



PORTAGE

FREEDOM FROM ADDICTION



RE

DISCOVER

your potential

**ANNUAL REPORT
2011-2012**

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REPORT

PRESIDENT'S REPORT



During the past two years, we have witnessed marked reductions in financing for health services and consequently, a stressful period for health services providers. As the crunch continues, I would like to reiterate my appreciation for the commitment and generosity of our staff members, our volunteers, and our donors, who make our work possible.

In **Atlantic Canada** this year, Portage has increased its communications and outreach efforts to create a broader awareness of its services, as Portage Atlantic continued to provide treatment under a five-year agreement with the New Brunswick government. With the generous support of donors, work has commenced on a therapeutic nature trail and plans have been drawn up for a new fitness centre for the youth at Cassidy Lake.

In **Québec** this year, Portage inaugurated the Saint-Malachie centre for adolescents and renamed the youth pavilion at lac Écho after Marcelle and Jean Coutu, in appreciation of their generosity. The MIRE (Movement for Integration and Retention in Employment) Program celebrated its tenth anniversary and the Mother and Child Program extended its agreement for an additional two years, thanks to the support of the *Lucie et André Chagnon Foundation*. These significant achievements took place during a period when additional funding to meet the cost of services, particularly for the adolescent programs, was not forthcoming.

In **Ontario** this year, the government instituted a province-wide effort to seek ways to render services more accessible to citizens and less costly to tax payers. Portage has been heavily engaged in this integration process, the results of which will begin to be known in the coming year.

In **British Columbia** this year, Portage has been working to take on an increasing amount of responsibility for the admissions process and for aftercare services, which are now entirely in the hands of the health authorities. Private sector support is being sought to make this possible.

For Portage as a whole, a great deal of investment has gone into polishing our organisational discipline and procedures this year, which has strengthened the organisation to be able to handle the challenge of this difficult period.

I hope that you enjoy reading this annual report, which describes Portage's activities and involvement in the communities that we serve. We are proud of the contribution that Portage has made this year, but most of all, we are as ever proud of the men, women, and youth that we serve, whose courage and example inspire us all.

Peter A. Howlett

MESSAGE FROM THE EXECUTIVE DIRECTOR



2011-2012 was an intense year of activity for Portage, full of changes, new developments, and new beginnings.

There were two changes in leadership that I would like to highlight. The first was at the Mother and Child centre in Montréal, where Caroline Gélinas took over as director from Danielle Desmarais, who has now taken on new responsibilities at our centre in Prévost. The other one was at our youth centre in Ontario where, after many years of service, Patrick Culver retired as director and was replaced by Gaetano DiFalco. Patrick Culver remains involved with Portage nonetheless, through his involvement in the family service program.

Portage has completed the first phase of a multi-year agreement with WAPAN, a Native Canadian treatment centre in La Tuque, Québec. At this time, services are only available to women, but the WAPAN community has begun construction on a new wing, which will eventually allow for the centre to provide services to male clients as well.

Our centre in Québec City completed two research projects this year; one of them helped clients under the age of thirty with reintegration into the workforce, and the other one, conducted in collaboration with BAVAC (*Bureau d'aide aux victimes d'actes criminels*), focused on female clients who have been physically and sexually abused. These projects have not only helped Portage to better respond to the needs of our clients, but they have also helped to address the Québec City centre's funding needs.

Portage continues to work with the Access Mechanisms in all regions of Québec, maintaining the "no wrong door" approach to admission, and continuing to work on ways to reduce barriers to entry for youth in need.

In Atlantic Canada, we are currently in negotiations to establish a Mother and Child Program at the Cassidy Lake centre in New Brunswick. Our outreach programs in the other Atlantic provinces are bearing fruit, with an increasing number of residents being admitted from outside of New Brunswick. There has also been more interest from francophone Atlantic Canada communities for the bilingual program.

In British Columbia, Portage recently underwent a thorough review of our services and we continue to negotiate with the health authorities in order to increase our reach and serve more youth in need.

Portage is committed to constantly improving the quality of our services. A new version of the GAIN was announced this year and Portage has already taken steps to incorporate it into our offering. Also, given the unavoidable delays leading up to treatment at some of our centres, Portage is in the process of implementing a highly innovative pre-care program at all of our centres. Once a person decides that they want to begin rehabilitation treatment, this program will seek to maintain their motivation during the wait time, to ensure that we can help as many people as possible to begin the process of overcoming substance abuse.

Peter A. Vamos
Executive Director

Our Mission

Portage fosters the strengths and skills of substance-dependent persons to enable them through comprehensive and cost-effective interventions, based on the therapeutic community approach, to live lives of sobriety, filled with dignity, self-respect, and accomplishment.

Our Vision

Portage will develop its unique, positive psychology-based therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management, and community development in collaboration with other providers in a continuum of services.

