



PORTAGE

WHEN

SUBSTANCE

ABUSE

TAKES OVER

ANNUAL REPORT

2009-2010

The Portage Resident's Creed:

I have come here in search of myself. Confused and afraid, I have lived my life in the shadow of drugs. I had rejected all who cared for me and loved me. I had become a stranger to my family. Guilt, lies and hurt became my most intimate companions, drugs and alcohol my most cherished friends. I belonged nowhere and to no one. I felt desperately alone. Here at last, I have found true friends. I no longer need to be the giant of my dreams or the dwarf of my fears. I am allowed to be genuine, to express my emotions. My friends act as a mirror for me, our common quest heals me. The strengths, love and hope that live within me now become beacons for my life. From here I will go forth, whole once more, self-knowing, confident and aware, never to live in the shadows again.

TABLE OF CONTENTS

President's Report	3
Executive Director's Message	4
Important dates in the history of Portage	4-5
Portage's mission, vision and values	5
Portage programs and services	6-8
Accreditation	9
Portage in Québec	10-13
Portage Atlantic	14-15
Portage Ontario	16-17
Portage British Columbia	18-19
Research	20
Board of Trustees and Management Committee	21
Board of Governors	22
Auditor's Report	23
Finance: Centre d'accueil Le Programme de Portage Inc.	24
Finance: The Portage Program for Drug Dependencies Inc.	25
Finance: The Portage Foundation	26
Portage facilities	27



President's Report



Over the past year, Portage has been engaged in the Accreditation process. It affected every aspect of the organisation and everyone involved, from the board room to the staff room, truly dedicated themselves to ensuring that Portage's practices become formalised in a manner which ensures that they are predictable and understood. This collective effort is the culmination of three years of work, which we are very proud of. The results are referenced in the Executive Director's report.

Despite last year's harsh economic reality, Portage managed to secure new funding agreements in Ontario, New Brunswick, and British Columbia. In Québec, a new agreement was established for the MIRE Program and another one was concluded for the adolescent centre in Saint-Malachie to take effect for the 2010-2011 fiscal year. Portage's annual budgeting process was challenging this year because of the continued absence of confirmed new government funding for our other operations in Québec- two adolescent programs, two adult programs, the Mother and Child Program, and the MICA Program have been the subject of continuous but inconclusive discussions with the government of Québec for several years. There have been repeated proposals to resolve matters and some hope that, despite economic conditions, interim solutions may soon be in place.

In order to deal with these challenges, Portage has sought out government relations support from two renowned public relations firms with whom we have previous experience working with in other domains. We are fortunate to have NATIONAL handling this dossier in British Columbia, and Hill & Knowlton doing so in Québec (HKDP), Ontario, and Atlantic Canada (M5). We are currently in the process of approving government relations plans for each region.

In 2009, significant construction projects were completed at the Portage centres in Keremeos, British Columbia, Cassidy Lake, New Brunswick, and Prévost, Québec. A new redevelopment project has recently begun at the newly acquired site in Saint-Malachie, Québec. The acumen of volunteers and staff members has made these projects possible. The new buildings and renovations will have a profound impact on the therapeutic environment and the quality of care at the centres.

Portage communications materials received a fresh new look over the past year, as new brochures and posters were created for each program, and videos were produced for each region in which Portage provides services. These new materials are helping to build the Portage brand and create more awareness about the services that Portage provides.

Moreover, we have a few goodbyes to say. We are grateful to Mr. Camille Dagenais and Dr. Noel Garneau who, after many years of service on the Portage Board of Trustees, have stepped down. We would also like to recognise Ms. Marjorie Davidson, Governor and Portage Atlantic Canada Director for her commitment to Portage over many years. There were many occasions when their skill and encouragement were critical in ensuring the well-being of Portage. We are truly indebted.

This Annual Report contains a record of the generosity and commitment of the community to Portage's mission, from one end of the country to the other. On behalf of the Canadians we serve, a profound thank you.

Peter A. Howlett

Peter A. Howlett

Message from the Executive Director



The year 2009-2010 will be remembered in Portage's history as the year that we proved what we believed all along: that we were a sophisticated, mature organisation with outstanding programs and practices, deserving to be fully accredited. Intensive work by numerous committees and the active participation of all Portage employees allowed our organisation to demonstrate its level of excellence.

When Portage engaged in the Accreditation process, we examined all our practices in detail. The inevitable result of such self-exploration is an updating, refining, and validating all our processes to ensure that they conformed to best practices.

In 2010, Portage continues to develop exemplary best practices. This year, the organisation committed significant resources to introduce the GAIN (Global Assessment of Individual Needs) evaluation protocol at all of its sites. Portage staff members have been trained to administer this evaluation, which will have a significant impact on screening, treatment planning, and research.

Our "Continuum of Care" program, which is increasingly regarded as a "leading best practice" by many in our field, has been further refined and expanded. Through this approach, we dramatically reduce the perception of treatment failure, and are able to retain many who otherwise would have been lost in the process of recovery.

Our Admissions Department is hard at work, developing effective and timely ways to reach those who need us most. Delaying an addict access to appropriate treatment cannot be justified by any reasonable paradigm. While respectful of administrative regulation, Portage ensures appropriate and speedy treatment access by vigilant and proactive client tracking.

Having completed a major longitudinal outcome study on our lac Écho clientele, our Research Department is developing outcome and client satisfaction surveys for all Portage programs. We continue to take a formative approach to research, refining or adjusting our practices as clients' needs dictate.

