MESSAGE FROM THE EXECUTIVE DIRECTOR

After forty years and thousands of people being treated, Portage remains as committed to the success of our clients as we were when our first centre opened its doors in 1973. By staying in tune with clients’ changing needs, we are constantly reassessing and refining our rehabilitation programs to ensure that we are providing the utmost of quality services at Portage.

We are proud to state that over the course of this past year, we saw yet another increase in the number of clients who successfully completed their rehabilitation program. With our improved admission procedures, we were able to help people in need more quickly, and with our new Pre-Admission Program, we were able to better support people through the reflection period, which lead to better retention rates.

The content of our programs has also been enriched again this year, with our socio-cultural, art therapy, and healthy lifestyle activities holding an increasingly important place in our range of services, along with our family support services. Furthermore, on-the-job continuing education programs for our clinical staff staff members has enabled us to provide dialectical behaviour and cognitive behaviour therapy to our clients, as well as more specialised treatment for victims of trauma.

We are very proud of Portage’s achievements over the 2012-2013 period and we pledge to continue to maintain our commitment to the high standard of quality care that has earned Portage such a distinguished reputation over the past forty years.

Peter A. Vamos
Executive Director
Our Mission

Portage fosters the strengths and skills of substance-dependent persons to enable them, through comprehensive and cost-effective interventions based on the therapeutic community approach, to live lives of sobriety, filled with dignity, self-respect, and accomplishment.

Our Vision

Portage will develop its unique, positive psychology based therapeutic community approach in order to be recognised as a standard in the field. It will offer both residential and non-residential services, as well as training, project management, and community development in collaboration with other providers in a continuum of services.

Our Values

• Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity, and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual’s internal resources fostered by the stimulating and enriching influence of a favourable environment.

• Portage believes in being expressly client-centered, emphasising the security of the client and delivering quality services with financial and management discipline.

• Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

PROGRAMS AND SERVICES

PORTAGE OPERATES SUBSTANCE ABUSE REHABILITATION CENTRES IN QUÉBEC, ONTARIO, NEW BRUNSWICK, AND BRITISH COLUMBIA BASED ON THE THERAPEUTIC COMMUNITY MODEL. THE ORGANISATION’S REPUTATION HAS GROWN INTERNATIONALLY WITH THE ESTABLISHMENT OF PROGRAMS IN FIFTEEN COUNTRIES AND THE TRAINING OF COUNSELLORS IN NEARLY TWENTY-FIVE CORRECTIONAL AND SOCIAL SERVICE OFFICES.

Our Values

• Portage strongly believes in the capacity of human beings to strive towards freedom of choice, dignity, and autonomy. For Portage, the pursuit of personal growth is the inevitable result of the mobilisation of the individual’s internal resources fostered by the stimulating and enriching influence of a favourable environment.

• Portage believes in being expressly client-centered, emphasising the security of the client and delivering quality services with financial and management discipline.

• Portage has an unconditional respect for the capacity of individuals to grow and make appropriate choices for themselves.

PROGRAMS AND SERVICES

PORTAGE OPERATES SUBSTANCE ABUSE REHABILITATION CENTRES IN QUÉBEC, ONTARIO, NEW BRUNSWICK, AND BRITISH COLUMBIA BASED ON THE THERAPEUTIC COMMUNITY MODEL. THE ORGANISATION’S REPUTATION HAS GROWN INTERNATIONALLY WITH THE ESTABLISHMENT OF PROGRAMS IN FIFTEEN COUNTRIES AND THE TRAINING OF COUNSELLORS IN NEARLY TWENTY-FIVE CORRECTIONAL AND SOCIAL SERVICE OFFICES.
EVALUATION SERVICE IN MONTRÉAL

Portage operates an admission and an information service in Montréal for the adult residential program. Counsellors evaluate and prepare candidates for treatment at the lac Echo facility, in Prévost.

EXTERNAL PROGRAM IN QUÉBEC CITY

Portage-Québec has been offering external rehabilitation services to men and women who wish to put an end to their consumption of drugs or alcohol. The objective of the program is to develop skills for personal growth, autonomy, etc.

A CONTINUUM OF CARE

Portage offers individualised follow-up to any person who has received treatment at one of its centres. Through telephone calls or individual meetings allowing each person’s needs to be evaluated, Portage is committed to remaining in contact with clients for a period of two years to offer them the support necessary for their rehabilitation.

GENDER-SPECIFIC PROGRAMS

Portage provides gender-specific programs for residents in all of its residential rehabilitation centres. A preliminary study and many surveys show that residents appreciate these programs tailored to each gender, helping increase the retention rate.

REINTEGRATION PROGRAMS AND AFTERCARE FOLLOW-UP

Portage’s reintegration and aftercare follow-up programs are designed to assist residents in applying the skills they learned during residential therapy. These programs provide critical support during the very vulnerable reintegration period. Being able to resist negative influences, coping with the stress of daily life and having the required discipline represents quite a challenge for candidates in the reintegration program. At this stage, Portage supports clients by providing services outside of its facilities, such as peer-support groups and individual help. Here are a few examples of reintegration programs at Portage:

• Since 1987, Portage Québec City’s Job training centre provides, free of charge, an external socio-professional reintegration program for persons who have freed themselves from their addiction to drugs, alcohol or gambling, and who want to return to being active members of society.

• In Montréal, the MIRE program (Mouvement pour l’intégration et la rétention en emploi) celebrated its 10th anniversary in 2012. This program helps adults experiencing situations of social exclusion, poverty, and other difficulties to integrate or reintegrate the job market.

A PROGRAM FOCUSED ON SKILLS

Portage’s program is focused on acquiring 21 skills that help develop the confidence needed to stay sober and actively reintegrate society. Knowing how to express oneself appropriately, participate actively, show empathy, help solve conflicts, work in a team, know how to ask for help, and have realistic goals, are just some examples of the skills residents develop at Portage.

FAMILY SERVICES

Services for participants’ families are an integral part of treatment at Portage. Group and individual meetings help relatives to understand and manage the problems that arise when a family member suffers from substance abuse. For adolescent programs, Portage provides joint group meetings with family members and clients, to help them prepare for reintegration into the community. In this way, the family becomes an even greater source of support in the rehabilitation process.

PORTAGE ANNUAL REPORT 2012-2013
Strategic Orientations

1 **INTERVENTION MODEL**
Portage, the intervention model
Actions:
• Make the foundations of Portage’s model, the scope of its services and the benefits of its programs better known outside the organization,
• Ensure that Portage’s intervention model is implemented in a uniform manner in all current components of its program and in those that will be added over the next few years,
• Develop a training program based on Portage’s unique philosophy and practices.