Our Values

- Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity and autonomy. For Portage, the pursuit of a personal growth, is the inevitable result of the mobilisation of the individual's internal resources fostered by the stimulating, and enriching influence of a favourable environment.
- Portage believes in being expressly client-centered, emphasising the security of the client and delivering quality services with financial and management discipline.
- Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

IMPORTANT DATES IN THE HISTORY OF PORTAGE

- 1973**
Opening of a treatment centre for adults in Prévost (**Québec**)
- 1975**
Opening of a metropolitan day centre and a head office in Montréal (**Québec**)
- 1983**
Opening of day centre in Québec City (**Québec**)
- 1985**
Opening of a residential centre for adolescents in Elora (**Ontario**)
Opening of a centre in Toronto (**Ontario**)
- 1991**
Inauguration of a residential program for adolescents in Prévost (**Québec**)
- 1995**
Inauguration of the residential center for Mentally Ill Chemical Abusers (MICA) (**Québec**)
- 1996**
Inauguration of the Mother and Child Program in Montréal (**Québec**)
Opening of an office in Fredericton (**New Brunswick**)
Opening of a residential centre for youth at Cassidy Lake (**New Brunswick**)
- 1999**
Opening of a residential centre for adolescents in Saint-Damien-de-Buckland (**Québec**)
- 2001**
Opening of a residential centre for English-speaking adolescents in Beaconsfield (**Québec**)
- 2002**
Inauguration of the MIRE Program (Movement for Integration and Retention in Employment) in Montréal (**Québec**)
- 2007**
Opening of the new residential centre for Mentally Ill Chemical Abusers (MICA) in Montréal (**Québec**)
Opening of the new residential centre for the Mother and Child Program in Montréal (**Québec**)
- 2009**
Opening of a new residential centre for adolescents in Keremeos (**British Columbia**)
Relocation of the Saint-Damien-de-Buckland residential centre to Saint-Malachie (**Québec**)
- 2010**
Closing of the day centre in Montreal (**Québec**)

WHAT'S PORTAGE ALL ABOUT?

FOR THOSE WHO HAVE NEVER EXPERIENCED OR WITNESSED THE TRANSFORMATION THAT OCCURS WHILE IN ADDICTION REHABILITATION THERAPY, IT MAY BE DIFFICULT TO WRAP YOUR HEAD AROUND WHAT TREATMENT AT PORTAGE IS ALL ABOUT. THIS TEXT SEEKS TO GIVE A GENERAL OVERVIEW.

Historically, addicts have been judged as morally deficient, self-indulgent delinquents, and for many years, the only remedy for addiction was harsh treatment.

PORTAGE STANDS FOR THE ELIMINATION OF THIS STIGMA.

Addiction treatment in Canada was in its infancy in the 1960's, and when Portage opened its first centre in Québec in 1973, such treatment was the norm among therapeutic communities in North America. From these roots, Portage has evolved into a profoundly humane and relevant treatment program.

WE BELIEVE IN THE CAPACITY OF PEOPLE TO OVERCOME CHALLENGES.

WE BELIEVE IN THE INHERENT STRENGTH OF INDIVIDUALS TO BE ABLE TO TAKE BACK CONTROL OF THEIR LIVES.

AT PORTAGE, RESPECT IS THE BASIS OF ALL INTERVENTIONS. WE WORK FROM A WELLNESS RATHER THAN AN ILLNESS MODEL, AND SEEK TO EMPOWER OUR CLIENTS WITH TOOLS AND CONFIDENCE TO GIVE THEM A REASON TO HOPE AGAIN - HOPE THAT THEY CAN CHOOSE TO LEAD THEIR LIVES THE WAY THEY WANT TO, HOPE THAT THEY CAN CHOOSE TO BE WHO THEY REALLY ARE MEANT TO BE, FREE FROM THE GRASP OF ADDICTION.



Our treatment programs help addicts to identify the causes of their problems, develop the social competencies that will help them face these issues, and carry out the necessary strategies to overcome them. Use of drugs to solve life's difficulties becomes irrelevant.

Portage is a unique expression of the therapeutic community model, based on best practices and milieu therapy, with core self-help principles and individual case management. Social learning, family support groups, remedial education, access to psychiatric support, and community advocacy are all hallmarks of the Portage Program.

Treatment planning is participatory, with the clients setting priorities along with their case manager. It is also inclusive; encouraging participation from both significant others and family members, as well as the network of service providers involved.

We believe that our clients' strengths and talents are the basis of their recovery. The enriched and nurturing therapeutic environment helps them to discover these strengths and build on them.

In a positive peer culture environment, our clients support each other's growth. They learn from each other, from their counsellors, and most importantly, from themselves. As they grow

and develop through the different phases of the program and realise their potential, they become role models for new members.

Portage seeks to prepare clients for the challenges of mainstream society. Armed with the necessary competencies, their newly-found self-confidence, and a reintegration plan prepared together with their case manager, our clients are more likely to be able to deal with life's challenges without returning to drug abuse.

We maintain a long-term commitment to all our clients, providing aftercare support services following treatment. Even for those who leave early, our Continuing Care program allows us to stay connected and continue to offer support.

For many addicts, Portage is the first place where they find a true sense of belonging. In the psychologically and physically safe environment, supported by their peers, our clients learn to become themselves.

Portage has helped tens of thousands of people to overcome their addiction issues, rebuild relationships with loved ones, reintegrate back into school or the workforce, and become productive members of society.

There is a way out. Freedom from Addiction.

PROGRAMS AND SERVICES

FOUNDED IN 1970, PORTAGE OPERATES SUBSTANCE ABUSE REHABILITATION CENTRES IN QUÉBEC, ONTARIO, NEW BRUNSWICK, AND BRITISH COLUMBIA. THE ORGANISATION'S REPUTATION HAS GROWN INTERNATIONALLY WITH THE ESTABLISHMENT OF PROGRAMS IN FIFTEEN COUNTRIES AND THE TRAINING OF COUNSELLORS IN NEARLY TWENTY-FIVE CORRECTIONAL SERVICE AND SOCIAL SERVICE OFFICES.