We are Canada's only truly national addiction treatment organisation. Our reputation is international, yet we are committed to serve each community where we have centres, diligently and with single-minded focus. Our corporate organisation of regional boards and local community involvement will continue to ensure that each client, each family, and each employee, remains at the heart of the entire Portage organisation.

Peter Vamos

Our Mission

Portage fosters the strengths and skills of substance dependent persons to enable them through comprehensive and cost-effective interventions based on the therapeutic community approach, to live lives of sobriety, filled with dignity, self-respect, and accomplishment.

Our Vision

Portage will develop its unique, positive psychology-based therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management and community development in collaboration with other providers in a continuum of services.

Our Values

- Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity, and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual's internal resources, fostered by the stimulating and enriching influence of a favourable environment.
- Portage believes in being expressly client-centered, emphasizing the security of the client and delivering quality services with financial and management discipline.
- Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.



Milestones

1973

Opening of a treatment centre for adults in Prévost (Québec)

1975

Opening of a metropolitan day centre and head office in Montréal (Québec)

1983

Opening of a day centre in Québec City (Québec)

1985

Opening of a residential centre for adolescents, in Elora (Ontario)
Opening of a centre in Toronto (Ontario)

1991

Inauguration of a residential program for adolescents in Prévost (Québec)

1995

Inauguration of the Program for Mentally Ill Chemical Abusers (MICA) (Québec)

1996

Inauguration of the Mother and Child Program in Montréal (Québec)
Opening of an office in Fredericton (New Brunswick)
Opening of a residential centre for youth at Cassidy Lake (New Brunswick)

1999

Opening of a residential centre for adolescents in Saint-Damien-de-Buckland (Québec)

2001

Opening of a residential centre for English-speaking adolescents in Beaconsfield (Québec)

2002

Inauguration of the MIRE program (Movement for Integration and Retention in Employment) in Montréal (Québec)

2007

Opening of the new residential rehabilitation centre for mentally ill chemical abusers (MICA) in Montréal (Québec)
Opening of the new residential centre for the Mother and Child Program in Montréal (Québec)

2009

Opening of a new residential centre for adolescents in Keremeos (British Columbia)
Relocation of the Saint-Damien-de-Buckland residential centre to Saint-Malachie (Québec)

Portage Programs and Services



FOUNDED IN 1970, PORTAGE OPERATES SUBSTANCE ABUSE REHABILITATION CENTRES IN QUÉBEC, ONTARIO, NEW BRUNSWICK AND BRITISH COLUMBIA. THE ORGANISATION'S REPUTATION HAS RAPIDLY GROWN ON AN INTERNATIONAL SCALE THANKS TO THE ESTABLISHMENT OF PROGRAMS IN APPROXIMATELY FIFTEEN COUNTRIES AND THE TRAINING OF COUNSELLORS IN NEARLY 25 CORRECTIONAL SERVICE AND SOCIAL SERVICE OFFICES.

RESIDENTIAL PROGRAM FOR ADULTS

Since 1973, Portage has offered a residential program to help substance-abusing men and women achieve personal growth and lead drug-free lives. Upon their arrival, an individual treatment plan is developed based on their needs. Residents also have the possibility to complete their high school education.

RESIDENTIAL PROGRAM FOR ADOLESCENTS

Portage has three rehabilitation centres for adolescents in Québec: in Prévost, in the Laurentians, in Beaconsfield, and in Saint-Malachie, near Québec City. It also has similar centres in Elora, Ontario, at Cassidy Lake, in New Brunswick, and since 2009, in Keremeos, British Columbia. All of these centres offer a mandatory curriculum that is recognised by the local school boards and adapted to the needs of adolescents.

MOTHER AND CHILD PROGRAM

The program offers residential rehabilitation treatment to substance-abusing pregnant women and mothers accompanied by their children. The program ensures support of the family unit and allows mothers to improve their bond with their children, while continuing their therapy. In addition, the children receive support from childhood educators and special-education teachers. After completion of the residential program, the mothers and their children have access to supervised housing.

PROGRAM FOR MENTALLY ILL CHEMICAL ABUSERS

For the past 15 years, Portage has offered a residential program to meet the needs of addicts coping with problems of mental illness. Based on the principles of the therapeutic community, this program is intended for people suffering from problems of mental illness, primarily schizophrenia, in addition to substance abuse. After completion of the residential program, residents have access to supervised housing.



SOCIAL REINTEGRATION AND AFTERCARE PROGRAMS

Portage's Social Reintegration and Aftercare Programs are designed to help clients apply the competencies they acquired during residential therapy. These programs offer essential support during the most vulnerable period of rehabilitation. Being able to resist negative influences and cope with the stress and discipline of daily life constitutes a significant challenge for a person in rehabilitation. At this stage, Portage supports clients by offering non-residential services such as support group and individual meetings. Here are some examples of Portage's reintegration programs:

- In Québec City, Portage's Employment Readiness Centre is an external socio-occupational reintegration program to support those who have had problems with substance abuse so that they may develop the personal and professional competencies to secure employment and play an active role in society.
- In Montreal, the MIRE (Movement for Integration and Retention in Employment) Program helps adults who are socially excluded, living in poverty, and experiencing problems in entering or re-entering the workforce to develop employability skills and to find a job.
- Since it was established in 2004, a number of Portage graduates have benefited from the La Rive project, a socio-reintegration program in which participants develop their employability skills through the production and performance of a multimedia play in the community. Young Portage graduates work to create a play about the prevention of substance abuse. This enables them to strengthen and put into practice the competencies acquired throughout their residential program, while developing new competencies to facilitate their return to school or the workplace.