2 **ORGANIZATION AND DELIVERY OF SERVICES**
Portage, the organization and delivery of services
Actions:
• Set up the mechanisms needed to evaluate the implementation of Portage’s various components, in order to:
  - Determine Portage’s client profile,
  - Determine the profile of persons who have benefited from the Portage intervention model,
  - Describe the clinical path profile of clients that use the various components of Portage, identify the key points that require corrective measures and establish the means to improve Portage’s services,
• Continue to develop strategic partnerships in order to complete Portage’s service offering,
• Ensure that staff have the necessary skills to deliver quality therapeutic interventions safely to Portage’s varied clientele,
• Ensure the safety of clients and staff, as well as the confidentiality of information collected on clients, both on paper and in electronic format, with an emphasis on prevention.

3 **ORGANIZATIONAL STRUCTURE**
Portage, the organizational structure
Actions:
• Improve management of organizational changes (planning and information on the reasons behind the changes),
• Improve organizational communication between managers and staff, and between the various departments,
• Continue to develop strategic partnerships in order to complete Portage’s service offering,
• Ensure that staff have the necessary skills to deliver quality therapeutic interventions safely to Portage’s varied clientele,
• Ensure the safety of clients and staff, as well as the confidentiality of information collected on clients, both on paper and in electronic format, with an emphasis on prevention.

4 **LONG-TERM GROWTH AND VIABILITY**
Portage, its growth and long-term viability
Actions:
• Improve relations with the various levels of government and submit detailed reports to them, including data on the implementation of various components of Portage and results on Portage’s interventions model,
• Improve relations with our financial partners in order that they may support Portage’s innovative projects,
• Ensure there is competent staff with an intrinsic knowledge of Portage’s intervention model,
• Offer services to new clients and in new markets,
• Improve current material resources and plan capital assets needs to meet Portage’s expansion projects.
PORTAGE HONOURS LAURENT BEAUDOIN DURING THE 9TH EDITION OF THE SOIRÉE DES GRANDS PHILANTHROPS

The Soirée des Grands Philanthropes in honour of Laurent Beaudoin, Chairman of the Board of Bombardier, held on September 20, 2012 in Windsor Station’s Salle des pas perdus, was a phenomenal success. This magnificent evening, bringing together over 600 guests, took place in the presence of the event’s co-chairs, Mr. Jean-Guy Desjardins, Chairman of the Board, Chief Executive Officer and Chief Investment Officer for Fiera Capital, and Marcel Dutil, Chairman of the Board for Groupe Canam, and of all members of the honourary committee: André Chagnon, Marcel Côté, André Imbeau, John Paul Macdonald, François Olivier, Peter A. Howlett, and Colette Taylor. Thanks to the contribution of our generous sponsors, businesses, and individuals committed to Portage’s humanitarian mission, a net amount of $1,000,000 was donated to the organisation.

PORTAGE GOLF OPEN TOURNAMENTS

Montréal

On June 11, 2012, the 15th annual Portage Golf Open Tournament was held at the Club Laval-sur-le-Lac. On this occasion, many members of the business community gathered to highlight their support for the organisation. This event, which is always a great success, raised the sum of $150,000, which will go to residential centres for adolescents in Prévost and Beaconsfield.

Portage would also like to extend its heartfelt thanks to the participants, sponsors, generous donors, the organising committee, and volunteers who helped make this event a success. Through their support, they help give a second chance to those who want to free themselves from drug addiction, in hopes of a better life.

RECOGNITION CELEBRATIONS IN QUÉBEC CITY AND MONTRÉAL

At the September 30th celebration, Portage honoured the graduates of its programs for adolescents, adults, mothers and children, and pregnant women, as well as men with mental health issues in the greater Montréal region. Figure-skating champion, Ms. Joannie Rochette, addressed the graduates to congratulate and encourage them in maintaining their determination to keep up a positive lifestyle. Moving testimonials from a graduate and her mother touched the audience. “At the age of 12, my daughter changed,” said the mother. “An academically and athletically gifted young girl until then, she became a perfect stranger. Between the ages of 12 and 16, she was hospitalised twice in a psychiatric ward for suicide attempts, spent time in a voluntary placement centre after running away, all followed by a greater downward spiral.” Her daughter spoke next and told of her progress at Portage. “Throughout this situation, I learned to trust myself and others, to respect myself and others, to accept, to hope, to love myself, and to love life. The greatest thing of all is that today, I am able to say in front of a crowd of 1,500 that I love myself and that I am proud of who I am.”

At the October 21st celebration, Portage honoured graduates from its substance abuse rehabilitation programs for adolescents and adults in the greater Québec City region, and its Québec City job training program, which is celebrating its 25th anniversary this year. The guest of honour was Mr. Claude Dubois, author, performer, composer, and governor of Portage, who delivered a rousing speech to the graduates and performed three songs for the audience. Portage Québec staff members also performed a song in honour of the graduates.
TABLE OF HONOUR

2012-2013 – MONTREAL AND QUEBEC

 Builders
($250,000 and more)

- Fondation Lucie et André Chagnon
- Jean Rouleau Communication

Ambassadors
($50,000 to $150,000)

- Banque Nationale
- Beaudet inc.
- Bell Canada
- Bombardier Inc.
- Fondation J. Armand Bombardier
- Fondation J. A. DeSève
- Fondation Marcelle et Jean Coutu
- Fonds de placement immobilier Cominar
- Industrielle Alliance, Assurance & services financiers inc.
- La Cavalerie
- Power Corporation du Canada
- R. Howard Webster Foundation
- TC Transcontinental

Leaders
($25,000 to $49,999)

- CAE inc.
- Cirque du Soleil
- CGI
- Fondation Molson
- Groupe Canam inc.
- Hydro-Québec
- IBM Canada Ltée
- La Capitale Groupe financier
- Norton Rose Fulbright
- Pomerleau Inc.
- RBC Banque Royale
- Saputo Inc.
- Sœurs de la charité de Québec (Les)

Partners
($10,000 to $24,999)