RESIDENTIAL PROGRAM FOR ADULTS

Since 1973, Portage has offered this residential program to help substance-dependent men and women achieve personal growth and lead drug-free lives. Upon their arrival, an individual treatment plan is developed based on their needs. Clients also have the possibility to complete their high school education.

RESIDENTIAL PROGRAM FOR ADOLESCENTS

Portage has three rehabilitation centres for adolescents in Québec: in Prévost, in Beaconsfield, and in Saint-Malachie. It also operates adolescent treatment centres in Elora, Ontario, in Cassidy Lake, New Brunswick, and, in Keremeos, British Columbia. All of these centres provide a mandatory on-board schooling that is recognised by the local school boards and adapted to the needs of the clients.

MOTHER AND CHILD PROGRAM

This program provides residential treatment to substance-dependent pregnant women and mothers accompanied by their children. The program supports the family unit and allows mothers to work on improving their bond with their child, while in therapy. In addition, the children receive support from childhood educators and special-education teachers. After completion of the residential program, clients have access to supervised housing.

PROGRAM FOR MENTALLY ILL CHEMICAL ABUSERS

Based on the principles of the therapeutic community, this program is intended for people suffering from both mental illness, primarily schizophrenia, and substance abuse. After completing the residential program, clients have access to supervised housing.

EXTERNAL PROGRAM IN QUÉBEC CITY

For over 25 years, Portage-Québec has been offering external rehabilitation services to men and women who wish to put an end to their consumption of drugs or alcohol. The objective of the program is to develop skills that are essential to personal growth, autonomy and a life free of drugs.

A CONTINUUM OF CARE

From this point on, Portage offers individualised follow-up to any person who has received treatment at one of its centres. Through telephone calls or individual meetings allowing each person's needs to be evaluated, Portage is committed to remaining in contact with clients for a period of two years to offer them the support necessary for their rehabilitation.

REINTEGRATION AND AFTERCARE PROGRAMS

Portage's reintegration and aftercare programs are designed to help clients apply the competencies they acquired during residential therapy. These programs provide essential support during the most vulnerable period of rehabilitation. Being able to resist negative influences and cope with the stress and discipline of daily life constitutes a significant challenge for a person in rehabilitation. At this stage, Portage supports clients by offering non-residential services such as support groups and individual meetings.

- In Québec, Portage's Employment Readiness Centre is an external socio-occupational reintegration program to support those who have had problems with substance abuse so that they may develop the personal and professional competencies to play an active role in society.
- In Montréal, the MIRE (Movement for Integration and Retention in Employment) Program helps adults who are socially excluded, living in poverty, and experiencing problems with entering or re-entering the workforce.

FAMILY SERVICES

Services for participants' families are an integral part of treatment at Portage.

Group and individual meetings help relatives to understand and manage the problems that arise when a family member suffers from substance abuse. For adolescent programs, Portage provides joint group meetings with family members and clients, to help them prepare for reintegration into the community. In this way, the family becomes an even greater source of support in the rehabilitation process.

PORTAGE IN QUÉBEC



PORTAGE PAYS TRIBUTE TO SERGE GODIN DURING THE SOIRÉE DES GRANDS PHILANTHROPES

On September 22, 2011, nearly 600 guests gathered in the *Salle des pas perdus* in Montréal's Windsor Station to express their esteem, gratitude, and friendship for Mr. Serge Godin, Founder and Executive Chairman of CGI, during the 2011 edition of Portage's *Soirée des Grands Philanthropes*. The event highlighted Mr. Godin's support for Portage's mission and his commitment to the well-being of the community, as well as his outstanding contribution to the business sector.

A resounding success, this year's event brought together many business leaders in the Montréal community, including Québec's Minister of Finance and Revenue, Raymond Bachand, to raise a record \$1.2 million for Portage's substance abuse rehabilitation programs. The evening was co-chaired by René Angéllil, President of *Les Productions Feeling* and Thierry Vandal, President and CEO of Hydro-Québec, and supported by numerous sponsors.



From left to right: Jean Royer, Senior Vice President and Chief Operating Officer, Loto-Québec; Michael J. Sabia, President and Chief Executive Officer, Caisse de dépôt et placement du Québec; Serge Godin, Founder and Executive Chairman, CGI; Raymond Bachand, Québec Minister of Revenue and Finance and Member of Provincial Parliament for Outremont; René Angéllil, President, Les Productions Feeling.



From left to right: Henri-Paul Rousseau, Vice-Chairman, Power Corporation of Canada; Alban D'Amours, President and CEO of Desjardins Group from 2000 to 2008; Peter A. Howlett, President of Portage



André Chagnon, Chairman and CEO, Fondation Lucie et André Chagnon, and Serge Godin, Founder and Executive Chairman, CGI.

PORTAGE GOLF TOURNAMENTS 2011

On June 13, 2011 Portage held its 14th annual Golf Tournament at the Club Laval-sur-le-Lac. Many members of the business community were there to highlight their support for the organisation. The event raised \$150,000, which will go to the residential centres for adolescents in Prévost and Beaconsfield. Portage's Montréal Golf Tournaments have brought in more than \$1.5 million.



The 17th edition of the Portage Golf Tournament at the Club de golf de Beauce in Sainte-Marie, was held on June 6, 2011. Under the honorary presidency of Mr. Richard Fortier, President and Chief Operating Officer at Desjardins Financial Security, the event raised a total of \$60,000 for Portage. Since its first edition, this event has brought in more than \$600,000 for Portage centres in the Québec City region.