CONTINUUM OF CARE

Portage offers individualised follow-up to any person who has received treatment at one of its centres in the country. Through telephone calls or individual meetings allowing each person's needs to be evaluated, Portage is committed to remaining in contact with clients for a period of two years to offer them the support necessary for their rehabilitation.

FAMILY SERVICES

Services offered to participants' families are an integral part of the treatment process at Portage.

Group and individual meetings help relatives to understand and manage the problems that arise when a family member suffers from substance abuse. Furthermore, in the program for adolescents, Portage offers joint group meetings for the families to help them, as well as the residents, to prepare for reintegration into the community. The family becomes an even greater source of support in the rehabilitation process.

Portage is accredited by Accreditation Canada



In 2006, Portage's Board of Directors authorized that an agreement be signed with Accreditation Canada to accredit the organisation in accordance with the Act Respecting Health Services and Social Services. Though this was a legal requirement in Québec, Portage engaged to extend the process to all its centers across Canada.

Through surveys, exchanges, and meetings with Accreditation Canada, all participating Portage centers received basic accreditation in 2008 and 2009.

Obtaining accreditation is the outcome of a long process that began with a self-assessment of the organisation's results using the standards of Accreditation Canada as a yardstick, which has enabled Portage to identify the sectors requiring further examination and measures for improvement. The self-evaluation phase was followed by the development of action plans to enable achievement of the targeted objectives. This phase has involved the entire staff and board of directors through three working committees: governance, organizational effectiveness and clinical practices. This last committee covers the drug addiction and pathological gambling services, medication management and infection prevention.

In June 2010, Portage underwent a survey to complete the accreditation process in the context of the ongoing improvement of the quality of its services, the recognition of the competence of its employees and its expertise in general. As a result of this survey, Portage earned final accreditation.

The representatives of Accreditation Canada have reported excellent quality of the services and care offered to the residents. They were delighted with the devotion, passion, and creativity of Portage's staff, as well as the organisation's flexibility and adaptability. The surveyors also praised the ongoing search for improvement in practices and measures to guarantee the clients' safety. Portage's approach—focused on the needs of the clients and their families—particularly touched the surveyors who enthusiastically backed the holding of the Recognition Ceremony, a formal recognition of the client at the end of his rehabilitation process.

Actions and follow-ups have been set up within the context of the accreditation process to enable all of Portage's staff to promote quality. Portage is happy to have participated in this beneficial exercise for the organisation and is committed to holding on to its achievements and pursue improvement of the quality of its services.



Accreditation recognises Portage for the quality of the services it provides, the abilities of its employees and the expertise of the organisation. Recognition by Accreditation Canada shows that Portage is committed to an ongoing process of improving the quality of its services.

in Québec



In 2009, the Portage Foundation purchased a 14-acre site in Saint-Malachie to house the program for adolescents, which had been located in Saint-Damien-de-Buckland since 1999. The residents and staff have been at the new facility since November 4, 2009.

The new site, which previously housed a ski resort, is impressive because of its beauty. Located near a mountain and a salmon-run river, the site shows very great promise for future development. The youth who visit the facility are enthusiastic about the idea of undergoing their therapy in such an inviting location and those who are already residing there take advantage of the site to engage in numerous outdoor activities. This will undoubtedly have a positive impact on the course of their therapy.

2009-2010 FUNDRAISING CAMPAIGN

This year, Portage kicked off its annual fundraising campaign in the presence of Mr. Alban D'Amours, Campaign Chair, the Co-Chairs and the members of the committee. In order to enable Portage to pursue its humanitarian work, the goal was set at \$1,850,000. It is owing to the support of its benefactors that Portage is able to continue its mission. The money raised and the work of the volunteers have a concrete impact on those who want to seek freedom from addiction and take back control of their lives.



From left to right:
Ms. Isabelle Marcoux, vice-chair of the board for and vice-president for Corporate Development at Transcontinental, Ms. Michèle Dionne, Mr. François Olivier, president and chief executive officer of Transcontinental, Mr. Jean Charest, premier of Québec, Mr. Raymond Royer, former president and chief executive officer of Domtar, Ms. France Denis, Mr. André Chagnon, chair of the board and chief executive officer of Fondation Lucie et André Chagnon, and Mr. Peter Howlett, C.M., president of Portage.



Back row, from left to right:
Mr. Frédéric Bellone, Mr. Sylvain Fauchon, Ms. Guylaine Lebeau, Mr. René Rouleau, Mr. Denis Desbiens, Mr. Sylvain Tremblay.

Front row, from left to right:
Mr. Jules Bois, Ms. Caroline Paré, Mr. Jean Soulard, Ms. Colette Taylor, Ms. Chantal LeBrun, Ms. Anne Desbiens, Ms. Johanne Leblond, Mr. Gaston Bédard.

Events

Several events are organised throughout the year in Québec City and Montréal to support Portage's fundraising efforts. Here are a few of them:

TRIBUTE EVENING

The 2009 Tribute Evening was held on September 24, in the Concourse of the Windsor Railway Station and succeeded in raising \$475,000 to help substance abusers to take back control of their lives. Five hundred and fifty persons were in attendance to pay a well-deserved tribute to Mr. Raymond Royer, former President and CEO of Domtar. Both kind-hearted and a man of action, Mr. Royer has generously contributed to the outreach of the Québec business world and to the well being of the community. His generosity, as well as that of those in attendance at this magnificent soirée, helps us to pursue our work to overcome drug addiction.