- Addenda Capital inc.
- Air Canada
- Alimentation Couche-Tard Inc.
- Banque TD
- BMO Banque de Montréal
- Bombardier Produits Récraitifs inc.
- Caisse de dépôt et placement du Québec
- Caminex inc.
- Camoplast Solideal Inc.
- CASCADES Canada inc.
- Club Rotary Québec-Charlesbourg CN
- Cocego Câble Inc.
- Coranco Corporation Limited
- Corporation Fiera Capital
- Couture, André
- Croix Bleue du Québec
- Deloitte
- Desjardins Sécurité financière
- Dotmar inc.
- Duval Mercedes-Benz
- Ernst & Young s.r.l.
- Fédération des caisses Desjardins du Québec
- Fondation Bon Départ de Canadian Tire
- Fondation Carmand Normand
- Fondation Québec Jeunes
- Fondation Sibylla Hesse
- Fondation Simple Plan
- Fondation Virginie Parker
- Groupe Jean Coutu (PJC) inc.
- Journal de Québec
- Joron, Mélanie
- Katimavik
- Kaufmann de Suisse
- Les Placements Dennis Wood inc.
- Les Productions Feeling
- Manac inc.
- Marsh Canada Ltée
- MEDAVIE INC.
- Merrill Lynch Canada inc.
- Metro
- Moniteurs Angelcare inc.
- Mouvement Desjardins
- Peacock Family Foundation (The)
- PriceWaterhouseCoopers
- Raymond Royer et France Denis
- Rio Tinto Alcan Inc.
- Samcon
- Sœurs de Saint-François-d’Assise
- The George Hogg Family Foundation
- Woods s.e.n.c.r.l.

Friends
($1,000 to $4,999)

- Acicor ASF inc.
- Administration portuaire de Montréal
- Aéroports de Montréal
- Agri Marketing Corporation
- Auberge Saint-Antoine
- Avantages sociaux delta
- Beaconfield Oldtimer Hockey Association
- Belden Canada inc.
- Bennett, William John
- Blondneau, Guy
- BMO Nesbitt Burns Inc.
- Bolanis, George
- Boulanger, Gérard, artiste peintre
- Brisco, Robert
- Canadian Olympic Committee
- Charitable Gifts Funds Canada Foundation
- Claudine and Stephen Bronfman Family Foundation
- Caisse larame Casgrain Wells, S.E.N.C.R.L.
- Caisse des Mnts & Vallées de Bellechasse
- Canderel Management Inc.
- Capucins du Québec (Les)
- Centre administratif, Les Caisses Desjardins de la région de Québec
- CFE des Caisses Desjardins Lévis-Lotbinière-Bellechasse
- Cisco Systems Canada
- Congrégation des Soeurs Notre-Dame du Purpépél Secours
- Cusson, Mario
- Coté, Marcel
- CPU Design inc.
- Dagenais, Camille A.
- Décarie, Michel
- Denis, Robert
- Des Marais II, O.C., Pierre
- Dessau inc.
- Développement PMC Chaudière-Appalaches
- Deveenmore Ltee, courtier immobilier agréé
- Di Giorgio, Ted
- École de danse Dos Con Dos
- Fairmont le Château Frontenac
- Finances Québec
- Fondation de la Corporation des concessionnaires d’auto. de Montréal Inc.
- Fondation Jean-Paul Tardif
- Fondation Michaud
- Fonds humanitaires de la Fraternité des policiers & policières de Montréal
- Fonds Sociale Allistate
- Gaulin, Jean
- GDI Services aux Immeubles
- Gestion Chades inc.
- Giguere, Sylvie
- Gilles Mercille inc.
- Great-West Life Assurance Company
- Groupe Aldo
- Groupe Germain inc.
- Groupe Promutuel Fédération de sociétés mutuelles d’assurance générale
- Groupe Santé Medisys
- Hébert-Lalonde, Louise
- Heenan Blaikie S.E.N.C.R.L., SRL/LLP
- Héroux-Devtek inc.
- Highwater Foundation (The)
- Howlett, Peter A.
- Hycan Foundation (The)
- INO
- Intact Financial Corporation
- JAMP Pharma Corporation
- Labarre Gauthier Inc., (LG2)
- Lalonde, Jean-Claude
- Lamarré, Bernard
- Langlais Kronström Desjardins, S.E.N.C.R.L.
- Larry & Cookie Rossy Family Foundation (The)
- Leahy, Brian H.
- Lafèbvre, Gilles
- Langvari Jr., Georges Francis
- Les Pro’s de la Photo
- Location Park Avenue

Benefactors
($5,000 to $9,999)

- Ameublements Tanguay
- Avnet International (Canada) LTD
- BBA- Franc
- Capital GVR Inc.
- Edelman
- Fairmont Le Reine Elizabeth
- Fondation Libermont
- Fondation Paul A. Fournier
- Fonds de solidarité FTQ
- Garaga inc.
- Gestion d’actifs Burgundy
- Groupe Aor inc.
- Groupe Camada Inc.
- Groupe Petra
- Hôtel Le Bristol Paris
- Intact Corporation financière
- Investissement Québec
- Jean R. Fabi & Cie Ltee
- KPMG
- Lambert Somec inc.
- Lorân Technologies Inc.
- Marchés mondiaux CIBC Inc.
- McCarthy, Trébourt S.E.N.C.R.L., s.r.l.
- McKinsey & Company
- Mercedes-Benz de Québec
- Opération Enfant Soleil
- Partage-Action de l’Ouest-de-l’Île
- Roasters Foundation
- Société en commandite Services S & E
- SOJECCI II Ltee
- SSQ Groupe financier
- Tact Intelligence-Conseil
- TAXI Canada Ltee
- The Cyril & Dorothy, Joel & Jill Reitman Family Foundation
- Towers Watson Canada Inc.

Portage
($100,000 or more)

- BMO Banque de Montréal
- Bombardier Produits Récraitifs inc.
- Caisse de dépôt et placement du Québec
- Canimex inc.
- Camoplast Solideal Inc.
- CASCADES Canada inc.
- Club Rotary Québec-Charlesbourg CN
- Cocego Câble Inc.
- Coranco Corporation Limited
- Corporation Fiera Capital
- Couture, André
- Croix Bleue du Québec
- Deloitte
- Desjardins Sécurité financière
- Dotmar inc.
- Duval Mercedes-Benz
- Ernst & Young s.r.l.
- Fédération des caisses Desjardins du Québec
- Fondation Bon Départ de Canadian Tire
- Fondation Carmand Normand
- Fondation Québec Jeunes
- Fondation Sibylla Hesse
- Fondation Simple Plan
- Fondation Virginie Parker
- Groupe Jean Coutu (PJC) inc.
- Journal de Québec
- Joron, Mélanie
- Katimavik
- Kaufmann de Suisse
- Les Placements Dennis Wood inc.
- Les Productions Feeling
- Manac inc.
- Marsh Canada Ltée
- MEDAVIE INC.
- Merrill Lynch Canada inc.
- Metro
- Moniteurs Angelcare inc.
- Mouvement Desjardins
- Peacock Family Foundation (The)
- PriceWaterhouseCoopers
- Raymond Royer et France Denis
- Rio Tinto Alcan Inc.
- Samcon
- Sœurs de Saint-François-d’Assise
- The George Hogg Family Foundation
- Woods s.e.n.c.r.l.