Portage would like to extend its heartfelt thanks to the tournament's participants and major sponsors - Ameublements Tanguay, Bell Canada, Cominar Real Estate Investment Trust, CGI, Desjardins Financial Security, IBM Canada Ltd., La Capitale Financial Group, le Journal de Québec, The Desjardins Group, Samson Bélair/Deloitte & Touche.

Portage would like to thank its main tournament partners, Bell and Desjardins, and Co-Presidents Mario Bélanger, Senior Vice-President of Sales at Bell Business Markets, Bell Canada, and Stéphane Achard, Senior Vice-President and General Manager, Business and Institutional Services at Desjardins Group. A big thank you as well to the Prestige Sponsors of the event: CGI, Cisco, Devencore, Lg2, IBM, Miller Thomson Pouliot and Samson Bélair/Deloitte & Touche.

Portage would also like to extend its heartfelt thanks to all participants, sponsors, generous donors, volunteers, and the organising committee, who helped make this event a success. It is thanks to their support that Portage can help give a second chance to those who want to free themselves from their drug addiction, in hopes of a better life.



From left to right: Eric Alarie, Regional Sales Manager, Bell Business Markets; Denis Lefrançois, Sales Director, Mercedes-Benz of Quebec; Colette Taylor, Senior Director of Development, Portage; Tom Lemieux, Vice President, Kamouraska and Chaudière-Appalaches Desjardins; Richard Fortier, Honorary President of the tournament, President and Chief Operating Officer, Desjardins Financial Security; Guy Royer; Mario Cusson, Executive Vice President, La Capitale Insurance and Financial Services Inc.; and Michel Dallaire, President and Chief Executive Officer, Cominar Real Estate Investment Trust.

Builders

(\$250,000 and more)

**Fondation Lucie et André Chagnon
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(\$5,000 to \$9,999)

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Caisse Desjardins du personnel
de l'Administration & des
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Caisse Desjardins du Sud
de la Chaudière
Caisse des Monts & Vallées
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Caisse populaire Desjardins
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Société générale de financement
du Québec
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**PORTAGE WOULD ALSO
LIKE TO THANK THE MANY
DONORS WHOSE NAMES DO
NOT APPEAR ON THIS LIST.**



PORTAGE ATLANTIC



PORTAGE ATLANTIC SUPPORTERS

Support for the Atlantic Canadian youth who attend Portage's residential treatment centre at Cassidy Lake comes in many different shapes and from many different sources.

The New Brunswick Department of Health and the Department of Public Safety are long-time partners of Portage Atlantic's. As well, the New Brunswick Department of Education supports the on-site education program, recognising Portage Atlantic as an alternate school through District 6. Education is an integral part of rehabilitation at Portage, allowing residents to further their education in their language of choice while in treatment. When they have completed the residential phase of their program,

financial support is available to youth who choose to continue their education, thanks to the generosity of donors.

Serving all of Atlantic Canada, Portage Atlantic works closely with addiction workers and probation officers from various provinces to ensure that the youth in treatment are able to maintain a connection to their home communities throughout their stay.

Portage Atlantic works with devoted volunteers and donors, who generously contribute their time, energy, and financial support.

Portage Atlantic is very grateful for the contributions of all of these supporters.

EVENTS AND ACTIVITIES

Recognition Ceremony

On September 25, 2011, Portage Atlantic hosted its fifteenth annual Recognition Ceremony at Hampton High School in Hampton, New Brunswick. Forty-two youth from across Canada were awarded a Certificate of Recognition and were celebrated by their family, friends, Portage staff members, and members of the community. New Brunswick's Minister of Justice and Attorney General, Marie-Claude Blais, was the guest speaker at the event, addressing the assembly with a special message of congratulations to the graduates for the incredible journey that they have taken on to overcome their substance abuse issues.

Recovery Trail Project

The Portage Atlantic Recovery Trail Project was first introduced in July 2010 as a partnership between information technology company T4G and Saint John's annual "Celebration of Green Space: Run Through History" event. The "Stride for Success" fundraising relay for the Recovery Trail Project wrapped up its third and final year at Lily Lake Pavilion this past July: a great success, thanks to the help and participation of energetic relay



teams, volunteers, and T4G Ltd's staff members. The Portage' Atlantic Recovery Trail Project will extend and enhance the existing 3.8 km path on the grounds of Cassidy Lake. Once completed, the Recovery Trail will be a place for both physical rejuvenation and quiet reflection for the residents.

Community Breakfasts

Portage Atlantic continued its Community Breakfasts series in the spring and fall of 2011 in St. Andrews, NB, Annapolis Valley, NS, and Corner Brook, NL. Each breakfast was attended by more than forty guests, further building awareness about Portage Atlantic's drug rehabilitation program for youth. These breakfasts are made possible by the Atlantic Lottery Corporation's Corporate Events Support Sponsorship grants.

PORTAGE ATLANTIC FOUNDATION'S ANNUAL APPEAL

Portage Atlantic is fortunate to receive extraordinary community support from individuals, service clubs, corporations, foundations, and businesses, which have contributed over \$150,000 in donations and gifts in kind for the 2011-2012 annual campaign year. These donations have translated into enhancements to the Aftercare Program, extra-curricular activities for the residents, and ongoing education for staff members.