GOLF TOURNAMENTS

MONTRÉAL The 12th annual Portage Golf Open, held Monday, June 8, 2009, at Club Laval-sur-le-Lac, was a great success. This tournament raised \$130,000, which was presented to Portage by Mr. Stéphane Boisvert, President of Business Markets at Bell Canada and the tournament's Honorary President.

QUÉBEC CITY The 15th annual Portage Golf Open was held last June 15th at the Club de Golf de Beauce in Sainte-Marie. The event, under the Honorary Presidency of Mr. Tom Lemieux, Vice-President for the Kamouraska-Chaudière-Appalaches region, Fédération des caisses Desjardins du Québec, raised \$60,000 for Portage.

TABLE DU CHEF

Last May 6th, a dozen businesspeople from the Québec City region participated in the 11th edition of the Table du Chef. This activity, organised in partnership with the Fairmont Le Château Frontenac hotel, raised \$8,000, for the Portage residential centre for adolescents, in Saint-Malachie. The guests agreed to pay \$650 to prepare a delicious gastronomic dinner developed by executive chef Jean Soulard right there in the kitchens of the Château Frontenac! The apprentice cooks were able to measure their culinary talent by sampling the meal prepared by them. The organization thanks all those who support Portage.

RECOGNITION CEREMONIES

The traditional Recognition Ceremonies were held in Québec City and Montréal last autumn. These events celebrate the success of the substance abusers who have completed the residential phase of the Portage program, and congratulate those who have maintained a positive lifestyle over the past year. In Québec City, 70 graduates were honoured under the Honorary Presidency of Mr. Jean Drolet, deputy for Jean-Lesage, while in Montréal, 150 persons received their diploma from the Deputy Minister for Social Services, Ms. Lise Thériault. For the graduates, this is a decisive step in their progress and an opportunity to share their pride with their loved ones who have supported them throughout this process.

Annual Campaign & program donors

2009-2010 | Montréal & Québec

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THE MANY OTHER DONORS
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Atlantic



Portage Atlantic provides bilingual residential treatment services for young people ages 14-21 with serious substance abuse issues. The residential centre is located on 165 acres nestled along the shores of Cassidy Lake. Since 1996, more than 1,500 Atlantic Canadian youth have received treatment at this centre.

For, By and From the Community in Atlantic Canada

The Official Opening of the new centre was celebrated on June 18th, 2010, in the presence of New Brunswick Premier Shawn Graham, the Honourable Keith Ashfield, Minister of National Revenue, Minister of the Atlantic Canada Opportunities Agency and Minister for the Atlantic Gateway, Portage Atlantic Chair, Russell H.T. King and fellow Board Members, Portage staff and residents.

The *Making Miracles Happen* Capital Campaign, launched in 2006 to fund this project, was a success thanks to the tremendous support of foundations, service clubs, individuals and businesses in various communities. Financial support from the Province of New Brunswick and the Federal Government also played an important part in the realisation of the new centre.

Fourteen trailers that had long served as dormitories, meeting rooms, a nursing station, a kitchen and dining hall were replaced by a spacious and functional new centre.



From left to right:
Fundy Royal MP Rob Moore, Portage Atlantic resident Kyle Hooten, ACOA minister Keith Ashfield, Portage Atlantic Chairman Russell H.T. King and Saint John MP Rodney Weston

Portage Atlantic Receives \$1 million in Federal Funding

In the last fiscal year, The Honourable Keith Ashfield, Minister of National Revenue and Minister responsible for the Atlantic Canada Opportunities Agency (ACOA) announced significant new funding by ACOA for the Portage Atlantic facility at Cassidy Lake. These funds helped to develop the new multi-purpose central building.

Portage Atlantic Foundation's Annual Appeal

Portage Atlantic enjoys wide support from its communities and the 2009-2010 Annual Appeal results demonstrated that people believe Portage Atlantic makes a difference. The 2009-2010 campaign surpassed its goal of \$100,000 by \$25,000. The funds will be used for three areas of need: Aftercare Services for youth and their families, extracurricular activities for residents, and Continuing Education for staff.

Events and Activities

The outstanding Summer Kick Off concert was sponsored by Ayr Motor Express Inc. with performances by Common People, Flat Top and Clay Harrison Band. Since 2008, over \$80,000 has been raised by this annual event.

The Community Breakfast series has taken Portage Atlantic staff and youth to various communities throughout Atlantic Canada to talk about programs and services provided at Cassidy Lake. From Edmundston to Summerside, the breakfasts have connected Portage to citizens throughout the regions and will continue to do so in the coming year.

The 2009 Recognition Ceremony took place on September 27th. Guest speaker, Mr. John McLaughlin, president emeritus at the University of New Brunswick, told the graduates that they were an inspiration to their families and their communities. Mr. McLaughlin's message to the 45 young men and women being recognised was one of hope and of empowerment.

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PORTAGE ALSO THANKS THE MANY OTHER DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.

Ontario



The Portage residential treatment centre in Elora was established in 1985 and offers residential care and treatment for adolescents aged 14 to 19 with substance abuse problems. Since that time, Portage has provided care and support to over 4,000 Ontario youth and their families. Youth come to Portage from neighbouring cities such as Toronto, Hamilton, Guelph, Kitchener-Waterloo as well as other communities across Ontario. In 2009 Portage became an official Health Service Provider in Ontario and was contracted to provide treatment for youth referred through the health care system, by parents, family physicians, hospitals and through other community addiction treatment agencies. Portage Elora also provides service to, and is funded by, the Ministry of Children and Youth Services, Youth Justice, as well as Children's Aid Societies.