L’Unique assurances générales
- Massicotte, Paul J.
- Mayrand, Richard
- Maxwell Cummings Family Foundation (The)
- Microsoft Canada
- Miller Thompson Poullot SENCRCL
- Morris & Rosalind Goodman
- Family Foundation
- Optimum Réassurance inc.
- Otéra Capital Inc.
- Paquette, J. Roger
- Present
- Reitmans (Canada) Limited
- RGA Compagnie de reassurance-vie du Canada
- ROBIC, S.E.N.C.R.L.
- Rosenblom, Marilyn
- Ruttan, Robert and Susan
- Ryan, Donald P.
- SCOR Global Via
- Services environnementaux
- Daisan - A.T.M. Inc. (Les)
- Simons, Carl
- Stetulakwe, Paul J.
- Solaris
- State Street Trust Company Canada
- St-Georges, Anne D.
- Stikeman Elliott, S.E.N.C.R.L., s.r.l.
- Taylor, Colette M.
- Télésystème Ltee
- The Birks Family Foundation
- The Hay Foundation
- Traducta Inc.
- Ultramar
- Vins Philippe Dandurand inc.
- Walker Glass Co. Ltd
- West Island Blues Festival
- W ili.am
- Zeller Family Foundation

PORTAGE WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.
In 1996, Portage Atlantic opened a residential addiction rehabilitation centre for adolescents on the shores of Cassidy Lake, near Sussex, New Brunswick. Since then, close to 2,000 youth from New Brunswick and from the other Atlantic provinces have been treated at the 64-bed centre.

Services are delivered in collaboration with the New Brunswick Department of Health, the Department of Public Safety and the New Brunswick Department of Education. Portage Atlantic works closely with addiction workers and probation officers from the Atlantic provinces to ensure that the youth in treatment are able to maintain a connection to their home communities throughout their stay, and that the aftercare supports are in place once they complete their residential program.

Portage Atlantic is grateful for its devoted volunteers and donors, who generously contribute their time, energy, and financial support.

PORTAGE ATLANTIC FOUNDATION ANNUAL CAMPAIGN

Portage Atlantic’s substance abuse rehabilitation program for youth is financed in part by the Portage Atlantic Foundation, which raises funds by way of private donations and fundraising and awareness-building activities.

Portage Atlantic is fortunate to receive extraordinary community support from individuals, service clubs, corporations, foundations, and businesses, which have contributed over $170,000 in donations and gifts in kind for the 2012-2013 annual campaign year. These donations have helped Portage Atlantic to respond to its greatest needs:

- The Aftercare Program supports the youth as they transition from their residential program back to mainstream society.
- Extracurricular Activities provide residents with opportunities to work on their teamwork and conflict resolution skills, while building their self-confidence in the context of personal and team challenges.
- Ongoing Education for Staff Members to ensure the quality of therapeutic interventions and care.

PORTAGE ATLANTIC ANNUAL REPORT 2012-2013

EVENTS AND ACTIVITIES

Forty-three Atlantic youth recognised for overcoming addiction

On Sunday, September 30, 2012, Portage Atlantic hosted its annual Recognition Ceremony, celebrating the youth who have completed the residential phase of their drug rehabilitation treatment program this year as well as those who have maintained a positive lifestyle since doing so last year. The ceremony, proudly supported by the RBC Children’s Mental Health Project, featured guest speaker Dan Martell, a successful Moncton-born entrepreneur who, as a youth, struggled with drug abuse and criminal activity before turning his life around at Portage.

Recovery Trail Project

After three years of working in partnership with T4G’s Future Focus Foundation, Portage Atlantic’s fundraising goal of $60,000 for the Recovery Trail Project has been met, and the work to extend and enhance the 3.8 km of walking trails on the centre grounds is underway. The Recovery Trail provides youth in treatment with a great place to get some fresh air and exercise, as well as some quiet time for personal reflection. An official opening ceremony will take place in November 2013.

Lewis Fitness Centre Capital Campaign

With a very generous donation from the late Dr. William Lewis, Portage Atlantic has launched the Lewis Fitness Centre Capital Campaign, for the construction of a brand new fitness centre to be built on-site for the youth in substance abuse treatment at Cassidy Lake.

Community Breakfast Series

Portage Atlantic’s Community Breakfast series focused on Newfoundland this year, with events in St. John’s and Corner Brook. These awareness-building events seek to start a discussion about the addiction challenges in the community and to raise awareness about Portage Atlantic’s drug rehabilitation centre for youth. The events are made possible by the Atlantic Lottery Corporation’s Corporate Events Support Sponsorship grants.

Friars Family Concert

On November 26, 2012, Tracy Friars and her seven sisters hosted one of Saint John’s most popular fundraising concerts, dedicated this year to the youth who are working to overcome their substance abuse issues at Portage Atlantic. $50,000 was raised.

Donors:

AMBASSADORS ($49,999-$100,000)
- Estate of William Lewis

LEADERS ($25,000-$49,999)
- Bursary Anonymous Donation

PARTNERS ($10,000-$24,999)
- Friars Anonymous donation
- Ayr Motor Express Inc. RBC Foundation

BENEFACTORS ($5,000-$9,999)
- Atlantic Lottery Corporation
- Nashwaaksis Lions Club Inc. RBC Foundation

T4G Limited
- United Commerical Travellers (Jack Kidd Council 755)

FRIENDS ($1,000-$4,999)
- Bell Aliant Regional Communications
- Black, Robert
- Bliss, John
- Carleton North Community Foundation
- Eastern Fence Limited
- Evans, Ron and Sherrie
- Fredericton Community Foundation
- Future Focus Foundation
- Howlett, Peter A.
- Humphrey Lewisville Sunnybrae Lions Club
- Investors Group Financial Services L.T.S. Investments Inc.
- Bourgeois, Jean-Robert
- McCarthy, Peter and Daphne
- MacMurray Foundation Ltd
- Master Mechanical Inc.
- Middleton, David and Elaine
- Moncton Lions House Inc.
- Moncton Lion’s Club
- N.B. Masonic Charities & Housing
- Potash Corporation of Saskatchewan Inc.
- Riverview Lions Club
- Roussel, Ghislaine
- The Celebration of Green Space
- Sisters of Charity of the Immaculate Conception
- Sussex Area Community Foundation Inc.
- RBC Bank, Landsdowne Branch
- TD Bank Group
- Thibeau, Michel
- Ville de Dieppe

PORTAGE WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.
In 1985, Portage Ontario opened a residential addiction rehabilitation centre for adolescents in Elora, near Guelph, Ontario. Since then, more than 4,000 youth from across the province have been treated at this centre. Services are delivered in collaboration with the Ontario Ministry of Health, the Waterloo Wellington Local Health Integration Network; the Ministry of Children and Youth Services, the Ministry of Education and the Upper Grand District School Board. Youth are referred by parents, schools, family physicians, hospitals, other addiction-treatment and youth-serving agencies, as well as through Youth Justice and the Children’s Aid Society.