From left to right: Minister of Justice and Attorney General Marie-Claude Blais, Portage Atlantic graduates Shellee and Chad, and Portage Atlantic Chairman Russell H.T. King

Donors:

BUILDERS (\$250 000 and more)
Estate of Dr. William S. Lewis

LEADERS (\$25,000-\$49,999)
Anonymous Bursary donor
Ayr Motor Express Inc.
Canada Post Foundation

PARTNERS (\$10,000-\$24,999)
T4G Limited (Future Focus Foundation)
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PORTAGE WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.

PORTAGE ONTARIO



The Portage residential treatment centre in Elora was established in 1985 to provide substance abuse rehabilitation treatment to adolescents, 14 years and older. Portage Elora has since helped more than 4,000 vulnerable teens to overcome their addiction issues and take back control of their lives. Youth are referred to Portage Elora through family physicians, hospitals, addiction-treatment and other community agencies, schools, parents, as well as through Youth Justice and the Children's Aid Society. The majority of Portage Ontario's operating costs are funded by the Ministry of Children & Youth Services and the Ministry of Health and Long Term Care through the Waterloo-Wellington Local Health Integration Network.

EVENTS AND ACTIVITIES

Fresh Start Dinner and Auction

Over two hundred guests gathered for the Annual Fresh Start Dinner & Auction on May 29, 2012 at the Toronto Botanical Garden. Hosted by the Fresh Start Committee Chair, Jennifer Hughes, this special evening raised over \$112,000 for the Portage Ontario Youth Treatment Fund. Through generous donations, auction purchases, and corporate support, Portage Ontario's Fresh Start event has now raised more than \$650,000 over its six-year history.

Cornerstone 52 Beatles Event

Over one hundred Portage supporters joined in for an evening of music and dancing on January 27, 2012 at Roy Thompson Hall for another Classic Albums Live Concert presented by Cornerstone 52

Foundation. The event, which featured music from the Beatles' Revolver and Rubber Sole albums, raised more than \$55,000 for Portage Ontario.

Portage Recognition Day

On April 22, 2012 thirty young people from across Ontario were recognised for having worked through their substance abuse issues at Portage Ontario's Recognition Day. It was an event filled with emotions as Portage graduates were honoured for their accomplishments in the presence of family members, current residents, staff members, and friends of Portage. Gaetano DiFalco, Director of Portage Ontario, welcomed guests and introduced the speakers. The celebration closed with a powerful musical tribute, created and performed by Portage residents in appreciation for the Portage staff team.

THE PORTAGE ONTARIO ANNUAL CAMPAIGN

Thanks to the generosity of individuals, foundations, and corporations, and the exceptional leadership provided by the Portage Ontario Board and Campaign Committee, the Portage Ontario Foundation once again exceeded its annual campaign target, raising over \$400,000 in support of the following program areas:

The Portage Ontario Youth Treatment Fund

There are long waiting lists for health-funded residential addiction treatment beds for youth in Ontario and parents with a child who is engaged in risky behaviours and in need of immediate care have few options to protect their child until a place becomes available. The Portage Ontario Youth Treatment Fund helps cover the incremental cost of providing extra treatment beds for youth deemed most at-risk if treatment is delayed. Thanks to the Portage Ontario Youth Treatment Fund, twenty-four additional youth had the chance to change their lives at Portage this past year.

Family and Continuing Care

Portage Ontario's Family and Continuing Care Program provides youth with up to eighteen months of follow-up support after they have completed the residential program at Portage Elora. Continued financial support from AstraZeneca Canada this past year has allowed Portage Elora to increase the support that it offers its residents as they reintegrate into their home communities. 120 youth and their families benefitted from this program this past year.

Portage - Outward Bound

Portage Elora's partnership with Outward Bound has become integrated into the therapeutic rehabilitation program. By using challenges found in nature, this experiential program promotes positive development and personal growth by challenging youth to push previously conceived limits and test newly-learned life skills in different and challenging settings. This past year, residents had the opportunity to participate in extended length wilderness expeditions and numerous day trips, where they experienced activities such as rock climbing, canoeing, hiking, and dogsledding.

Community Engagement and Volunteer Program

The new Community Engagement of Volunteer Program was able to recruit more than twenty new volunteers this year, who contributed their time and talent to enrich the lives of the youth at Portage Elora. Volunteers have been teaching the residents new life skills, including yoga, drama, music, cooking, and even how to tend the vegetable garden. The program also gave Portage residents the opportunity to give back to the community by participating as volunteers at various community events. Portage would like to thank the Ontario Trillium Foundation and all of the volunteers and community partners who helped make this program possible.

Donors:

AMBASSADORS (\$49,999-\$100,000)

Cornerstone 52 Foundation

LEADERS (\$25,000-\$49,999)

AstraZeneca Canada Inc.
The Ontario Trillium Foundation
Urban Mechanical Contracting Ltd.

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Gilchrist, Thomas W.
Gillin, Peter & Dianne Sloan
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Harold Kopas Family Foundation
Harrison, Brian
Howlett, Michael C.
Howlett, Peter A.