Donors :

Partners

(\$10 000 to \$24 999)

Addison, Clarke & Jennifer Hughes
MacDougall, Bart
Ontario Trillium Foundation
Plaxton, Barbara
The Christina Mary Hendrie Trust

Benefactors

(\$5 000 to \$9 999)

Algorithmics Incorporated
Evald Torokvei Foundation
Gillin, Peter & Dianne Sloan
GlaxoSmithKline Inc.
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Friends

(\$1 000 to \$4 999)

AstraZeneca Canada Inc.
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C.B. Powell Foundation
Chair-man Mills Inc.
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Cramer, David & Jane
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Danier Leather Inc.

The Portage Ontario Annual Campaign

Thanks to the generosity of the many individual, corporate and foundation contributors who responded to invitations and requests for support from the Ontario Campaign Committee and from members of the Portage Ontario Board, the Portage Foundation was able to raise over \$260,000 in support to the following Portage Ontario programs.

THE PORTAGE ONTARIO YOUTH TREATMENT FUND

This fund provides additional treatment beds for youth who need immediate access to residential treatment. It helps sponsor youth deemed most at risk if treatment is delayed due to a waiting list for health-funded treatment beds. Thanks to the generosity of supporters, Portage is able to respond to youth and families in crisis in a more timely manner than would otherwise be possible.

OUTWARD BOUND

The partnership with Outward Bound has blossomed into one that now touches the lives of every resident. Portage recently welcomed a full-time Outward Bound instructor to the Elora campus to provide year-round wilderness programming and to incorporate Outward Bound activities into the daily Portage routine. Residents enjoy additional activities such as rock climbing, canoeing, and building and navigating high ropes courses. All residents have the opportunity to participate in an extended-length wilderness experience in the latter stages of their residential program.

REVITALISED GYM AND NEW SPORTS EQUIPMENT

In May 2009, Portage Ontario received a \$15,000 grant from the Ontario Trillium Foundation to improve the athletic experience for Portage Ontario residents. The grant was used to upgrade the gymnasium floor and to purchase new sports equipment. Sports and recreation are key elements of the Portage therapeutic program and fundamental to the residents' long-term health and recovery process.

Events and Activities

AWARENESS EVENING

On November 10th, 2009, Portage supporters David & Jill Veale and Peter & Dianne Gillin, hosted a Portage Awareness Evening. The co-hosts welcomed about sixty guests to the Gillins' residence where they had the opportunity to hear about the important work Portage does helping Ontario youth overcome drug dependencies.

FRESH START

Portage Governors Dr. Peter and Susan Schaal opened their home and garden once again for the 4th annual Fresh Start Dinner & Auction on June 8th. Through incredibly generous donations and the purchase of auction items, the event raised over \$112,000 in support of the Portage Ontario Youth Treatment Fund. This amount will give an extra twelve Ontario youth the chance to change their lives at Portage this year.

Friends (cont'd)

Dawe, Shirley & John
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Faichnie, Katherine
Gilchrist, Thomas
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Harrison, Brian
Howlett, Michael & Christina
Howlett, Peter A., C.M.
Levitt, Dean R.
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Scott, Dr. Duncan
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Stairs, Harriet
Standish, Matthew
Techar, Frank & Maria
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The Howitt / Dunbar Foundation
The William and Nona Heaslip
Foundation
Thring, Joanne & David
Tremain, Diana & Julia
United Way Ottawa
Usher-Jones, Mary
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Winter, Edward
Worndl, Barbara
Yorkshire Pudding Inc.

PORTAGE ALSO THANKS THE MANY OTHER DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.

British Columbia



PORTAGE KEREMEOS, A YEAR LATER

In the Spring, Portage British Columbia celebrated a first year anniversary operating the treatment centre at The Crossing near Keremeos. Its history, however, began several years earlier when community organisations From Grief to Action and Central City Foundation, in collaboration with the BC Ministry of Health, appealed to Portage for assistance. There was a need for long-term residential treatment in the province for youth suffering from drug dependencies. Young people from BC traveled outside the Province to find help and many attended Portage programs in Québec, Ontario, and New Brunswick.

Service agreements with the Vancouver Coastal and Fraser Health Authorities and the commitment of many dedicated persons enabled Portage to open a centre in British Columbia last year. Central City Foundation led the capital fundraising campaign, raising \$6.5 million for the construction of the facility in Keremeos.

Set among beautiful mountains, the 58-acre property is currently home to over thirty-five BC youths, between 14 and 18 years of age. They are cared for by nurses, educators, and other clinical staff members, receiving gender-specific therapy, both in groups and as individuals. Most residents attend Portage Academy, the on-site high school programming, tailored to individual needs and learning capabilities. While in therapy, residents work towards completing their high school education and receive vocational counseling in preparation for their transition back into society. Those residents who have already finished high school are encouraged to continue their schooling through online courses.

The Keremeos centre currently has the capacity to help 42 residents at a time. Portage has been working diligently to increase awareness and develop relationships throughout the Province. 2009 has been an important year of growth and learning for Portage British Columbia and all involved are hopeful for the future.