Portage Ontario works closely with youth addiction counsellors and probation officers in the community to ensure that youth maintain strong connections to their home communities throughout their stay and that they have family and aftercare supports in place once they complete their residential phase of treatment.

Portage Ontario is grateful for its devoted volunteers and donors, who generously contribute their time, energy, and financial support.

PORTAGE ONTARIO FOUNDATION ANNUAL CAMPAIGN
Portage Elora’s substance abuse rehabilitation program for youth is financed in part by the Portage Ontario Foundation, which raises funds by way of private donations and fundraising and awareness-building activities.

Thanks to the generosity of individuals, foundations, and corporations, and the exceptional leadership provided by the Portage Ontario Board and Campaign Committee, the Portage Ontario Foundation once again exceeded its annual campaign target, raising over $400,000 in support of Portage Ontario’s greatest needs:

- The Portage Ontario Youth Treatment Fund helps to cover the cost of providing extra treatment beds for youth deemed most at risk if treatment is delayed due to waiting lists.
- The Continuing Care and Family program provides up to 18 months of post residential care for the young person and their family.
- The Outward Bound Program provides wilderness programming that gives residents the opportunity to affirm their personal growth and development by pushing their limits and testing newly learned skills in challenging outdoor settings.
- The Volunteer & Community Engagement Program enhances the program offering with volunteer-led socio-cultural programming and provides the youth in treatment the opportunity to give back by volunteering in the local community.
- The Pre Care Program provides support to youth, and parents, who are awaiting admission to the Portage residential program helping to maintain their motivation for treatment, to manage personal and family crises, and to increase their readiness to engage in the program when they arrive on campus.
- The Videoconference System seeks to improve treatment outcomes, reduce time and cost of travel, and increase the efficiency of the continuing care and family support team.

DONORS:

AMBASSADORS ($49,999 - $100,000)
- Cornerstone 52 Foundation

LEADERS ($25,000 - $49,999)
- Echopark
- GoodLife
- The Ontario Trillium Foundation

PARTNERS ($10,000 - $24,999)
- AutoShare
- Addison, Clarke & Jennifer Hughes
- AstraZeneca Canada Inc.
- Banque de Montréal
- Globe and Mail
- Green Shield Benefits Association
- MacDougall, Balfour
- MacDougall, MacDougall, MacTeir Inc.
- Manulife Financial
- Morneau Shepell
- Plaxton, Barbara
- TD Bank Group

BENEFACTORS ($5,000 - $9,999)
- CIBC
- Ewald Tokorkei Foundation
- Patchell Holdings Inc.
- IMAX
- Price Waterhouse Coopers LLP
- The Buchan Family Foundation
- The Hewitt/Dunbar Foundation
- The Mary Ellen Timmins Family Trust
- Toronto Star Fresh Air Fund

FRIENDS ($1,000 - $4,999)
- Abboud, Ruba and Sam
- Baruch, Sharon
- Bay Bloor Radio
- Blunt, Jennifer and Bob
- Brasseur, Murray
- Caven, Peter
- Danier Leather Inc.
- Everest Management Network Inc.
- Gasparotto, Piera
- Gentile, Angelo
- Gillin, Dianna and Peter
- Ginette, L. Charette and Stephen J.
- Guelph Community Foundation
- Howlett, Michael C.
- Howlett, Peter A.
- Lormel Homes Ltd.
- MacMurray Foundation
- Mundy, Michael
- Nachman, Gabe
- Neysmith, Brian
- Outward Bound Canada
- Robinson, Gary and Kathleen
- Sanders, Carol P.
- Schaal, Dr. Peter and Susan
- Shevlin, June and Colin
- Stairs, Harriet
- Standish, Matthew J.
- The Bank of Nova Scotia
- The Harold Kopas Family Foundation
- The Sports Medicine Specialists
- UPA Production Services
- Usher Jones, Mary
- Veale, David and Jill
- Wallace, Missa and Mitchell Sain

PORTAGE WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.

EVENTS AND ACTIVITIES

Inaugural Hit the Bricks Adventure Race and Festival
Over three hundred participants - executives and youth teams alike - came out to support Portage Ontario and Outward Bound Canada at a fun-filled day of teamwork and challenges on Sunday, April 28, 2013, at the first-ever Hit the Bricks Adventure Race and Festival. Toronto’s Evergreen Brick Works, was transformed by Outward Bound into an adventure obstacle course that put minds, bodies, and souls to the test, and raised funds and awareness for Portage Ontario.

Fresh Start Dinner and Auction 2012
Over two hundred guests gathered for the sixth Annual Fresh Start Dinner & Auction on May 29, 2012. This year’s event was held at the Toronto Botanical Garden and was chaired by Jennifer Hughes. Through generous donations, auction purchases, and corporate support the event raised about $120,000 which means that the event has now raised more than $655,000 over its six-year history.

Cornerstone 52 Foundation Partnership
Portage Ontario and the Cornerstone 52 Foundation continued their partnership this year joining forces on two events. A golf tournament at the Thornhill Golf and Country Club on June 18, 2012 and a second Classic Albums Live event featuring an evening of music and dancing to the Beatles’ Sgt. Pepper’s Lonely Hearts Club Band album on February 9, 2013. Together the events generated more than $65,000, support for the Portage Ontario Foundation including a generous matching contribution from Preferred One.
Thirty one BC youth recognised for overcoming addiction

On Sunday, June 23, 2012, Portage BC hosted its third annual Recognition Ceremony, celebrating seventeen youth who have completed the residential phase of their drug rehabilitation treatment program this year and fourteen others who have maintained a positive lifestyle since they completed the residential program one year before. It was a day filled with emotions as the graduates, their families, peers, and caseworkers came together to celebrate the accomplishments of the courageous youth who have taken control of their substance abuse issues at the Portage Keremeos residential rehabilitation centre at “The Crossing”.