Huxley, Sidney & John
Jafine, Sheldon & Annie Dunbar
Kasimir, Sol
MacLellan, Robert & Margaret
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McCulloch, Ann
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Morgan, Michael H. & Margo G.
Mundy, Michael
Mulqueen, Patrick
Nachman, Gabriel
Neysmith, Brian
Outward Bound Canada
Pepall, Jack & Lynn
Price, Francis
Rawn, Stephen & Barbara Banfield
Schaal, Dr. Peter & Susan
Simms, Cori
Smith, Robert J. & Terry
Stairs, Harriet H.
Standish, Matthew & Jill
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Usher-Jones, Mary
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Wallace, Mina & Mitchell Sain
Worndl, Barbara & Martin

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PORTAGE

BRITISH COLUMBIA



It has been three years since Portage Keremeos opened its doors to serve the needs of young British Columbians struggling with addiction. Hundreds of youth have now received treatment at the first long term publicly-funded program of its kind in the province. Through various awareness events and the implementation of a government relations and communications campaign, BC families, government officials, and local youth service providers have become better acquainted with how Portage Keremeos helps BC youth to overcome their substance abuse issues. A lot of progress has been made, but much remains to be done to achieve the level of awareness necessary to ensure sustainable funding and longevity for the program. Portage BC remains optimistic that through the continued commitment of community leaders, the Portage BC Board, and the staff at Portage Keremeos, this objective will be accomplished in due time.

EVENTS AND ACTIVITIES

Portage BC Awareness Events

In addition to raising awareness about the work being done at Portage Keremeos, these events aim to build community support and to foster partnerships with government representatives and NGO's who work with youth.

On June 17, 2011, more than sixty interior British Columbia community leaders and stakeholders gathered at Hotel El Dorado in Kelowna to learn more about the Portage Keremeos rehabilitation program for adolescents. Portage BC Board Members Dr. Richard and Mrs. Heather Hooper hosted the reception, welcoming Rick Thorpe, Former Chair of the Treasury Board, Steve Thompson, MLA Okanagan and Minister of Forestry, among other politicians and mayors from the region, representatives from the Interior Health Authority, and several physicians, judges, and RCMP representatives. The event began with a presentation of the Portage Program and the therapeutic community model, followed by the testimonials of two young women who had completed a rehabilitation treatment program at Portage Keremeos.

On October 18, 2011, more than 120 members of the Vancouver community gathered to learn more about Portage Keremeos at an event hosted by From Grief to Action and Portage BC at St. Mary's Kerrisdale in Vancouver. The event, which featured touching testimonials by Portage Keremeos graduates, sought to build community support for long-term rehabilitation treatment for youth struggling with substance abuse.

On June 5, 2011, several Portage Keremeos staff members manned an information booth at Central City Foundation's Fair in the Square in Victory Square Park in Vancouver. This year's fair, the fifth annual gathering of community organisations and social enterprises, was visited by more than three thousand inner city residents seeking information about the different social programs that are available to them. Fair in the Square was a great opportunity for Portage Keremeos staff members to network with community organisations in the inner city, including groups such as Urban Native Youth, the Broadway Youth Resource Centre, and Boys & Girls Clubs.

Presentation to BC Liberal Caucus

On April 18, 2012, Portage BC had the opportunity to deliver a presentation to fifteen members of the non-ministerial BC Liberal caucus about several challenges that the organisation is facing in BC. The presentation asked for their help in obtaining sustainable funding as well as a correction to the intake process that currently limits rather than enables access to treatment. Through this meeting, Portage BC was able to recruit elected officials as advocates for the Portage Program in BC, who will help to ensure continued funding for the facility in Keremeos. In addition, the members have proceeded to form a special committee that will study the issue of addiction treatment in the province at the macro level.



Donors:

BENEFACTORS (\$5,000-\$9,999)

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Bruce & Patricia Coleen Greyell

FRIENDS (\$1,000-\$4,999)

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The Parish of St. Philip's Vancouver
Vancouver Foundation

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RESEARCH

RESEARCH AND EVALUATION

Portage is committed to evaluating its programs in order to continuously improve in the quality of its services. To validate the merits of its therapeutic approach, the Portage Research Department coordinates program evaluations, surveys, and research projects. Research has been conducted on adults and adolescents in residence since 2003.

In light of a major study concerning the Portage lac Écho community, which was completed under the supervision of Dr. Serge Brochu and Louis-Georges Cournoyer of the University of Montreal, articles for scientific journals are currently being drafted.

In addition, a research report was submitted in June 2012 for a project that was undertaken in 2009 and supervised by Sylvie Lefrancois of SOGÉMAP.

TO DATE, RESEARCH AND SURVEYS SHOW THAT:

- After treatment at Portage, the abstinence rate is high and lasting - excellent results in a field where relapse is not unexpected;
- After treatment at Portage, there is a significant reduction in the use of hard drugs;
- After treatment at Portage, clients can better contribute to and participate in the community, which leads to increased benefits for society;
- The longer the length of time therapy, the greater the success;
- The majority of clients entering treatment at Portage have been diagnosed with mental health issues.

ACCREDITED

ACCREDITATION



The Québec Act respecting health services and social services requires every health and social services institution, public or private, to seek accreditation of its services from a recognised body every three years. Portage began this process in 2007.

After obtaining unconditional accreditation in 2010, Portage has continued to live up to these standards while always working towards continuous improvement of the quality of its services. The next visit will take place in June 2013 and the self-assessment phase, along with the development of action plans to achieve targeted objectives, is being carried out in 2012-2013. This phase will engage all members and the Board of Directors through work committees on governance, organisational effectiveness, and clinical practices. Other committees focus on addiction and pathological gambling services, medication management, and infection prevention.