First Recognition Ceremony at Keremeos

On May 2nd 2010, Portage BC held its first Recognition Ceremony to celebrate the hard work, courage, and determination of graduating residents from the Keremeos centre. It also marked the accomplishments of BC residents who have previously completed their Portage programs outside the province and have surpassed a one year positive lifestyle anniversary. Among family, friends, staff, Board members, and other invited guests, the Portage Keremeos community paid tribute to these young people and to all those who have played a part in making this first year of operations at Portage Keremeos a success.

Building relationships in the community

As the year progressed, Portage representatives made many new friends and built working relationships with other organisations dedicated to the care of BC youth.

Last May, Mrs. Jae Kim joined Portage. Mrs. Kim is a graduate from Oxford law with several years of legal practice, community involvement and senior leadership roles with other important charitable organisations. Based in Vancouver, Mrs. Kim works with Portage Keremeos staff members, leaders in the BC community and Portage BC Chair John McLernon, to ensure access to Portage for BC youth.

Donors :

Partners

(\$10 000 to \$24 999)

PJS Systems Inc.

Benefactors

(\$5 000 to \$9 999)

Rocky Mountain Fitness Stores Ltd

Friends

(\$1 000 to \$4 999)

Central City Foundation
Hooper, Dr. Richard & Heather
Howlett, Peter A., C.M.
MacFarlane, John & Marian
Owen, Philip W., C.M.

Research

Portage is committed to the evaluation of its programs and services in order to continually improve its service offering. To validate the impact of Portage's treatment approach, the Research Department coordinates program reviews, surveys, and research projects.

A longitudinal research project was carried on the adult and adolescent residents who spent more than fifteen days in therapy, from January 2003 to October 2008, at Portage's lac Écho centre in Québec. The study was conducted with, as the principal investigator, Dr. Serge Brochu of the Université de Montréal.

THE RESEARCH DEMONSTRATES THAT:

- After treatment at Portage, there is a high rate of sustained sobriety - excellent results in a field where relapse is expected;
- After treatment at Portage, there is a significant reduction in the use of hard drugs;
- After treatment at Portage, clients can better contribute to and participate in the community, which leads to harm reduction and increased benefits for society;
- The longer the length of time in therapy, the greater the success.

The Research Department also played an important role this year in the following:

- An evaluation of client progress in treatment using the PASS (Portage Acquired Skills Scale) competency questionnaire, a tool developed by Portage for its clinicians to measure the competencies developed during treatment.
- Training to administer the GAIN (Global Appraisal of Individual Needs) questionnaire, a tool which will eventually replace the ASI (Addiction Severity Index) in the assessment of client needs and as a research instrument.
- Collecting and cataloguing of scientific studies, research, governmental and other reports, with relevance to Portage's practices.



The Portage Program for Drug Dependencies Inc.

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Board of Governors

The Portage Program for Drug Dependencies Inc. is composed of 200 governors who each serve a one-year renewable term. These governors are chosen among the leaders in their field and help bring Portage's message to the community. In 2009-2010, the Board of Governors was composed of:

Addison, Clarke	Di Giorgio, Ted, CA	Leathley, Lulu	Robichaud, Émile
Alexander, Brian	DiGrappa, Michael	Le Corre, Claude	Robitaille, Pierre
Allison, Peter	Dolbec, Alice	Leduc, Hélène	Rocca, Luigi
Baillie, Fraser	Drummond, Derek	Lefebvre, Jacques	Rogers, Pat
Baril, Gilles	Drury, Victor M.	Lefrançois, Marc	Roland, Miriam, M.A., C.C.C.
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Béliveau, Jean, C.C.	Dubois, Claude	Linteau, Denis	Rouleau, Jean
Bell, Dennis	Duchesneau, Jacques, C.M., C.Q.	Macdonell, John	Rouleau, Michel
Benedetti, Alain	Dulny, Christopher, CA, CPA	MacDougall, Bart	Rouleau, René
Bérard, André, O.C.	Durepos, Jill	MacFarlane, John	Rousseau, Claude
Bernard, Hélène	Emmerson, Dave	MacFarlane, Marian	Rousseau, Louise
Birks Bongard, Sally	Evans, Brian	Maloney, Aidan, C.M.	Roy, Bernard A.
Black, Ron	Evans, Ron	Mann, Alan	Royer, Raymond
Blais, Marie-Claude	Felson, Ray	Marcotte, Geneviève	Ruttan, Robert
Blouin, André	Ferguson, David	Marcotte, Robert	Ruttan, Susan
Bois, Jules	Fidani, Harold	Martin, Micheline	Sansom, Brenda
Boisvert, Yvan	Finnegan, Michael	McGregor, Maurice	Schaal, Peter
Bonner, Yolande	Flood, Geoff	McLernon, John	Schaal, Susan
Bowden, Richard	Furlong, Allan	McLernon, Peggy	Scott, André
Bureau-Tobin, Nicole	Furlong, Dennis	Mintz, Gary	Shedleur, Pierre
Callanan, Ted	Galarneau, Jean-Paul	Moffet, Réal, MBA, FCA	Sloan Gillin, Diane
Carlisle, Mac	Gamble, Wayne	Murray, Ronald	Stairs, Harriet
Caron, Yvan, O.Q.	Garneau, Noël	Nachman, Gabriel	Standish, Matthew
Carroll, Bryan	Genest, Pierre	Nagy, Ernest	St-Denis, Robert
Carsley, John	Gignac, Clermont	Neysmith, Brian	St-Georges, Anne
Caven, Peter	Giguère, Laurent, FCA	Nolan, Roderick C., P. Eng.	St-Jacques, Jean
Chagnon, André, O.C., O.Q.	Graham, Ross	Normand, Carmand	Taddeo, Dominic J.
Chagnon, Isabelle	Halley, Richard, FCA	Owen, Philip	Taddeo, Donat J.
Champoux, Raymond	Hébert, Norman D., LL.D	Paquet, Pierre	Tanguay, Jacques
Clark, James	Hodgson, Maggie	Parker, Ranson A.	Therriault, Daniel R.
Cohen, Maurice	Hooper, Heather	Péladeau, Érik	Thomas, David R., CFA
Conrod, Scott	Hooper, Richard	Pilon, Louis	Tisseyre, Michelle
Côté, Jean, C.M., c.r.	Howlett, Michael	Plaxton, Barbara	Tongue, Eva
Côté, Marcel	Howlett, Peter A., C.M.	Poitras, Lawrence A., C.M., c.r.	Tremain, Julia, B.A., MSW, LL.B
Côté, Paul	Johnston, Donald J.	Pomerleau, Guy	Tremblay, Marc
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David, Charles, CA	Laferrière, Nicole	Ransford, Robert J.	Webster, Peter W. LL.D
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Desbiens, Denis	Lean, Ralph, Q.C.	Renaud, Richard J.	Yarosky, Harvey
Desrosiers, Jean-Pierre	Leathley, John L., Q.C.	Ritchie, Robert J.	

