouleau
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Monsieur Ted Di Giorgio	Monsieur Michel Lavigne	Monsieur Richard J. Renaud	
Monsieur Michael DiGrappa	Mr. Ralph Lean, Q.C.	Mr. Robert J. Ritchie	
	Mr. John L. Leathley, Q.C.	Monsieur Émile Robichaud	
	Mrs. Lulu Leathley	Monsieur Luigi Rocca	
	Me Claude Le Corre	Mrs. Pat Rogers	

REPORT

INDEPENDENT AUDITOR'S REPORT

To the Directors of
Centre d'accueil Le Programme de Portage Inc.
The Portage Program for Drug Dependencies Inc.
The Portage Foundation

The accompanying summarized financial statements comprising the summarized statements of financial position of Centre d'accueil Le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation as at March 31, 2014, and the summarized statements of revenue and expenses for the year then ended, are derived from the audited financial statements of Centre d'accueil Le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year then ended. We expressed an unmodified audit opinion on those financial statements in our reports dated June 18, 2014. Those financial statements and the summarized financial statements do not reflect the effects of events that occurred subsequent to the date of our reports on those financial statements.

The summarized financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summarized financial statements, therefore, is not a substitute for reading the audited financial statements of Centre d'accueil Le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation.

Management's Responsibility for the Summarized Financial Statements

Management is responsible for the preparation of these summarized financial statements in accordance with the following criteria: Issuing summarized financial statements which are consistent with the audited financial statements, into an appropriate level of grouping, in such a way that the financial statements are not misleading in the circumstances without including, the notes to financial statements.

Auditor's Responsibility

Our responsibility is to express an opinion on these summarized financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard ("CAS") 810, "Engagements to Report on Summary Financial Statements".

Opinion

In our opinion, the summarized financial statements derived from the audited financial statements of Centre d'accueil Le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year ended March 31, 2014, are a fair summary of those financial statements, in accordance with the above criteria.



June 18, 2014

¹CPA auditor, CA, public accountancy permit No. A105976

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES years ended March 31, 2014	2014 \$	2013 \$
REVENUE		
Government programs	10 909 666	9 616 336
Donations from La Fondation Portage	1 914 362	1 485 032
Contribution from Fondation Lucie et André Chagnon	—	1 243 306
Other	473 091	358 863
	13 297 119	12 703 537
EXPENSES		
Clinical services	8 172 593	7 630 388
Support services	3 832 999	3 796 984
Administration	1 302 575	1 270 643
	13 308 167	12 698 015
(Deficiency) excess of revenue over expenses before amortization	(11 048)	5 522
Amortization of fixed assets	11 383	12 448
Deficiency of revenue over expenses	(22 431)	(6 926)

SUMMARIZED STATEMENT OF FINANCIAL POSITION As at March 31, 2014	2014 \$	2013 \$
ASSETS		
Current assets		
Cash	51 549	153 340
Guaranteed investment certificate	855 586	850 391
Accounts receivable	977 872	880 808
Prepaid expenses	42 956	45 739
	1 927 963	1 930 278
Fixed assets	693 711	779 288
	2 621 674	2 709 566
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	1 293 566	1 346 705
Deferred revenue	590 380	528 508
	1 883 946	1 875 213
Deferred grants related to fixed assets	596 817	671 011
Net assets		
Invested in fixed assets	96 894	108 277
Unrestricted	44 017	55 065
	140 911	163 342
	2 621 674	2 709 566

Approved by the Board

Peter J. Hawley administrator *Paul D. H.* administrator

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES Year ended March 31, 2014	2014 \$	2013 \$
REVENUE		
Government programs	7 939 703	7 845 599
Services	1 728 541	1 573 799
Donations from the Foundation	560 503	355 428
Other	19 693	18 095
	10 248 440	9 792 921
EXPENSES		
Clinical services	6 133 978	5 738 887
Support services	1 950 409	1 916 853
Management costs - Programs	1 472 079	1 230 906
Total expenses before the following items	9 556 466	8 886 646
Administration	855 459	1 149 261
Long-term debt interest	14 556	17 306
	10 426 481	10 053 213
Deficit of revenue over expenses before amortization	(178 041)	(260 292)
Amortization of fixed assets	44 601	49 077
Deficit of revenue over expenses	(222 642)	(309 369)

SUMMARIZED STATEMENT OF FINANCIAL POSITION As at March 31, 2014	2014 \$	2013 \$
ASSETS		
Current assets		
Cash	798 751	614 040
Guaranteed investment certificates	452 818	427 340
Accounts receivable	752 782	870 758
Prepaid expenses	65 899	62 703
	2 070 250	1 974 841
Fixed assets	1 018 090	1 073 726
	3 088 340	3 048 567
LIABILITIES		
Current liabilities		
Bank indebtedness	—	61 731
Accounts payable and accrued liabilities	928 041	895 618
Deferred revenue	639 863	257 105
Current portion of long-term debt	80 000	80 000
	1 647 904	1 294 454
Long-term debt	293 333	373 333
Deferred grants related to fixed assets	69 641	74 374
Deferred contributions related to fixed assets	47 986	54 288
	2 058 864	1 796 449
Net assets		
Invested in fixed assets	527 130	491 731
Unrestricted	502 346	760 387
	1 029 476	1 252 118
	3 088 340	3 048 567