Dialectical Behaviour Therapy training for the staff at Portage Keremeos

Portage Keremeos has been working to train its staff members in Dialectical Behaviour Therapy (DBT), a type of therapy that reinforces Portage’s treatment focus on mindfulness and being in the present. Adding Dialectical Behaviour Therapy to the Portage treatment regimen helps clients learn how to better react to stressful situations, especially for those who are challenged by eating disorders, self-injury, depression, high anxiety, and suicidal tendencies.

Interior School Board investing in Portage Academy

Six Interior School Board representatives visited the Portage Keremeos youth rehabilitation centre last winter with the intention of making budget cuts to its academic program, as they had been doing for all other interior BC schools. However, after meeting a number of residents and taking a tour of the facility, the representatives were convinced that not only could they not make the intended cuts, but they needed to invest more resources into the program. With the new Interior School Board investments in the program, 2013 will be the first year that summer school programming will be available two days a week for the youth in treatment.

“Through the times when I felt like giving up, my community encouraged me and fought with me. As I grew in my program, I learned to give that back to other girls, and learned how amazing it felt to be able to help. This program taught me how to love myself and others. I have regained my compassion. I have aspirations and the confidence to live my life towards those goals. Portage has given me the hope I needed so desperately and the strength to live the life I wanted but never thought I could have.”

— Amber, Portage Keremeos resident

In 2009, Portage BC opened the first long-term publicly-funded residential addiction rehabilitation centre for adolescents in BC, on a site known as “The Crossing”, in British Columbia’s Okanagan Valley. Since then, hundreds of BC youth have been treated at the centre.

Services are delivered in collaboration with the provincial health authorities, who are contracted to take care of the admissions and the aftercare services.

Portage British Columbia is grateful for its devoted volunteers and donors, who generously contribute their time, energy, and financial support.

PORTAGE BC FOUNDATION

Portage BC’s substance abuse rehabilitation program for youth is financed in part by the Portage BC Foundation, which raises funds by way of private donations. The Portage BC Foundation is currently fundraising to be able to provide aftercare services in a Vancouver location.

Donors:

AMBASSADORS
($50 000-$149 999)
Melville Greyell
Bruce & Patricia Coleen Greyell

FRIENDS
($1 000-$4 999)
Alexander, Richard & Christine Central City Foundation
Hoqwesa Holdings Ltd
Peace Educational Services Corporation
Ruttan, Robert & Susan

PORTAGE WOULD ALSO LIKE TO THANK THE MANY DONORS WHOSE NAMES DO NOT APPEAR ON THIS LIST.
The Portage Program for Drug Dependencies Inc. is composed of 200 governors who each serve a one-year renewable term. These governors are chosen among the leaders in their field and help bring Portage’s message to the community. In 2012-2013, the Board of Governors was composed of:

Gary Mintz
Retired Vice-President
Delsan-Aim

Roderick C. Nolan
P. Eng.

Dorothy Reitman, C.M.
Former President
Canadian Jewish Congress

Anne St-Georges
Former Vice-President
BELL

Harriet Stairs
Former Vice-President
Bank of Montreal

Ann Vroom
Former Executive Director
Canadian Council for the Advancement of Education

Harvey Yarosky
Lawyer
Yarosky, Daviault & Isaacs
Portage’s Programs, Research & Review Department is mandated to carry out studies that help the organisation continually refine its treatment programs, to ensure that it is providing quality services through an effective therapeutic approach.

For over 20 years, Portage’s research team has collaborated on large-scale research projects and surveys with university researchers, mainly in Quebec. These studies have shown the value of Portage’s therapeutic interventions, demonstrating their effectiveness in helping people either stop or reduce the use of hard drugs, which in turn has helped to reduce criminal activity.

Over the past year, Portage’s Programs, Research & Review Department has been working on the following projects:

- A study to evaluate Portage’s Mother and Child Program, conducted by Ms. Sylvie Lefrançois of SOGÉMAP;
- An evaluation of the effects of Portage’s therapeutic interventions on skills development during the residential phase, as well as the long-term impact of these interventions after residential treatment;
- An evaluation of client satisfaction, in order to improve Portage’s services;
- An analysis of accident and incident reports, in order to ensure client safety.

At the beginning of March 2013, Portage’s Programs, Research & Review Department redefined its mandate to be better aligned with the organisations’ priorities, placing a greater emphasis on programs evaluation. As a result, next year’s activities will focus on a systematic analysis of the data in Portage’s database in order to better outline the client profile, and will seek to determine how well Portage’s therapeutic interventions and services enable clients to overcome their drug abuse problems and improve their quality of life. The department also plans to enhance its professionalism, creativity, innovation, interdisciplinarity, as well as its collaborations and partnerships.

Since 2006, Portage has participated in Accreditation Canada’s Qmentum Program, which seeks to help health and social services organisations in their efforts to pursue continuous quality improvement.

Portage’s initial accreditation in 2010 was granted for a three-year period. During the summer of 2012, Portage initiated the required steps to renew its status as an accredited organisation, and Accreditation Canada’s follow-up visit occurred during the summer of 2013. As in 2010, accreditation was granted in 2013 on condition that certain standards be met within a set timeframe. At the time of writing this annual report, Portage’s accreditation team was in the process of implementing the required measures to ensure compliance.

Portage’s accreditation process is a commitment to continuous quality improvement, involving all staff members at both the administrative and clinical levels. We wish to thank all those who played a role in Portage’s accreditation and who, day after day, demonstrate that this commitment to safety and quality services is an integral part of Portage’s organisational culture.

To the Directors of
Centre d’accueil le Programme de Portage Inc.
The Portage Program for Drug Dependencies Inc.
The Portage Foundation

The accompanying summarized financial statements, comprising the summarized statements of financial position of The Centre d’accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation as at March 31, 2013, March 31, 2012 and April 1, 2011, and the summarized statements of revenue and expenses for the years ended March 31, 2013 and March 31, 2012, are derived from the audited financial statements of The Centre d’accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the years ended March 31, 2013 and March 31, 2012. We expressed an unmodified audit opinion on those financial statements in our reports dated June 20, 2013 for The Centre d’accueil le Programme de Portage Inc., June 20, 2013 for The Portage Program for Drug Dependencies Inc. and October 10, 2013 for The Portage Foundation. Those financial statements and the summarized financial statements do not reflect the effects of events that occurred subsequent to the date of our reports on those financial statements.