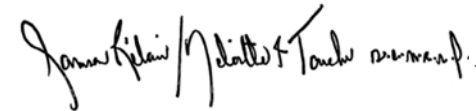
Auditor's Report

To the Directors of
Centre d'Accueil Le Programme de Portage Inc.
The Portage Program for Drug Dependencies Inc.
The Portage Foundation

The accompanying summarised balance sheets and the summarised statements of revenue and expenses and changes in net assets or changes in fund balance are derived from the complete financial statements of Centre d'Accueil Le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation as at March 31, 2010, and for the year then ended on which we expressed opinions without reservations in our report dated May 20, 2010, for Centre d'Accueil Le Programme de Portage Inc., June 2, 2010, for The Portage Program for Drug Dependencies Inc. and June 14, 2010, for The Portage Foundation. The fair summarizations of the complete financial statements are the responsibility of the Organisation's management. Our responsibility, in accordance with the applicable Assurance Guideline of The Canadian Institute of Chartered Accountants, is to report on the summarised financial statements.

In our opinion, these accompanying summarised financial statements present fairly, in all material respects, the related complete financial statements in accordance with the criteria described in the Guideline referred to above.

These summarised financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on the entities' financial positions, results of operations and cash flows, reference should be made to the related complete financial statements.



August 9, 2010

¹Chartered accountant auditor, license No. 10881

SUMMARISED STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN NET ASSETS year ended March 31, 2010	2010 \$	2009 \$
REVENUE		
Government programs	8 647 038	7 292 223
Donations from La Fondation Portage	1 638 182	1 334 647
Contribution from Fondation Lucie et André Chagnon	596 487	1 100 050
Other	344 713	896 541
	11 226 420	10 623 461
EXPENSES		
Salaries	5 566 399	5 356 411
Benefits	1 320 468	1 345 986
Services	4 721 307	4 175 708
	11 608 174	10 878 105
Deficiency of revenue over expenses before amortisation	(381 754)	(254 644)
Amortisation of fixed assets	16 054	17 640
Deficiency of revenue over expenses	(397 808)	(272 284)
Net assets, beginning of year	424 112	696 396
Net assets, end of year	26 304	424 112

SUMMARISED STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN NET ASSETS year ended March 31, 2010	2010 \$	2009 \$ (redressé)
REVENUE		
Government programs	8 153 301	4 809 971
Services	1 457 948	2 653 108
Donations from Portage Foundation	357 428	280 003
Expenses recharged to programs	478 251	333 759
Other	4 480	938
	10 451 408	8 077 779
EXPENSES		
Salaries	4 602 083	2 946 894
Fringe benefits	851 343	626 352
Services	4 402 726	3 846 798
Interest on long-term debt	20 355	38 153
Amortisation	63 324	75 471
	9 939 831	7 533 668
Excess of revenue over expenses	511 577	544 111
Prior year restatement	150 715	-
Net assets, beginning of year	1 197 955*	804 559
Net assets, end of year	1 860 247	1 348 670

SUMMARISED BALANCE SHEET as of March 31, 2010	2010 \$	2009 \$
ASSETS		
Current assets		
Cash	530 397	18 049
Guaranteed investment certificate	100 069	1 531 341
Accounts receivable	870 276	984 913
Prepaid expenses	23 997	7 118
	1 524 739	2 541 421
Fixed assets	1 078 767	617 211
	2 603 506	3 158 632
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	1 214 191	1 455 767
Deferred revenue related to Mother and Child Program Montreal	430 336	350 138
	1 644 527	1 805 905
Deferred grants related to fixed assets	932 675	928 615
Net assets	26 304	424 112
	2 603 506	3 158 632

On behalf of the Board

 Director  Director

SUMMARISED BALANCE SHEET as of March 31, 2010	2010 \$	2009 \$ (redressé)
ASSETS		
Current assets		
Cash	840 932	638 458
Guaranteed investment certificates	500 514	-
Accounts receivable	1 172 936	962 683
Prepaid expenses	52 705	33 979
	2 567 087	1 635 120
Fixed assets	1 303 772	1 377 852
	3 870 859	3 012 972
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	710 563	505 851
Deferred revenue	439 810	202 691
Current portion of long-term debt	80 000	80 000
	1 230 373	788 542
Long-term debt	613 333	693 333
Deferred grants related to fixed assets	89 568	94 993
Deferred contributions related to fixed assets	77 338	87 434
	2 010 612	1 664 302
Net assets		
Invested in fixed assets	443 533	422 092
Unrestricted	1 416 714	926 578
	1 860 247	1 348 670
	3 870 859	3 012 972