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Stéphanie Gareau

Director, Property and Material Resources
Sylvain Harvey

Senior Director, Development
Colette Taylor

Corporate Secretary
Alice Dolbec

BOARD

BOARD OF GOVERNORS

The Portage Program for Drug Dependencies Inc. is composed of 200 governors who each serve a one-year renewable term. These governors are chosen among the leaders in their field and help bring Portage's message to the community. In 2011-2012, the Board of Governors was composed of:

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Mr. Brian Alexander	Monsieur Michael DiGrappa	Mrs. Lulu Leathley	Monsieur Pierre Robitaille
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			Me Harvey Yarosky

REPORT

INDEPENDENT AUDITOR'S REPORT

To the Directors of
Centre d'accueil le Programme de Portage Inc.
The Portage Program for Drug Dependencies Inc.
The Portage Foundation

The accompanying summarized financial statements, comprising the summarized balance sheets of The Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation as at March 31, 2012, the summarized statements of revenue and expenses and the changes in net assets or the changes in fund balance for the year then ended, are derived from the audited financial statements of The Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year ended March 31, 2012. We expressed an unmodified audit opinion on those financial statements in our report dated June 20, 2012. Those financial statements, and the summarized financial statements, do not reflect the effects of events that occurred subsequent to the date of our report on those financial statements.

The summarized financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Reading the summarized financial statements, therefore, is not a substitute for reading the audited financial statements of The Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation.

Management's Responsibility for the Summarized Financial Statements

Management is responsible for the preparation of these summarized financial statements in accordance with the following criteria: Issuing summarized financial statements which are consistent with the audited financial statements, into an appropriate level of grouping, in such way that the financial statements are not misleading in the circumstances, without including the notes to financial statements.

Auditor's Responsibility

Our responsibility is to express an opinion on these summarized financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard ("CAS") 810, "Engagements to Report on Summary Financial Statements".

Opinion

In our opinion, the summarized financial statements derived from the audited financial statements of Centre d'accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the year ended March 31, are a fair summary of those financial statements, in accordance with the above criteria.



July 19, 2012

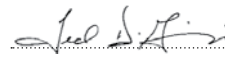
¹ CPA auditor, CA, public accountancy permit No. A105976

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN NET ASSETS year ended March 31, 2012	2012 \$	2011 \$
REVENUE		
Government programs	9 492 415	10 007 824
Donations from The Portage Foundation	1 304 577	1 287 248
Contribution from Fondation Lucie & André Chagnon	1 179 959	100 890
Other	266 686	371 703
	12 243 637	11 767 665
EXPENSES		
Salaries	5 845 137	5 700 742
Benefits	1 433 395	1 327 806
Services	4 790 520	4 741 183
	12 069 052	11 769 731
Deficiency of revenue over expenses before amortization	174 585	(2 066)
Amortization of fixed assets	13 634	14 921
Deficiency of revenue over expenses	160 951	(16 987)
Net assets, beginning of year	9 317	26 304
Net assets, end of year	170 268	9 317

SUMMARIZED BALANCE SHEET as at March 31, 2012	2012 \$	2011 \$
ASSETS		
Current assets		
Cash	-	189 262
Guaranteed investment certificate	902 984	-
Accounts receivable	1 016 876	1 294 337
Prepaid expenses	25 022	18 651
	1 944 882	1 502 250
Fixed assets	871 548	971 233
	2 816 430	2 473 483
LIABILITIES		
Current liabilities		
Bank overdraft	6 822	-
Accounts payable and accrued liabilities	1 338 404	1 135 347
Deferred revenue related to Mothers/Children Program Montreal	550 113	491 945
	1 895 339	1 627 292
Deferred grants related to fixed assets	750 823	836 874
Net assets	170 268	9 317
	2 816 430	2 473 483

On behalf of the Board

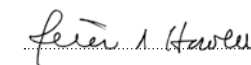
 director

 director

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN NET ASSETS year ended March 31, 2012	2012 \$	2011 \$
REVENUE		
Government programs	8 293 969	8 400 177
Services	1 559 922	1 545 833
Donations from the Portage Foundation	357 558	455 171
Other	11 899	2 278
	10 223 348	10 403 459
EXPENSES		
Salaries	5 334 790	5 105 834
Fringe benefits	1 106 473	953 041
Services	4 421 882	4 790 349
Interest on long-term debt	20 259	21 386
Amortization	50 936	55 204
Expenses recharged to programs	(426 634)	(507 953)
	10 507 706	10 417 861
(Deficiency) excess of revenue over expenses	(284 358)	(14 402)
Net assets, beginning of year	1 845 845	1 860 247
Net assets, end of year	1 561 487	1 845 845

SUMMARIZED BALANCE SHEET as at March 31, 2012	2012 \$	2011 \$
ASSETS		
Current assets		
Cash	792 955	105 206
Guaranteed investment certificates	904 862	401 510
Accounts receivable	880 042	1 561 947
Prepaid expenses	56 770	58 348
	2 634 629	2 127 011
Fixed assets	1 177 350	1 240 932
	3 811 979	3 367 943
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	864 079	732 657
Deferred revenue	712 689	23 071
Current portion of long-term debt	80 000	80 000
	1 656 768	835 728
Long-term debt	453 333	533 333
Deferred grants related to fixed assets	79 267	84 329
Deferred contributions related to fixed assets	61 124	68 708
	2 250 492	1 522 098
Net assets		
Invested in fixed assets	503 626	474 562
Unrestricted	1 057 861	1 371 283
	1 561 487	1 845 845
	3 811 979	3 367 943