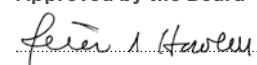
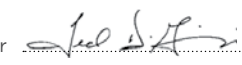
Approved by the Board

Peter J. Hawley administrator *Paul D. H.* administrator

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES Year ended March 31, 2014	2014 \$	2013 \$
REVENUE		
Donations	1 328 813	1 764 300
Rents	943 873	940 795
Special events	2 334 829	1 665 394
Investment income	564 079	222 086
Gifts in kind	101 426	209 346
Gain on disposal of assets	—	2 981 225
Miscellaneous	4 300	12 177
	5 277 320	7 795 323
EXPENSES		
Donations	2 475 316	1 840 458
Salaries and fringe benefits	497 346	469 530
Other expenses	709 566	910 662
Interest on long-term debt	109 768	132 897
Amortization	427 987	478 083
	4 219 983	3 831 630
Excess (deficiency) of revenue over expenses	1 057 337	3 963 693

SUMMARIZED STATEMENT OF FINANCIAL POSITION As at March 31, 2014	2014 \$	2013 \$
ASSETS		
Current assets		
Cash	336 061	100 757
Temporary investments	2 535 499	4 710 337
Accounts receivable	60 553	28 565
Prepaid expenses	17 199	13 779
	2 949 312	4 853 438
Investments	4 521 749	2 104 098
Fixed assets	10 596 859	11 213 554
	18 067 920	18 171 090
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	299 743	234 994
Current portion of long-term debt	235 801	269 536
	535 544	504 530
Long-term debt	2 272 076	3 205 053
Deferred grants related to fixed assets	4 066 623	4 325 167
	6 874 243	8 034 750
FUND BALANCES		
Operating Fund	4 000 099	3 502 267
Fixed Assets Fund	4 022 359	3 413 798
Restricted Fund	3 171 219	3 220 275
	11 193 677	10 136 340
	18 067 920	18 171 090

Approved by the Board

 administrator  administrator

Québec

MONTRÉAL REGION

Headquarters

865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
info@portage.ca

Mother and Child Program

c/o Portage Headquarters
865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
info_me@portage.ca

Mentally Ill Chemical Abusers Centre (MICA)

2455 Lionel-Groulx Ave
Montréal, QC H3J 1J6
Tel.: 514 935-3431
info_tstm@portage.ca

MIRE

(Mouvement pour l'intégration
et la rétention en emploi)
2187, rue Larivière
Montréal QC H2K 1P5
Tel.: 514 598-7474
dstonge@projetmire.com

BEACONSFIELD

Residential Centre for
adolescents
141 Elm Ave
Beaconsfield, QC H9W 2E1
Tel.: 514 694-9894
info_adowi@portage.ca

PRÉVOST

Residential Campus for adults

1790, chemin du lac Écho
Prévost, QC JOR 1T0
Tel.: 450 224-2944
info_mtl@portage.ca

Residential Campus for adolescents

1790, chemin du lac Écho
Prévost, QC JOR 1T0
Tel.: 450 224-2944
info_adomtl@portage.ca

QUÉBEC REGION

Day Centre

150, rue Saint-Joseph Est
Québec QC G1K 3A7
Tel.: 418 524-0320
info_qc@portage.ca

Work Training Centre

150, rue Saint-Joseph Est
Québec, QC G1K 3A7
Tel.: 418 524-0320
info_qc@portage.ca

SAINT-MALACHIE

Residential Centre for
adolescents
244, chemin de la Montagne
Saint-Malachie QC G0R 3N0
Tel.: 418 642-2472
info_adoqc@portage.ca

Ontario

ELORA

Residential Centre
6681 Irvine Street
Elora, ON N0B 1S0
Tel.: 519 846-0945
info_adoon@portage.ca

TORONTO

Portage Ontario
2 Toronto Street, Suite 500
Toronto, ON M5C 2B6
Tel.: 416 531-1333
jblunt@portage.ca

Atlantic

CASSIDY LAKE, N.-B.

Residential Centre
1275 Route 865
Cassidy Lake, N.-B. E4E 5Y6
Tel.: 506 839-1200
info_adoatl@portage.ca

FREDERICTON, N.-B.

Portage Atlantic
390 King Street, Suite 211
Fredericton NB E3B 1E3
Tel.: 506 472-4847
ctracey@portage.ca

British Columbia

Portage Keremeos

3865 Hwy 3
Keremeos, BC VOX 1N0
Tel.: 250 499-4165
info_adobc@portage.ca

The Portage Resident's Creed:

I have come here in search of myself.

Confused and afraid, I have lived my life in the shadow of drugs.

I had rejected all who cared for me and loved me.

I had become a stranger to my family.

Guilt, lies and hurt became my most intimate companions, drugs and alcohol my most cherished friends.

I belonged nowhere and to no one.

I felt desperately alone.

Here at last, I have found true friends.

I no longer need to be the giant of my dreams or the dwarf of my fears.

I am allowed to be genuine, to express my emotions.

My friends act as a mirror for me, our common quest heals me.

The strengths, love and hope that live within me now become beacons for my life.

From here I will go forth, whole once more, self-knowing, confident and aware, never to live in the shadows again.