The summarized financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summarized financial statements, therefore, is not a substitute for reading the audited financial statements of The Centre d’accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation.

Management’s Responsibility for the Summarized Financial Statements

Management is responsible for the preparation of these summarized financial statements in accordance with the following criteria: Issuing summarized financial statements which are consistent with the audited financial statements, into an appropriate level of grouping, in such way that the financial statements are not misleading in the circumstances, without including the notes to financial statements.

Auditor’s Responsibility

Our responsibility is to express an opinion on these summarized financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (“CAS”) 810, “Engagements to Report on Summary Financial Statements”.

Opinion

In our opinion, the summarized financial statements derived from the audited financial statements of Centre d’accueil le Programme de Portage Inc., The Portage Program for Drug Dependencies Inc. and The Portage Foundation for the years ended years ended March 31, 2013 and March 31, 2012, are a fair summary of those financial statements, in accordance with the above criteria.

October 10, 2013

CPA auditor, CA, public accountancy permit No. AI05976
### SUMMARY OF REVENUE AND EXPENSES  
*Years ended March 31, 2013 and March 31, 2012*

<table>
<thead>
<tr>
<th></th>
<th>2013 $</th>
<th>2012 $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Government programs</td>
<td>9 616 336</td>
<td>9 436 127</td>
</tr>
<tr>
<td>Donations from Fondation Portage</td>
<td>1 485 032</td>
<td>1 304 577</td>
</tr>
<tr>
<td>Contribution from Fondation Lucie et André Chagnon</td>
<td>1 243 306</td>
<td>1 179 959</td>
</tr>
<tr>
<td>Other</td>
<td>358 863</td>
<td>322 974</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>12 703 537</td>
<td>12 243 637</td>
</tr>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical services</td>
<td>7 265 370</td>
<td>6 874 258</td>
</tr>
<tr>
<td>Support services</td>
<td>3 796 984</td>
<td>3 628 979</td>
</tr>
<tr>
<td>Administration</td>
<td>1 635 661</td>
<td>1 565 815</td>
</tr>
<tr>
<td>Long-term debt interest</td>
<td>17 306</td>
<td>20 259</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>12 698 015</td>
<td>12 069 052</td>
</tr>
<tr>
<td><strong>Excess of Revenue over Expenses before Amortization</strong></td>
<td>5 522</td>
<td>174 585</td>
</tr>
<tr>
<td><strong>Amortization of Fixed Assets</strong></td>
<td>12 448</td>
<td>13 634</td>
</tr>
<tr>
<td><strong>Deficiency (Excess of Revenue over Expenses)</strong></td>
<td>(6 926)</td>
<td>(233 422)</td>
</tr>
</tbody>
</table>

### SUMMARY OF FINANCIAL POSITION  
*At March 31, 2013, March 31, 2012 and April 1, 2011*

<table>
<thead>
<tr>
<th></th>
<th>MARCH 31 2013 $</th>
<th>MARCH 31 2012 $</th>
<th>APRIL 1 2011 $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current assets</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>153 340</td>
<td>-</td>
<td>189 262</td>
</tr>
<tr>
<td>Guaranteed investment certificates</td>
<td>850 391</td>
<td>902 984</td>
<td>-</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>880 808</td>
<td>1 016 876</td>
<td>1 294 337</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>45 739</td>
<td>25 022</td>
<td>18 651</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td>1 970 278</td>
<td>1 944 862</td>
<td>1 502 250</td>
</tr>
<tr>
<td>Fixed assets</td>
<td>779 288</td>
<td>871 548</td>
<td>971 233</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>2 709 566</td>
<td>2 816 430</td>
<td>2 473 483</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>MARCH 31 2013 $</th>
<th>MARCH 31 2012 $</th>
<th>APRIL 1 2011 $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LIABILITIES</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current liabilities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bank indebtedness</td>
<td>6 822</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>1 346 705</td>
<td>1 338 404</td>
<td>1 135 347</td>
</tr>
<tr>
<td>Deferred revenue related to Mère-enfant Program Montréal</td>
<td>528 508</td>
<td>550 113</td>
<td>491 945</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td>1 875 213</td>
<td>1 894 317</td>
<td>1 627 292</td>
</tr>
<tr>
<td>Deferred grants related to fixed assets</td>
<td>671 011</td>
<td>750 823</td>
<td>836 874</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td>163 342</td>
<td>170 268</td>
<td>9 157</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>2 709 566</td>
<td>2 816 430</td>
<td>2 473 483</td>
</tr>
</tbody>
</table>

Approved by the Board

[Administrator Signature]

---

### SUMMARY OF REVENUE AND EXPENSES  
*Years ended March 31, 2013 and March 31, 2012*

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Government programs</td>
<td>8 118 152</td>
<td>8 293 969</td>
</tr>
<tr>
<td>Services</td>
<td>1 541 703</td>
<td>1 456 155</td>
</tr>
<tr>
<td>Donations from the Foundation</td>
<td>355 428</td>
<td>357 558</td>
</tr>
<tr>
<td>Other</td>
<td>10 305</td>
<td>11 899</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>10 025 880</td>
<td>10 223 348</td>
</tr>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical services</td>
<td>5 567 906</td>
<td>5 734 508</td>
</tr>
<tr>
<td>Support services</td>
<td>2 064 427</td>
<td>2 037 540</td>
</tr>
<tr>
<td>Administration</td>
<td>2 636 241</td>
<td>2 664 463</td>
</tr>
<tr>
<td>Long-term debt interest</td>
<td>17 306</td>
<td>20 259</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>10 285 880</td>
<td>10 456 770</td>
</tr>
<tr>
<td><strong>Deficit of Revenue over Expenses before Amortization</strong></td>
<td>(260 292)</td>
<td>(233 422)</td>
</tr>
<tr>
<td><strong>Amortization of Fixed Assets</strong></td>
<td>49 077</td>
<td>50 936</td>
</tr>
<tr>
<td><strong>Deficit of Revenue over Expenses</strong></td>
<td>(309 369)</td>
<td>(284 358)</td>
</tr>
</tbody>
</table>
## Summarized Statements of Revenue and Expenses