On behalf of the Board

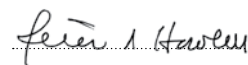
 director

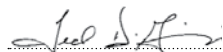
 director

SUMMARIZED STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN FUND BALANCE year ended March 31, 2012	2012 \$	2011 \$
REVENUE		
Donations	1 800 467	1 069 402
Donations from Foundation Marcelle et Jean Coutu	100 000	250 000
Rents	901 890	842 195
Special events	1 469 059	1 342 464
Investment income	4 725	169 072
Gifts in kind	74 972	222 085
Miscellaneous	7 412	2 697
	4 358 525	3 897 915
EXPENSES		
Donations	1 662 135	1 742 419
Salaries and benefits	394 427	355 864
Other expenses	699 968	800 776
Interest on long-term debt	162 786	169 826
Amortization of fixed assets	563 242	453 813
	3 482 558	3 522 698
Excess (deficiency) of revenue over expenses	875 967	375 217
Fund balance, beginning of year	5 296 680	4 921 463
Fund balance, end of year	6 172 647	5 296 680

SUMMARIZED BALANCE SHEET as at March 31, 2012	2012 \$	2011 \$
ASSETS		
Current assets		
Cash	192 441	117 025
Temporary investments	1 250 990	1 228 339
Accounts receivable	47 949	95 285
Prepaid expenses	20 506	15 965
	1 511 886	1 456 614
Investments	1 888 157	1 925 675
Fixed assets	12 216 931	10 850 375
	15 616 974	14 232 664
LIABILITIES		
Current liabilities		
Bank loans	-	15 000
Accounts payable and accrued liabilities	917 831	926 366
Current portion of long-term debt	270 845	183 947
	1 188 676	1 125 313
Long-term debt	3 671 940	2 968 416
Deferred grants related to fixed assets	4 583 711	4 842 255
	9 444 327	8 935 984
FUND BALANCE		
Operating fund	202 644	(158 642)
Fixed assets fund	3 690 435	2 855 757
Restricted fund	2 279 568	2 599 565
	6 172 647	5 296 680
	15 616 974	14 232 664

On behalf of the Board

 director

 director

Québec

MONTRÉAL REGION

Headquarters

865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514.939.0202
info@portage.ca

Mother and Child Program

c/o Portage Headquarters
865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514.939.0202
info_me@portage.ca
Director: **Caroline Gélinas**

Mentally Ill Chemical Abusers Centre (MICA)

2455 Lionel-Groulx Ave
Montréal, QC H3J 1J6
Tel.: 514.935.3431
info_tstm@portage.ca
Director: **Antonio Maturo**

MIRE

(Mouvement à l'intégration de l'emploi)

2187, rue Larivière
Montréal QC H2K 1P5
Tel.: 514.598.7474
dstonge@projetmire.com
Director: **Sonia Leblanc**

BEACONSFIELD

Residential Centre for adolescents

141 Elm Ave
Beaconsfield, QC H9W 2E1
Tel.: 514.694.9894
info_adowi@portage.ca
Director: **Alan Farkas**

PRÉVOST

Residential Campus for adults

1790, chemin du lac Écho
Prévost, QC JOR 1T0
Tel.: 450.224.2944
info_mtl@portage.ca

Director: **François Bourdon**

Residential Campus for adolescents

1790, chemin du lac Écho
Prévost, QC JOR 1T0
Tel.: 450.224.2944
info_adomtl@portage.ca
Director: **François Bourdon**

QUÉBEC REGION

Day Centre

150, rue Saint-Joseph Est
Québec QC G1K 3A7
Tel.: 418.524.0320
info_qc@portage.ca
Director: **Claudia Savard**

Work Training Centre

150, rue Saint-Joseph Est
Québec QC G1K 3A7
Tel.: 418.524.0320
info_qc@portage.ca
Director: **Claudia Savard**

SAINT-MALACHIE

Residential Centre for adolescents

244, chemin de la Station-
Touristique-de-la-Crapaudière
Saint-Malachie QC GOR 3N0
Tel.: 418.642.2472
info_adoqc@portage.ca
Director: **Serge Comeau**

COLLABORATORS :

Hop Comportement de marque
Imprimeries Transcontinental inc.
Phil Communications
Traducta inc.

Ontario

ELORA

Residential Centre

6681 Irvine Street
Elora (ON) NOB 1S0
Tel.: 519.846.0945
info_adoon@portage.ca
Director: **Gaetano Di Falco**

Atlantic Canada

CASSIDY LAKE, NB

Residential Centre

1275 Route 865
Cassidy Lake NB E4E 5Y6
Tel.: 506.839.1200
info_adoatl@portage.ca
Director: **George Gould**

FREDERICTON, NB

Portage Atlantic

390 King Street, Suite 205
Fredericton NB E3B 1E3
Tel.: 506.472.4847
ctracey@portage.ca

British Columbia

"The Crossing" at Keremeos

3865 Hwy 3 Ss 1
Keremeos, BC VOX 1N1
Tel.: 250.499.4165
info_adobc@portage.ca
Director: **Diane Power-Jeans**

The Portage Resident's Creed:

I have come here in search of myself. Confused and afraid, I have lived my life in the shadow of drugs. I had rejected all who cared for me and loved me. I had become a stranger to my family. Guilt, lies and hurt became my most intimate companions, drugs and alcohol my most cherished friends. I belonged nowhere and to no one. I felt desperately alone.

Here at last, I have found true friends. I no longer need to be the giant of my dreams or the dwarf of my fears. I am allowed to be genuine, to express my emotions. My friends act as a mirror for me, our common quest heals me. The strengths, love and hope that live within me now become beacons for my life. From here I will go forth, whole once more, self-knowing, confident and aware, never to live in the shadows again.