On behalf of the Board

 Director  Director

SUMMARISED STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN FUND BALANCES

year ended March 31, 2010

	2010 \$	2009 \$
REVENUE		
Donations	963 321	1 279 671
Donations from Foundation Marcelle et Jean Coutu	350 000	350 000
Rents	755 041	727 968
Special events	1 032 268	875 240
Investment income	185 235	(226 094)
Gifts in kind	229 592	67 483
Miscellaneous	8 835	6 694
	3 524 292	3 080 962
EXPENSES		
Donations	1 995 610	1 614 650
Salaries and benefits	311 989	282 473
Other expenses	726 133	573 947
Interest on long-term debt	178 729	190 440
Amortisation of fixed assets	435 909	479 329
	3 648 370	3 140 839
Deficiency of revenue over expenses	(124 078)	(59 877)
Fund balance, beginning of year	5 045 541	5 105 418
Fund balance, end of year	4 921 463	5 045 541

SUMMARISED BALANCE SHEET

as of March 31, 2010

	2010 \$	2009 \$
ASSETS		
Current assets		
Temporary investments	1 305 789	3 218 539
Accounts receivable	502 270	68 729
Prepaid expenses	19 597	4 285
	1 827 656	3 291 553
Investments	1 817 943	1 557 753
Fixed assets	10 563 667	9 114 035
	14 209 266	13 963 341
LIABILITIES		
Current liabilities		
Bank overdraft	1 418	123 779
Bank loans	435 000	35 000
Accounts payable and accrued liabilities	1 124 559	1 211 109
Current portion of long-term debt	201 281	193 561
	1 762 258	1 563 449
Long-term debt	3 152 364	3 353 645
Deferred grants	4 373 181	4 000 706
	9 287 803	8 917 800
FUND BALANCE		
Operating fund	(285 716)	(173 644)
Fixed assets fund	2 870 239	2 262 872
Restricted fund	2 336 940	2 956 313
	4 921 463	5 045 541
	14 209 266	13 963 341

On behalf of the Board

 Director  Director

Québec

MONTRÉAL REGION

Head Office

865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
info@portage.ca

Mother and Child Program

c/o Portage
865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
info_me@portage.ca

Director: Danielle Des Marais

Interim Director:
Caroline Gélinas

Mentally Ill Chemical Abusers Centre (MICA)

2455 Lionel-Groulx Ave
Montréal, QC H3J 1J6
Tel.: 514 935-3431
info_tstm@portage.ca

Director: Antonio Maturro

MIRE

(Mouvement pour l'intégration et la rétention en emploi)

2187, rue Larivière
Montréal QC H2K 1P5
Tel. : 514 598-7474
dstonge@projetmire.com

Director: Sylvain Montpetit

BEACONSFIELD

Residential Centre for adolescents

141 Elm Ave
Beaconsfield, QC H9W 2E1
Tel.: 514 694-9894
info_adowi@portage.ca

Director: Alan Farkas

PRÉVOST

Residential Centre for adolescents

1790, chemin du lac Écho
Prévost, QC JOR 1T0
Tel.: 450 224-2944
Adolescents:
info_adomtl@portage.ca

Director: François Bourdon

Residential Centre for adults

1790, chemin du lac Écho
Prévost, QC JOR 1T0
Tel.: 450 224-2944
Adults: info_mtl@portage.ca

Director: François Bourdon

RÉGION DE QUÉBEC

Day Centre

150, rue Saint-Joseph Est
Québec QC G1K 3A7
Tel.: 418 524-0320
info_qc@portage.ca

Director: Claudia Savard

Employment

Reintegration Centre

150, rue Saint-Joseph Est
Québec QC G1K 3A7
Tel.: 418 524-0320
info_qc@portage.ca

Director: Claudia Savard

SAINT-MALACHIE

Residential Centre for adolescents

244, chemin de la Station-Touristique-de-la-Crapaudière
Saint-Malachie QC GOR 3N0
Tel.: 418 642-2472
info_adoqc@portage.ca

Director: Serge Comeau

Ontario

ELORA

Residential Centre for adolescents

6681 Irvine Street
Elora (ON) N0B 1S0
Tél. : 519 846-0945
info_adoon@portage.ca

Director: Patrick Culver

Atlantic Canada

CASSIDY LAKE, NB

Residential Centre for adolescents

1275 Route 865
Cassidy Lake NB E4E 5Y6
Tel.: 506 839-1200
info_adoatl@portage.ca

Director: George Gould

FREDERICTON, NB

Portage Atlantic

390 King Street, Suite 211
Fredericton NB E3B 1E3
Tel.: 506 472-4847
ctracey@portage.ca

British Columbia

"The Crossing" at Keremeos

Residential Centre for adolescents

3865 Hwy 3 Ss 1
Keremeos, BC VOX 1N1
Tel.: 250 499-4165
info_adobc@portage.ca

Director: Diane Power-Jeans

COLLABORATORS :

Phil Communications
Imprimeries Transcontinental inc.
Traducta inc.
Amalgame



PORTAGE