<table>
<thead>
<tr>
<th></th>
<th>2013 $</th>
<th>2012 $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations</td>
<td>1,764,300</td>
<td>1,900,467</td>
</tr>
<tr>
<td>Rents</td>
<td>940,795</td>
<td>901,890</td>
</tr>
<tr>
<td>Special events</td>
<td>1,665,394</td>
<td>1,469,059</td>
</tr>
<tr>
<td>Investment income</td>
<td>222,086</td>
<td>4,725</td>
</tr>
<tr>
<td>Gifts in kind</td>
<td>209,346</td>
<td>74,972</td>
</tr>
<tr>
<td>Gain on disposal of assets</td>
<td>2,981,225</td>
<td>-</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>12,177</td>
<td>7,412</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>7,795,323</td>
<td>4,358,525</td>
</tr>
</tbody>
</table>

| **Expenses**         |        |        |
| Donations            | 1,840,458 | 1,662,135 |
| Salaries and fringe benefits | 469,530 | 394,427 |
| Other expenses       | 910,662 | 699,968 |
| Interest on long-term debt | 132,897 | 162,786 |
| Amortization         | 478,083 | 563,242 |
| **Total Expenses**   | 3,831,630 | 3,482,558 |

**Excess of Revenue over Expenses**

3,963,693

3,458,967

## Summarized Statements of Financial Position

### ASSETS

<table>
<thead>
<tr>
<th></th>
<th>MARCH 31 2013 $</th>
<th>MARCH 31 2012 $</th>
<th>APRIL 1 2011 $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>100,757</td>
<td>192,441</td>
<td>117,025</td>
</tr>
<tr>
<td>Temporarily investments</td>
<td>4,710,337</td>
<td>1,250,990</td>
<td>1,228,339</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>28,565</td>
<td>47,949</td>
<td>55,285</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>13,779</td>
<td>20,506</td>
<td>15,965</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td>4,863,438</td>
<td>1,511,886</td>
<td>1,456,614</td>
</tr>
</tbody>
</table>

| Investments          | 2,104,204      | 1,888,157      | 1,925,675     |
| Fixed assets         | 11,213,554     | 12,216,931     | 10,850,375    |
| **Total Assets**     | 18,171,960     | 16,181,958     | 14,232,664    |

### LIABILITIES

<table>
<thead>
<tr>
<th></th>
<th>MARCH 31 2013 $</th>
<th>MARCH 31 2012 $</th>
<th>APRIL 1 2011 $</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current liabilities</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bank loans</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>234,994</td>
<td>917,831</td>
<td>926,366</td>
</tr>
<tr>
<td>Current portion of long-term debt</td>
<td>269,536</td>
<td>270,845</td>
<td>183,947</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td>504,530</td>
<td>1,188,676</td>
<td>1,110,315</td>
</tr>
</tbody>
</table>

| Long-term debt      | 3,205,063      | 3,671,940      | 2,969,416     |
| Deferred grants related to fixed assets | 4,325,167 | 4,583,711 | 4,842,255 |
| **Total Long-term Debt** | 8,034,750 | 9,444,327 | 8,835,684 |

### FUND BALANCES

<table>
<thead>
<tr>
<th></th>
<th>MARCH 31 2013 $</th>
<th>MARCH 31 2012 $</th>
<th>APRIL 1 2011 $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operating Fund</td>
<td>3,502,267</td>
<td>202,644</td>
<td>(158,642)</td>
</tr>
<tr>
<td>Fixed Assets Fund</td>
<td>3,413,798</td>
<td>3,690,435</td>
<td>2,855,757</td>
</tr>
<tr>
<td>Restricted Fund</td>
<td>3,220,275</td>
<td>2,279,568</td>
<td>2,599,565</td>
</tr>
<tr>
<td><strong>Total Fund Balances</strong></td>
<td>10,136,340</td>
<td>6,172,647</td>
<td>5,296,680</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>MARCH 31 2013 $</th>
<th>MARCH 31 2012 $</th>
<th>APRIL 1 2011 $</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>18,171,960</td>
<td>16,181,958</td>
<td>14,232,664</td>
</tr>
</tbody>
</table>

---

Approved by the Board

---

**Québec**

**MONTREAL REGION**

**Headquarters**
865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
info@portage.ca

**Mother and Child Program**
c/o Portage Headquarters
865 Richmond Square
Montréal, QC H3J 1V8
Tel.: 514 939-0202
info_me@portage.ca

**Mentally Ill Chemical Abusers Centre (MICA)**
2455 Lionel-Groulx Ave
Montréal, QC H3J 1J6
Tel.: 514 935-3431
info_tstm@portage.ca

**PRÉVOST**
Residential Campus for adults
1790, chemin du lac Écho
Prévost, QC J0R 1T0
Tel.: 450.224.2944
info_adomtl@portage.ca

**MENTALLY ILL CHEMICAL ABUSERS CENTRE (MICA)**
2455 Lionel-Groulx Ave
Montréal, QC H3J 1J6
Tel.: 514 935-3431
info_tstm@portage.ca

**Residential Campus for adolescents**
1790, chemin du lac Écho
Prévost, QC J0R 1T0
Tel.: 450.224.2944
info_adomtl@portage.ca

---

**Ontario**

**ELORA**
Residential Centre
6681 Irvine Street
Elora, ON N0B 1S0
Tel.: 519.846.0945
info_adoomtl@portage.ca

**TORONTO**
Portage Ontario
2, Toronto Street
Toronto, ON M5C 2B6
Tel.: 416-531-1333
jblunt@portage.ca

---

**Atlantic**

**CASSIDY LAKE, N.-B.**
Residential Centre
1275 Route 865
Cassidy Lake, N.-B. E4E 5Y6
Tel.: 506.839.1200
info_adon@portage.ca

**FREDERICTON, N.-B.**
Portage Atlantic
390 King Street, Suite 211
Fredericton NB E3B 1E3
Tel.: 506 472-4847
ctracey@portage.ca

---

**British Columbia**

“The Crossing” at Keremeos
3865 Hwy 3 Ss 1
Keremeos, BC VOX 1N1
Tel.: 250 499-4165
info_adobc@portage.ca

---

**COLLABORATORS:**
Imprimeries Transcontinental inc.
Phil Communications
Traducta inc.
I have come here in search of myself.
Confused and afraid, I have lived my life in the shadow of drugs.
I had rejected all who cared for me and loved me.
I had become a stranger to my family.
Guilt, lies and hurt became my most intimate companions, drugs and alcohol my most cherished friends.
I belonged nowhere and to no one.
I felt desperately alone.

Here at last, I have found true friends.
I no longer need to be the giant of my dreams or the dwarf of my fears.
I am allowed to be genuine, to express my emotions.
My friends act as a mirror for me, our common quest heals me.
The strengths, love and hope that live within me now become beacons for my life.
From here I will go forth, whole once more, self-knowing, confident and aware, never to live in the shadows again.